

LVAIP

Lehigh Valley Aging in Place

Resource Guide 2016



www.lvaginginplace.org
Programs and Services for Older Adults

LEHIGH VALLEY AGING IN PLACE

Lehigh Valley Aging in Place was formed with the purpose of establishing a network of professionals who share the common vision of helping seniors age in place and stay safe, secure and independent, throughout their lifetime.

Our Mission Statement

The mission of the Lehigh Valley Aging in Place (LVAIP) is to provide an ongoing forum for professionals from private, public, non-profit and business sectors to inform, educate and help older adults age in place. We provide information and solutions to older adults and their families to be proactive in planning their future needs.

How to use this Resource Guide:

1. Review your current situation and evaluate your needs. Consider your lifestyle as well as your present and future needs.
2. Understand what services are available. Refer to the index on page 3 and become familiar with the types of care and services provided in this guide. This index is categorized throughout the guide for easy reference.
3. Talk with a professional. Understanding the programs and services can be confusing, and there is no need to walk the road alone. Each organization in this guide is dedicated to helping seniors. A contact is listed with each organization to address your basic questions. It is best to speak to multiple members to best understand all your options.

Contact

1-877-334-8942
info@lvaginginplace.org
www.LVAgingInPlace.org
PO Box 74, Macungie, PA 18062

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DISCLAIMER

The inclusion of membership listing in this Resource Guide should not imply any guarantee or warranty of services by Lehigh Valley Aging in Place (LVAIP) for services provided by listed member, LVAIP shall be held harmless and is not responsible for any actions taken by listed members.

We encourage consumers to interview and ask for client referrals and/or personal references before commencing services.

Care Services

Adult Day Care Services

Lehigh Valley Adult Services

Johnathan Jones info@LehighValleyAdultServices.com
3421 Nightingale Drive, Easton, PA 18045
610-438-5827 610-438-3620 (F)
www.LehighValleyAdultServices.com

We offer Adult Day Care Services, In-Home Services, Home Health and Safety Evaluations, Transportation, and Waiver Services. We provide compassionate care for seniors and their families throughout the Lehigh Valley. We are the premiere adult services company offering reasonable rates and well trained staff that specialize in dementia and Alzheimer's care.

SarahCare of the Lehigh Valley

Tynetta Alston talston@sarahcareLV.com
7010 Snowdrift Rd., Suite 100, Allentown, PA 18106
610-391-1576 484-223-3132 (F)
www.sarahcarelv.com

SarahCare Daytime Senior Care & Activities. We strive to care for your loved one just as you would - by understanding them as a unique individual and customizing their care and activities to fit their needs. Daily activities and socialization catered to their interests, delicious meals, with over 20 clubs and groups. Open M-F, 6:30am - 6pm. We specialize in caring for those with various impairments and health related problems including chronic diseases, dementia, frailty and Parkinson's disease. Transportation & home care also available.

Westminster Village Adult Day Program

Kelly Hartnett khartnett@psl.org
2156 Hanover Avenue, Allentown, PA 18109
610-782-8390
www.yourverybestday.org

The Adult Day Program at Westminster Village offers a stimulating social atmosphere for seniors who need additional structure and support to remain active and independent. The program is available Monday through Friday from 7am to 6pm.

Care Services

All Inclusive Care

Senior LIFE Lehigh Valley

Linda Chiesi LChiesi@seniorlifelehighvalley.com
2045 Westgate Dr. Suite 100, Bethlehem, PA 18017
610-954-5433 484-893-3790 (F)
www.seniorlifelehighvalley.com

Senior Life Lehigh Valley is a Medicare approved program providing physician, nursing, rehabilitation, dietary, personal care and other health care services to seniors in the comfort of their home and at the SeniorLIFE Center. Participants must be 55 or older, live in the service area of a LIFE provider, qualify medically, and able to be safely served in the home and community. Services are no cost for those who qualify financially or private-pay is accepted for others. All transportation is provided.

Continuing Care at Home

Pathstones by Phoebe

Melanie Kohler pathstones@phoebe.org
4847 Hamilton Blvd, Allentown, PA 18106
610-794-6700 610-391-1482 (F)
www.pathstonesbyphoebe.org

The region's newest, most innovative approach to retirement planning. Your Home. Your Choices. Your Future. We are a membership-based program for independent, aging adults. With Pathstones, members stay in their homes, appreciate the security of worry-free living, and enjoy retirement. We offer the best features of long term care insurance, continuing care retirement living, private care management, and personalized wellness coordination in the comfort and security of a member's home. The program is regulated by the PA Dept. of Insurance and an alternative to long term care insurance. Members enjoy services of a traditional continuing care retirement community (CCRC) in their own homes and can choose from various membership plans to meet different needs and preferences. Short term and higher-level care services, including nursing care and homemaker services are delivered in-home. If needed, nursing care can be provided in-home 24 hours a day. Membership also covers a change in residence to a personal care or a skilled nursing facility should a member make the decision to move—even if the facility is out of the area.

Care Services

Hospice

Compassionate Care Hospice

Mona DelSole mona.delsole@cchnet.net
3897 Adler Place, Bldg C, Suite 180, Bethlehem, PA 18017
610-770-6500 610-770-6503 (F)
www.cchnet.net

Compassionate Care Hospice believes that patients are entitled to live as fully and comfortably as possible. We provide expertise in areas of pain control, symptom management and guidance through end of life stages. Our team and program provide services based on each patient's individual needs.

St Luke's Home Health and Hospice

Michelle Udicious Michelle.Udicious@sluhn.org
240 Union Station Plaza, Bethlehem, PA 18015
610-850-2677
www.sluhn.org

St Luke's, a non-profit organization provides compassionate high quality Home Health Care in our community since 1919. We provide Nursing, Physical, Occupational, Speech therapy, MSW, & Home Health Aides. Our skilled care in the home allows you to recover where you feel most comfortable. Since 1986, St Luke's Hospice has been supporting patients and families on their end of life journey. St Luke's Community Health Maternal Child services care for a high risk and vulnerable population and have achieved national recognition for our program outcomes. We service 8 counties in the Lehigh Valley.

Medical Home Health Care

BAYADA Home Health Care

Abby Berkes aberkes@bayada.com
95 Highland Ave, Bethlehem, PA 18017
610-317-2118
www.bayada.com

Bayada Home Health Care provides nursing, rehabilitative, therapeutic, hospice, and assistive home health care services to children, adults and seniors, in the comfort of their own homes. We care for our clients 24 hours a day, 7 days a week. With a strong commitment from each of us, Bayada Home Health Care will make it possible for millions of people worldwide to experience a better quality of life in the comfort of their own homes. We want to build and maintain a lasting legacy as the world's most compassionate and trusted team of home health care professionals.

Medical Home Health Care

Easton Home Health

Brenna Berdini brenna_berdini@chs.net
3001 Emrick Blvd, Bethlehem, PA 18020
610-866-2410 610-866-2904 (F)
www.EastonPAHomeCare.com

Easton Home Health has been providing quality and compassionate care to the community since 1916. We provide skilled nursing, physical and occupational therapy, social work and nurse aide services to clients in Northampton, Monroe, Upper Bucks and Lehigh Counties. Easton Home Health is nationally recognized for patient satisfaction and quality measures.

Everyday Home Health

Nelly Kabiru everydayhomecare04@yahoo.com
4949 Liberty Lane, Allentown, PA 18062
610-966-2676 610-351-2676 (F)
www.everydayhomecarellc.com

Everyday Home Care has proudly provided Home Health care services to seniors in Lehigh, Northampton, Carbon, Berks and Bucks counties for over 11 years. Our dedicated caregivers serve with excellence, reliability and compassion wherever you may call home. We are state licensed and our caregivers are employees who have been carefully screened and selected. We provide extensive training so they can support our clients' needs. We can serve you or your loved one with as little as a few hours a week to 24/7. We also specialize in live-in services. Please call for more information or to set up a no obligation care plan visit.



Need More Copies of This Guide?

Free copies of this resource guide are available to groups and individuals who need them. Request your copy via LVAginginPlace.org or 877-334-8942.

Care Services

Medical Home Health Care

Interim Healthcare

Bob Falasco bfalasco@interimhealthcare.com
5100 Tilghman Street, Suite 205, Allentown, PA 18104
610-434-7277
www.interimhealthcare.com

Founded in 1966, Interim has more than 45 years of home care experience. We understand how important it is for someone to remain in his or her home. Whether it's recovering from an injury or illness, or assistance with daily living activities, Interim can provide the care and assistance you require. We have Registered Nurses: RN/LPN, Therapists, Home Health Aides/CNA's who are available to provide a variety of services from skilled care to private duty. When it matters most, count on us.

Lehigh Valley Home Health Services

Rosalie Ackerman rosalie.ackerman@lvhn.org
2166 S. 12th St. Allentown, PA 18103
610-969-0300 610-969-0352 (F)
www.lvh.org

Services Description: Services include Skilled Nursing, Home Health Aide, Physical Therapy, Occupational Therapy, Speech Therapy, Telehealth Home Monitor Systems, Social Services and Pediatric Services Hospice: Nursing, Home Health Aide, Physical Therapy, Spiritual counseling, Medical Social services, volunteers, Bereavement counseling.

Maxim Healthcare Services

Todd Campbell tocampbe@maxhealth.com
1249 South Cedar Crest Blvd., Ste. 101, Allentown, PA 18103
610-740-3800 855-493-3853 (F)
www.maximhealthcare.com

Maxim delivers a comprehensive level of care, serving the needs of adult and geriatric patients in the comfort of their homes. Maxim's caregivers will work with the patient, family, and physician to implement a plan of care that promotes quality through supervised assessments and clinical care coordination. The Maxim family accommodates a variety of clinical needs including: Private Duty Nursing, Companion Services, and medical-related staffing.

Medical Home Health Care

Southeastern Home Health Services

Inge Allen iallen@sehomehealth.com
3800 Sierra Circle, Suite 205, Center Valley, PA 18034
215-703-3522 215-826-8300 (F)
www.sehomehealth.com

Delivering the highest quality of home health care for over 25 years. Services include: Nursing; Physical, Occupational and Speech Therapy; Medical Social Services; Home Health Aides and Homemakers. Specialty programs: Cardiology (including Telehealth), Oncology, Geriatric Care, Gero-Psych, and Palliative Care. Serving Bucks, Lehigh, Northampton, Monroe, Carbon, Cumberland, Dauphin, Lancaster, Delaware, Philadelphia, and Montgomery counties.

Memory Care

Abington Manor Memory Care Village

Kimberly Garrison kimg@abingtonmanor.com
5 Cedar Park Boulevard, Easton, PA 18042
610-438-9400 610-438-9403 (F)
www.abingtonmanor.com

Abington Manor Memory Care Village is located in the beautiful rolling hills of Morgan Hill in Easton and easily accessible from all major highways. Enriching the lives of our resident is our underlying philosophy. Residents live life to the fullest with dignity, respect and many choices. Our goal is to make all residents feel safe, successful and needed – with a sense of belonging. We realize each resident deserves compassionate and responsive care; our pleasant, educated and dedicated caring staff will provide care around the clock. Memory Care Village was created exclusively for persons with Alzheimer's disease and related dementias. Our all-inclusive village includes engagement Montessori programing, lifestyle theme rooms and secure outdoor patios for dining, socialization and activities. On-site Physician services, specialized rehabilitation, palliative and hospice care is available by working with our network of preferred providers. We offer short term respite and long term stays. We would love to provide you a tour of our campus to share with you all we have to offer those we serve.

Care Services

Memory Care

Arden Courts of Allentown

Wendy Scott wendy.scott@hcr-manorcare.com
1515 Hamilton Blvd, Allentown, PA 18106
610-366-9010 610-366-9641 (F)
www.arden-courts.com

Arden Courts was created exclusively for persons living with Alzheimer's disease and related dementias, so we are able to concentrate on the programs and life skills that best meet our residents' special needs—promoting independence and individuality, health and their well-being. Arden Courts is not just a place to live, it's a place to call home.

Sacred Heart Senior Living by Saucon Creek

Susan May alfpch@rcn.com
4850-4851 Saucon Creek Road, Center Valley, PA 18034
610-814-2700 www.sacredheartseniorliving.com

Independent Living, Personal Care and Memory Care. At Sacred Heart Senior Living's Secure Memory Care Neighborhood you will find quality compassionate care for those with Alzheimer and Dementia related conditions. Our residents enjoy a sense of community in a small supportive neighborhood setting, all in a beautiful, serene and secure environment. We offer all the conveniences and personal attention you'd expect from our superior reputation. Residents enjoy a full social, leisure and spiritual calendar with Chef prepared meals to meet dietary needs and restrictions. Special arrangements for couples who want to stay together, but may require different care. We offer respite and short term stays to give the care-giver a needed break. Our Communities offer On-site therapies provided by Good Shepherd Rehabilitation. The services of Saucon Valley Medical Center are available on-site here. There are no Entrance, Community fees or Buy-in Programs. Call to schedule a tour or to request a free, no obligation consultation at your desired location.

Mental Health Services

Blue Mountain Health Systems

135 Lafayette Ave., Palmerton, PA 18071
484-629-5091 610-826-1348 (F) www.blmtn.org

Older Adult Behavioral Health Center serves inpatient treatment to ages 55+, Adult Behavioral Health Center serves 18-54, Acute Partial Hospitalization Program serves 18+ and outpatient medication management services.

Care Services

Mental Health Services

New Vitae Wellness and Recovery

Judith Yanacek jyanacek@newvitaewellness.com
5201 St. Josephs Road, Limeport, PA 18060
610-965-9021 610-928-0174
www.newvitaewellness.com

New Vitae Wellness and Recovery provides a comprehensive continuum of residential and outpatient behavioral health services to adults, including those with acquired or traumatic brain injuries. Our integrated model provides continuity of care to those we serve, their families and allies.

Music Therapy

Music Therapy Associates

Kathy Purcell MT-BC Kathy@MusicTherapyAssociates.com
3437 MacArthur Road, Whitehall, PA 18052
610-740-9890
www.musictherapyassociates.com

With 12 board certified therapists, MTA, LLC has been serving clients of all ages and abilities in their homes, schools, nursing homes and other community locations during the day, evenings as well as weekends since 1990! MTA serves the Greater Lehigh Valley area as well as the Poconos, Eastern PA and Western NJ. Adapted as well as traditional lessons on most instruments and voice and interactive music programs for birthday parties, family reunions and special events of all kinds are also available.

Non-Medical Home Care

Always Best Care

Vanessa Taylor vtaylor@abc-seniors.com
1240 Win Drive, Bethlehem, PA 18017
484-896-8867
www.abc-Bethlehem.com

We specialize in helping seniors who wish to remain in their homes, but need some assistance. Our services vary from hourly to live-in as well as respite accommodations and include full support for activities of daily living such as bathing, grooming, dementia care, medication reminders, light housekeeping, meal preparation, errands, companionship, escorting to appointments, etc.

Care Services

Non-Medical Home Care

BAYADA Home Health Care - Lehigh Valley

Thomas Ronald tronald@bayada.com
3900 Hamilton Blvd., Allentown, PA 18103
610-774-2200 610-774-3400 (F)
www.bayada.com

Provide Home Health Care services for adult patients. Provide nursing services and Home Health Aid services for adult patients.

Griswold Home Care

Lisa Bachman lisa.bachman@griswoldhomecare.com
1934 Hanover Avenue, Allentown, PA 18109
610-821-0821 Lehigh County
610-252-8207 Northampton County
www.griswoldhomecare.com

Griswold Home Care is proud to be the oldest nationwide, non-medical home care company. We have been referring caregivers into homes for more than 33 years. Serving the Lehigh Valley for 30 years! We offer the most highly qualified, thoroughly screened caregivers and CNA's for Personal; non-medical care; bathing, dressing, medication reminders. Homemaking; light housekeeping, meal preparation, laundry, and Companionship; in-home, engaging activities, transportation to appointments. We can provide assistance in meeting your care plan, and guidance in scheduling care whether it is 4 hours or 24/7, Live-in or hourly. Our reliability, affordability and responsiveness are why we are the most referred-to service in the Lehigh Valley. Give our Case Coordinators a call for a comprehensive home visit.

Home Care Assistance

Rachael Geiger rgeiger@homecareassistance.com
1104 S. Cedar Crest Blvd., Allentown, PA 18103
484-626-3766
www.homecareassistancelehighvalley.com

Our mission at Home Care Assistance is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in Live-in care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults.

Care Services

Non-Medical Home Care

Home Helpers of Lehigh Valley

Wendy Wieland wwieland@lehighvalleyhomehelpers.com
3500 Fairview Street, Suite 133, Bethlehem, PA 18017
610-838-7494 610-419-6559 (F)
www.lehighvalleyhomehelpers.com

As the premier provider of personal in-home care services in the Lehigh Valley, Home Helpers has been making life easier for clients for over a decade. Our caregivers are employees who have been carefully selected and thoroughly screened to ensure the best client/caregiver match. We are dedicated to providing exceptional home care services that exceed your expectations. From short-term respite, hospice support to 24/7, Home Helpers is with you every step of the way, providing guidance, reassurance and compassionate care. We enable our clients to maintain their independence in the comfort and safety of their home.

Home Helpers of Northern Lehigh Valley

Vicki Crow vcrow@homehelpershomecare.com
4685 Lehigh Drive, Suite 102, Walnutport, PA 18088
610-596-7055 610-596-7051 (F)
www.homehelpershomecare.com/northlehighvalley

Home Helpers is a non-medical in home care company. We specialize in Senior Care, Dementia/Alzheimer's Care, and Respite Care. Home Helpers is recognized as a national leader in home care services. Our serving area includes Northern Lehigh and Northampton Counties as well as Carbon and Monroe Counties. We selectively hire qualified, compassionate caregivers after an extensive and thorough screening process. When first meeting a client, we perform a comprehensive, no-cost assessment of their needs, after which care can be provided from a few hours a week up to 24 hours a day, 7 days a week. We enable seniors, recuperating patients, and those facing other challenges to remain independent at home and in their communities with dignity. We also provide respite care to relieve primary caregiver stress.

Home Instead Senior Care - Lehigh County

Kimberly Koze D'Amico, MS kim.damico@homeinstead.com
3722 Lehigh Street, Suite 408, Whitehall, PA 18052
610-770-7773 610-770-7760 (F) www.homeinstead.com/217

Since 1998, Home Instead Senior Care has provided a personal approach to high-quality, non-medical home care for seniors in Lehigh County. Our compassionate and experienced CAREGivers and staff enable seniors to enjoy a healthy home based lifestyle. Highly reliable CAREGivers are available from a few hours to 24/7 care for clients with varied needs such as Alzheimer/dementia support and personal care to light housekeeping, errands and transportation. As a licensed, bonded, and insured national agency we meet the highest standards for our seniors as well as regularly train and support our staff. Our tenured team believes you should love what you do, and we do!

Care Services

Non-Medical Home Care

Home Instead Senior Care - Northampton

Liz Houser liz.houser@homeinstead.com

3644 Route 378, Suite D, Bethlehem, PA 18015

610-868-7333 610-868-7330 (F) www.homeinstead.com/730

Home Instead Senior Care has been providing quality non-medical home care to seniors throughout Northampton County for over 5 years. The mission of our selectively chosen staff is to improve the lives of our seniors by helping them confidently enjoy a home based lifestyle. Every member of our staff receives extensive, ongoing training aided by the resources and support of a national company. Our caregivers are matched to provide companionship from the heart, trusted home help including errands and transportation, personal care, 24 hour care and Alzheimer's dementia support.

Home Sweet Home Care, LLC

Marisa Leaser mleaser@homesweethomecarellc.com

217 E. Broad Street 2nd Floor, Bethlehem, PA 18018

610-813-4875 610-813-4950 (F)

www.homesweethomecarellc.com

At Home Sweet Home Care, LLC we provide care to our seniors with integrity and compassion. Assistance with personal care, transportation, meal preparation, laundry, medication support are just a few of the services we can provide. We will send our client a care manager to create a care plan tailored specifically to your needs. Our staff, with more than 25 years of combined experience, is dedicated to helping our seniors age in place comfortably and graciously.

Millbrook HomeCare Partners, Inc.

Cheryl Brooks cheryl@millbrookhomecare.com

47 W. Water Street, Hellertown, PA 18055

610-838-1700 484-851-3506 (F)

www.millbrookhomecare.com

Privately owned, we serve your needs with a personal touch! Millbrook HomeCare Partners is an independent, state licensed non-medical home care agency providing care for our seniors in the Greater Lehigh Valley since 2007. Our dedicated caregivers are available on an hourly or overnight basis 7 days a week for as few or many hours as needed, flexible in keeping with the growing or lessening needs of the client. Our caregivers provide their own meals and transportation and are thoroughly screened, bonded, insured and covered under our workers' compensation policy. Our services include bathing and grooming assistance, errands and transportation, post-op recovery, light housekeeping, meal preparation, incontinence care, laundry, organization/de-cluttering, medication reminders and companionship.

Care Services

Non-Medical Home Care

Right at Home-Northampton County

Ron Brodsky rightathomelv@aol.com
100 N. Third Street, Suite 402, Easton, PA 18042
610-253-9605 610-253-9607 (F)
www.rightathome.net/lehigh-valley

Right at Home Northampton County provides non-medical In-Home Care services to residents of Northampton County including the Slate Belt region. We provide assistance with grooming and bathing, housekeeping tasks, meal preparation, medication reminders and escorted transportation services that enable seniors and those with disabilities the chance to live an independent life in the comfort of their own home. Our employees are skilled, trained and screened care giving professionals. All caregivers are fully insured, bonded and covered by workers compensation insurance for the protection of our clients. Right at Home is a state licensed and HIPPA compliant agency. The bottom line is Right at Home IS different! We are responsive, selective and flexible. We're making life less complicated by providing a straightforward approach to the home care process. Call us today!

Senior Helpers of the Lehigh Valley

Pam Bartlett pbartlett@seniorhelpers.com
1251 S. Cedar Crest Blvd., Allentown, PA 18103
610-770-2036 610-770-2039 (F)
www.seniorhelpers.com/lehighvalley

Senior Helpers stands ready to meet your family's needs with personalized in-home care and expertly trained professional caregivers. Our services include bathing, dressing and personal hygiene assistance, caring companionship, meal preparation and nutrition management, errands and transportation, light housekeeping; up to 24 hours care available.

Seniors Helping Seniors Home Care Agency

Lynn Marie Houghton wehelpseniors@ymail.com
175 S 21st St, Lower Level South, Easton, PA 18042
610-253-3232 610-253-3332 (F)
www.seniorcarelehighvalley.com

We provide non-medical in-home services. We match loving, capable and compassionate seniors who want to help, with seniors who want to maintain an independent lifestyle in their home. Services include: companionship/care, homemaking, personal care, shopping, transportation, overnight stays and live-in services.

Care Services

Non-Medical Home Care

Senior Solutions

Jamie Smith contact@senior-solutions.com
1611 W. Hamilton Street, Allentown, PA 18102
301 Village at Stones Crossing, (on William Penn Highway)
Easton, PA 18045
Allentown 610-435-5800 Easton 610-258-0700
www.senior-solutions.com

Senior Solutions has been providing non-medical home care services in the Greater Lehigh Valley for 24 years. Our caregivers are supervised by Certified Care Managers and are experienced in all levels of care, especially dementia where they have the opportunity of hands-on training and instruction. This allows your loved ones to maintain a higher quality of life in their home. All employees are bonded and insured. Senior Solutions offers services from 2 to 24 hours per day in your home, hospital room or senior living facility.

Rehabilitation

Blough Healthcare Center

Christina Price cprice@bloughhealthcare.com
316 E. Market Street, Bethlehem, PA 18018
610-984-3631 610-867-7723 (F)
www.bloughhealthcare.com

Blough Healthcare Center, LLC is located in the historic area of Bethlehem, PA. Our facility is a 50 bed skilled nursing facility. Additionally, we have an 8 bed personal care unit. We offer outstanding care by a professional, compassionate staff.

Fox Rehabilitation

Sherri Bell sherri.bell@foxrehab.com
1251 S. Cedar Crest Blvd., Allentown, PA 18103
484-387-9591 800-597-0848 (F)
www.foxrehab.com

Fox Rehabilitation is a private practice of full time Physical, Occupational and Speech Therapists. Fox was built on the novel foundation of Geriatric House Calls. Patients are evaluated and treated one-on-one in their homes to address functional limitations and safety at home and in the community. Patients do not have to be home bound or have a skilled nursing need and Fox's evidence-based clinical services are covered under Medicare Part B.

Rehabilitation

Genesis Healthcare

Monica Trilli monica.trilli@genesishcc.com
1718 Spring Creek Road, Macungie, PA 18062
610-336-1953 610-366-0073 (F)
www.genesishcc.com

Lehigh Center, Skilled Nursing and Rehabilitation, and Lehigh Commons, Personal Care Facility, offer a continuum of care to meet the needs of our senior population. We provide a rapid recovery program for patients requiring post-acute rehabilitation and medical services. We specialize in cardiac management along with physical, occupational and speech therapies. Lehigh Commons provides a beautiful homelike setting while offering assistance with daily living for those patients that can no longer manage on their own.

Genesis Healthcare - Pennsburg Manor

Laura Sheehan laura.sheehan@genesishcc.com
530 Macoby Street, Pennsburg, PA 18073
215-679-8076 215-679-3117 (F) www.genesishcc.com

Pennsburg Manor is a 5-star rated rehabilitation facility located in the quaint town of Pennsburg. We are conveniently located to Route 663, the PA turnpike, Route 309, and only a 30-minute commute from the Lehigh Valley. Pennsburg Manor offers short-term rehabilitation services--including physical, occupational and speed therapies, as well as long-term care. In addition to our dedicated professional clinical staff, we employ a full-time chef manager who delights our residents daily in our restaurant style dining room. Daily activities provide socialization for those wishing to participate. Respite stays are available for individuals requiring that service.

Genesis HealthCare - Quakertown Center

Christopher Kielar christopher.kielar@genesishcc.com
1020 South Main St, Quakertown, PA 18951
215-536-9300 www.genesishcc.com/Quakertown

Quakertown Center is nestled in picturesque Bucks County, and conveniently located within minutes of major routes including Route 309, I-78 and the PA Turnpike. We provide our residents and their families' personal attention, nursing care, and rehabilitation. Our licensed clinical nursing staff and rehabilitation department ensure that each resident will meet their maximum potential. Other amenities include a spacious, comfortable lobby with fireplace, a beautiful open courtyard and a full service dining room.

Care Services

Rehabilitation

Holy Family Manor

Jamey Galle jgalle@hfmanor.org
1200 Spring St., Bethlehem, PA 18018
610-865-5595 ext. 510 610-997-8410 (F)
www.hfmanor.org

Holy Family Manor is nestled in West Bethlehem and offers short term rehabilitation and long term skilled care. Our services and amenities are offered in a home like setting. We offer quality rehabilitation services customized to your personal goals. Physical, occupational, speech, vital stimulation, respiratory, a wound care services are offered seven days a week. Holy Family Manor is a part of Catholic Senior Housing and Health Care Services.

ManorCare Health Services Bethlehem Campus

Stacy Beichey stacy.beichey@hcr-manorcare.com
2021-2029 Westgate Drive, Bethlehem, PA 18107
610-865-6077
www.hcr-manorcare.com

MedBridge at ManorCare is a distinct post-acute unit specially designed for shorter stay patients who require intense medical and rehabilitation care following an accident, injury or illness. MedBridge utilizes a comprehensive integrated inpatient recovery approach to improve functional outcomes and enhance quality of life.

Need a Speaker for Your Group?



The Lehigh Valley Aging in Place Speakers Committee provides information on a variety of topics related to seniors and the aging population.

Speakers and screenings are FREE and of no charge to your group, organization or company. Presentations are purely educational and informative: No selling, endorsing, or preferences to products or services are implied.

Programs are FREE of charge. Please contact us at least 3 weeks in advance of your scheduled event. Contact Frank DeRosa, 484-515-4683 or frank@gomyi.com.

Expert and Professional Services

Attorney - Elder Law

Gail Weiner Shearer, Esq.

Gail Weiner Shearer gail@GWS-Legal.com
70 E. Broad Street, Bethlehem, PA 18018
610-867-2538 610-866-8212 (F)

www.GWS-Legal.com

Learn your rights and make your own decisions before a crisis. No fee initial consultation. Estate matters: Estate Taxes, Wills, Trust, Powers of Attorney, Living Wills, Nursing Home Admittance, including: Medical Assistance Applications, asset protection, and protecting the spouse.

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Dianne C Magee dmagee@grimlaw.com
104 S. Sixth St., P.O. Box 215, Perkasio, PA 18944-0215
215-257-6811 215-257-7764 (F)

www.grimlaw.com

We provide professional expertise in estate and trust planning and administration. As our population ages and our laws become increasingly complex, our team of experienced attorneys and paralegals can guide you in making important decisions for you and your family and ensuring that those decisions are implemented as efficiently as possible. Whether you need basic document preparation, require complicated financial and tax analysis, or are seeking representation in Court to resolve a dispute over a will or estate or to have a decision-maker appointed, we offer a comprehensive range of affordable services.

Law Offices of Mark P. Albright

Mark P. Albright, Esquire mpalaw@rcn.com
403 Main Street, Hellertown, PA 18055
610-597-2160 610-851-3004 (F)

I accept retainer in matters involving elder law (emphasizing incapacity and will contest proceedings) as well as special needs trusts, estate planning and administration. I am a former executive director of the Lehigh County Office of Aging & Adult Services, as well as a member of the Estate Planning Council of the Lehigh Valley, Inc., and the National Academy of Elder Law Attorneys.

Mosebach, Funt, Dayton & Duckworth, P.C.

Timothy J. Duckworth tduckworth@mfddlaw.com
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Expert and Professional Services

Audiologists

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Dr. Alicia Kittle-Burk aliciab@hearpa.com
1521 8th Avenue, Suite 203, Bethlehem, PA 18018
610-691-2722 610-691-2728 (F) www.hearpa.com

Hear PA was founded on two simple truths; that hearing is a vital sense that plays a significant role in a person's quality of life and that hearing loss affects everyone uniquely. That's why we have worked to solve patients' hearing problems one individual at a time.

Dental / Oral Health

Oral Cancer Survivors Travel Kit Co.

Hilma E. Maitland Hilmamaitland@hotmail.com
PO Box 950, Allentown, PA 18105
484-619-3799 610-797-7997 (F) www.pocckit.com

Inspire and help oral cancer survivors during their journey, teach them the importance of good oral hygiene and the role it plays in maintaining a healthy mouth after treatment. Provide the tools necessary to accomplish optimum care on the go.

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Fit and Firm Forever

Sheryl Gerkovich, Certified Personal Trainer
Shegerkfit@gmail.com Nazareth, PA
610-393-2769 www.FitandFirmForever.com

Fit and Firm Forever offers fitness and balance classes tailored to your needs. Choose from individual or small group personal training, or a variety of group Balance and fitness classes. The trainer will come to your home or facility. We make it fun using music and movement to help meet your fitness goals. To feel more sure footed, ask about the Body Balance training.

Geriatric Care Management

APRN Care Solutions for Seniors and Families

Pat Nemetch pat@go4aprn.com
2474 S. Church St., Allentown, PA 18103
610-791-3003 610-791-4045 (F) www.go4aprn.com

Seniors and their families in Eastern PA seek our expertise and assistance with care management, crisis intervention, advocacy, placement, education, coordination of services, assessment, consultation, guardianship and power of attorney. For 20 years, hundreds of seniors and their families have depended on us, and we continue to offer access to our services when you need us the most - 24 hours a day.

Expert and Professional Services

Geriatric Care Management

Catholic Charities

Pam Russo hstrohm@allentowndioocese.org
900 S. Woodward St., Allentown, PA 18103
610-435-1541 www.allentowndioocese.org

Catholic Charities is a non-profit organization which provides comprehensive social services to older adults and houses the Gatekeeper Program - a community education program whose goal is to identify at-risk seniors and connect them to appropriate services. Catholic Charities also provides specialized case management, individual and family counseling, immigration, veterans and community support services.

IKOR of Bucks, Mercer and Lehigh Valley

Larry Enright larry.enright@ikorglobal.com
3477 Corporate Pkwy, Ste 100, Center Valley, PA 18034
855.367.4567 855-361-8595
www.ikorglobal.com

IKOR is a national firm that specializes in professional guardianship and concierge case management for both medical and financial personal advocacy services to the senior community, the disabled and special needs of all ages. Larry Enright is the Managing Director of the local IKOR branch, one of six offices serving Pennsylvania and New Jersey. Larry is a certified professional guardian and senior advisor and has attained certificates in both patient advocacy and gerontology and has active memberships in many local and national advocacy organizations.

Senior Solutions

Jamie Smith contact@senior-solutions.com
1611 W. Hamilton St., Allentown, PA 18102
301 Village at Stones Crossing, (on William Penn Highway)
Easton, PA 18045 www.senior-solutions.com
Allentown 610-435-6677 Easton 610-258-0700

Senior Solutions provides Certified Care Managers in the Greater Lehigh Valley that are members of the Aging Life Care Association™ (ALCA)™. As members of the ALCA™ Senior Solutions Certified Care Managers have the requisite training, testing, and ongoing continuing education units (CEUs) that qualify them to be an elite group of senior advisors and advocates that can guide seniors and their families through the many complex medical and healthcare options and elder law alternatives available in the Lehigh Valley. In addition, Senior Solutions Certified Care Managers are governed by an ethics committee that requires them to provide advice and recommendations that are in the "client's best interest". National statistics demonstrate that individuals who are assisted by Certified Care Managers significantly reduce the number of hospital re-admissions.

Expert and Professional Services

Home Modifications

Grab Bar Pros

Bruce Montgomery, R.N. bruce@grabbarpros.com
610-393-6395
www.grabbarpros.com

Grab Bar Pros specializes in bringing safety to your home. This is accomplished as inexpensively as possible using appropriate materials that will provide security. GBPs promotes utilitarian over beauty, while trying to make both happen simultaneously. The primary owner, is a registered nurse, who was in the ER, as well as did home health nursing. He was a carpenter before nursing, and has had extensive guidance from occupational therapists and physical therapists. ADA guidelines are followed and he pridefully stretches your dollars to the maximum without sacrificing quality or security. Grab Bar Pros - Safety Within Your Reach.

Lifestyles Design

Patricia Nunan pat@lifestyles-design.com
612 Erb Road, Perkiomenville, PA 18074
610-754-1444 610-754-1445 (F)
www.lifestyles-design.com

Lifestyles Design is a compassionate advocate of the disabled with extensive experience in providing in accessible design. Owner, Patricia Nunan, CKBR, CKD, CAPS is the area's leading authority in accessible design with 15 years experience in providing beautiful spaces, such as removing old bathtubs and creating walk in showers. Lifestyles Design provides assessments for home modifications, design consultations and construction services for homeowners who wish to remain in their homes.

Power Stair Lifts

Robert Pretopapa powerstairlifts@aol.com
2700 William Penn Highway, Easton, PA 18045
484-895-1188
www.powerstairlifts.com

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Expert and Professional Services

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We assist new and existing Medicare eligible clients in understanding Medicare. We offer AARP Medicare Supplement plans, AARP Medicare Complete and Rx plans. We take the time in a personal appointment to help customers find the right plan based on their needs. We are a local resource throughout the year for new and existing clients. We are available to speak to groups of any size. Please call for more info.

HCSBInc

Ann Miller hcsbinc@gmail.com
324 9th Avenue, Bethlehem, PA 18018
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Daniel T. Banks dan@silvercrestins.com
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Silver Crest Insurance is a local, independent insurance agency specializing in Medicare insurance plans. As an independent agency we offer coverage though many of the top insurance companies offering variety of coverage options. The best part is our services are cost free!

Medical Equipment

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300 American Street, Catasauqua, PA 18032
610-264-5471 610-264-3048 (F) www.hartzells.com
Hartzell's offers a wide range of equipment and supplies along with personal instruction to patients and family, visits homes for evaluation and service on equipment, and provides assistance in filing insurance claims. Specialized staff includes a respiratory therapist as well as certified mastectomy and diabetic shoe fitters. Products include seat lift chairs, stair glides, CPAP equipment and supplies, bathroom aids, bracing, rollators and walkers, knee walkers and more.

Expert and Professional Services

Medical Equipment

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PO Box 554, Nazareth, PA 18064
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24/7 medical alert services for seniors and the chronically ill. We provide peace of mind and continued independence with the "push of a button". We supply a complete line of equipment including landline, cellular, auto-fall and GPS. No long term commitments, free installation, and personalized service throughout eastern PA.

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Money Management

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610-437-7230 610-437-7232 (F)
www.afcreversemortgage.com

AFC Reverse Mortgage is part of the Krajsa family legacy of lending to homeowners since 1947. Our licensed staff has processed and closed hundreds of FHA insured reverse mortgages in Pennsylvania. Call us for a FREE consultation. We can meet with you in your home or at our office. Providing FHA insured reverse mortgages to senior homeowners is our only business. We are a member of the National Reverse Mortgage Lenders Association (NRMLA). NMLS# 108404.

Expert and Professional Services

Money Management

dcs Accounting & Tax Services

Maria Smith msmith@dcsmithcpa.com
1528 Main Street, Hellertown, PA 18055
610-838-1890 ext 100 610-838-1892 (F)
www.dcsmithcpa.com

CPA firm that also provides services of daily money management. We help seniors keep their finances organized, assist with bill paying, budgeting, account reconciliation, and mail sorting. Experience in working with seniors and their needs.

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RJ Whitelock rwhitelock@ft.newyorklife.com
1205 Westlakes Drive, Suite 180, Berwyn PA 19312
610-533-2136
www.Newyorklife.com

Offering a variety of products and service to help seniors plan for today, tomorrow and forever. I provide strategies that allow clients to have a secure stream of lifetime income cover long-term care expenses and protect and transition assets. New York Life has been helping families plan for over 168 years and has the highest possible financial rankings.

Thrivent Financial

Rebecca Neafcy rebecca.neafcy@thrivent.com
2508 Schoenersville Road, Bethlehem, PA 18017
610-807-9513 610-807-9004 (F)
www.thrivent.com

Thrivent Financial is a very unique Financial Institution, where we combine Faith, Finances and Generosity. For more than a century, Thrivent Financial has been helping our member-owners be wise with money and live generously. Thrivent Financial is a highly rated organization, and for the 4th year in a row, has made the list for being one of the most Ethical Companies in the World. In 2014, there was \$209.8 million in total outreach from Thrivent and our members to help communities. The focus of my business practice is helping clients protect their future and achieve their financial goals. I start by tailoring a financial program for their situation, and then implement it with suitable strategies that include long-term care expenses, protection such as life insurance and Medicare supplement insurance, protection and transitioning of assets, and income flow in retirement. We can work together in a way that works best for you!

Expert and Professional Services

Moving & Transitions

Caring Transitions of the Lehigh Valley

Ingrid Green igreen@caringtransitions.net
6900 Hamilton Blvd, Unit 285-311 Trexlertown, PA 18087
610-904-8093

www.CaringTransitionsLehighValley.com

Caring Transitions is the Trusted Industry Leader, with Transition Specialist Services including: Decluttering and Organizing, Inventory, Sort, Downsize/Rightsize, Estate Move Management – Coordinate Movers, Pack/Unpack, and Floor Planning for New Residence, Sell Items – Estate Sales and On-line Auction Services, Disperse, Donate, Recycle, Discard Items, Assist Executors, Attorneys, Trustees, and Realtors. All employees are bonded, insured and thoroughly screened. Certified Relocation and Transition Specialist.

Habitat Lehigh Valley ReStore

DonateStuff@habitatlv.org
1053 Grape St., Whitehall, PA 18052
610-776-7499

www.habitatlvrestore.org

ReStore accepts donations of new or gently used building materials, furniture, appliances & household good and resells them to the public. ReStore provides an environmentally and socially responsible way to keep good, reusable materials out of landfills. Habitat for Humanity has served the Lehigh Valley Community for 25 years and has built over 100 homes and improved the lives of countless families.

Senior Moves by Design

Jill Kearney info@seniormovesbydesign.com
P.O. Box 402, Macungie, PA 18062
610-295-0036 610-295-0030 (F)

www.seniormovesbydesign.com

Senior Moves by Design is a growing and caring team of professional Real Estate Stagers, Redesigners and Senior Move Managers. They are skilled managers, organizers, designers, packers and unpackers, who help baby boomers & beyond. Services include: Real Estate Assessments & Staging - Professional design of New Home Floor Plans - Handling of Unwanted Items - Full Pack & Unpack - Art Display. Our founder sits on the Board of Directors of the National Assoc of Senior Move Managers, where we have been active members for 6 years.

Expert and Professional Services

News and Information

Lifestyles over 50

Jeff Tintle editor@lifestylesover50.com
4847 Hamilton Blvd. Ste. 201, Allentown, PA 18106
855-233-7034 www.lifestylesover50.com

Offering the most comprehensive senior resource, Lifestyles over 50 is a free monthly magazine, annual directory, website and videos to connect boomers and seniors with information and the organizations that serve them. Monthly issues and annual directory can be found at our website.

Regional Lead AARP Lehigh Valley

Mary Jane Long mjlong42@hotmail.com
27 Glenmoor Circle Easton PA 18045
610-258-4920 www.aarp.org/pa

Non profit organization which conducts advocacy and educational programs in the Lehigh Valley and performs Community Service.

Nutrition

Carols Healthy Kaffe

Carol Margetts carolshealthykaffe@gmail.com
23 Mountain Terrace, White Haven, PA 18661
908-591-5863 www.carolshealthykaffe.jeunesseglobal.com

We have the secret to vibrant health and youthful aging. Using Nobel prize winning research it is possible to get rid of aches, pains, wrinkles, fatigue, providing clarity of thought, good nights sleep using our youth enhancement system. Our Y.E.S. program will rejuvenate, restore and enhance life and support the "golden years" as pleasant while working with the natural healing properties and processes of the body to reverse and stem the aging process. One of a kind skin care that incorporates adult stem cell technology and growth factors, our Instantly Ageless gets rid of wrinkles with in minutes of use, life giving Resveratrol, Telomere support (where aging happens), and natural nutrition for the bio-rhythms of the body for day time and night time, supporting telomere and adult stem cell health. With time our products could be life changing! Youthful aging at its best!

Meals On Wheels of Northampton County

JoAnn Nenow joannn@mealsonwheelspa.org
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610-691-1030 610-691-1775 (F) www.mealsonwheelspa.org

Nutrition services for seniors, the disabled, and people recuperating from hospital stays. We provide home-delivered hot lunches, cold bag dinners, and frozen meals as well as a grocery shopping service. We provide group dining services for senior centers, adult day care centers and child care centers.

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Expert and Professional Services

Pharmacies

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610-264-5471 610-264-3048 (F) www.hartzells.com

Hartzell's Pharmacy, family owned and operated for more than 45 years, is staffed by clinical pharmacists and provides a wide range of pharmacy, home medical equipment and wellness services. Specialized staff are available including pharmacists experienced in compounding and long term care, as well as a respiratory therapist and certified mastectomy fitters and licensed diabetic shoe fitters. Our pharmacy offers patient-centered customer service with the technology patients want.

Podiatry

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484-895-3777
www.advancedfootcarepc.com

Treatment of foot and ankle conditions for all ages. Treatment includes diabetic/geriatric foot care, nail and skin disorders, corns and calluses. Treatment options for neuropathy and foot pain. Custom and prefabricated orthotics.

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John Garrity easton@footsolutions.com
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Expert and Professional Services

Real Estate

Re/Max Unlimited Real Estate

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610-730-5663 610-266-4000 (F)
www.anitatish.com

I am a Senior Real Estate Specialist experienced and knowledgeable in meeting YOUR SPECIFIC NEEDS and that can make all the difference in the world. As we age, we demand specialist in our health needs, so why not in our housing and equity needs as well? I guarantee a customized approach to YOUR SITUATION, working to fit in with your life plan whether you are buying or selling a home. My team can help you with House Clean-Out, Home Repairs, Packing & Moving Services, and other services. Let me help you take the stress out of moving. Call Anita Tish for a FREE confidential consultation.

Senior Care Placement

CarePatrol

Sheila Nemeth sheilan@carepatrol.com
P.O. Box 397, Center Valley, PA 18034
610-509-7050 610-709-6120 (F)
www.carepatrol.com

CarePatrol helps families find assisted living, independent living, memory care and in-home care services. We meet with families personally to consult, educate and advocate as they explore care options. We tour with our clients to senior care communities and review care and violation histories of the communities we we recommend. We are a free service and welcome the opportunity to help seniors and families in need.

Expert and Professional Services

Senior Care Placement

Senior Solutions

Jamie Smith contact@senior-solutions.com
1611 W. Hamilton Street, Allentown, PA 18102
301 Village at Stones Crossing, Easton, PA 18045
Allentown 610-435-6677 Easton 610-258-0700
www.senior-solutions.com

Senior Solutions Nationally Certified Care Managers (CCMs) have helped families choose the specific Senior Living Facility where their loved one will succeed for over 25 years. With healthcare professionals from various disciplines and fields of expertise our CCMs will meet you in your home and conduct a complete assessment of your parent(s) or loved one to determine their healthcare requirements, lifestyle, and personality. We provide you with a written unbiased recommendation of 2 or 3 senior living facilities where we believe your loved one will have the highest quality of life. We make recommendations for Independent Living, Assisted Living, Skilled Nursing, Memory Care, and Continuing Care Facilities. Our CCM's can also arrange In Home Care Assistance and help with community resources. We do not accept commissions or incentives from healthcare providers or senior living facilities for making referrals because we make referrals to providers and facilities that will best serve the interest of your family and/or loved one.

Transportation

Cetronia Ambulance Corps

Caitlin Stibitz stibitzc@cetronia.org
4300 Broadway, Allentown, PA 18104
610-398-0239 610-395-5028 (F)
www.cetronia.com

Cetronia Ambulance Corps has proudly served the residents of the Greater Lehigh Valley with emergency medical services, transportation, community health and education programs since 1955. In addition to 911 emergency response, Cetronia provides non-emergency medical transportation services including wheelchair, ambulette and medi-car to hospitals, nursing homes and doctors offices throughout the counties of Lehigh, Northampton, Berks, Bucks, Carbon and Monroe. Cetronia Ambulance is the only nationally accredited service in Eastern PA and is the largest non-profit ambulance provider in the Commonwealth of Pennsylvania.

Housing and Residential Options

Continuing Care Retirement Communities

Country Meadows

Lindsay Steele lstele@countrymeadows.com
4035 Green Pond Road, Bethlehem, PA 18020
610-865-5580 610-865-4630
www.countrymeadows.com

Just as every person is different from the next, so too are their needs for a comfortable, rewarding way of life. We offer many levels of care to meet our residents needs. From Independent Living and Personal Care to our specialized Pathways Restorative Program and Connections Memory Care, we can customize a care plan to fit your needs. For those that need rehabilitation and skilled services, our Nursing Center can provide the care and therapy needed for a full recovery. Our month-to-month self-renewing lease includes, meals, transportation, activities, fitness classes, housekeeping, medication administration, Genesis Rehabilitation therapy, and utilities. We invite you to stop by for a tour to see what makes Country Meadows so special.

Fellowship Community

Valerie Driver, vdriver@FellowshipCommunity.com
3000 Fellowship Dr., Whitehall, PA 18052
610-799-3000 610-799-0307 (F)
www.fellowshipcommunity.com

Fellowship Community is a continuing care retirement community that provides Christ-centered caring for seniors at every stage of life. Fellowship Courts offers independent living townhomes while Fellowship Villa provides independent living apartments for active seniors. Fellowship Villa and Fellowship Terrace, state-licensed personal care facilities, are designed for seniors who enjoy life, but want the comfort of round-the-clock support services when they are needed. A specialized memory unit is available in The Terrace Courtyard. Skilled nursing rehabilitation and long term care are provided at Fellowship Manor.

Luther Crest

Matthew Petrauskas petrauskasm@diakon.org
800 Hausman Rd., Allentown, PA 18104
610-391-8227 www.luthercrestseniorliving.org

Luther Crest is an inviting community filled with enthusiasm, energy and opportunities to lead an active, engaging lifestyle. We promote total wellness for our residents – body, mind and spirit. Our convenient Lehigh Valley setting connects you with interesting people of all ages and from all walks of life, allowing you to foster friendships, both old and new. And, if the need for additional support arises, Luther Crest is a continuing care retirement community so you have peace of mind knowing quality health care services are available on site, delivered by people who care about you.

Housing and Residential Options

Continuing Care Retirement Communities

Moravian Hall Square

Liz Brandl lizb@moravian.com
175 West North Street Nazareth, PA 18064
610-746-1000 610-746-1023 (F) www.moravian.com

Moravian Hall Square in Nazareth, PA is a Life Care Community. A Life Care Community offers the full continuum of health care accommodations (Independent, Personal Care, Nursing care) but also includes a lifelong insurance component as part of the residency plan. This ensures that residents monthly fees remain fixed (subject only to annual inflationary increases) regardless of the level of care that they need. A life care plan is the only type of plan that provides unlimited and unrestricted access to health care accommodations at higher levels of care without resulting increases in monthly fees.

Moravian Village of Bethlehem

Jennifer Granda jgranda@moravianvillage.com
526 Wood Street
610-925-4885 610-625-4719
www.moravianvillage.com

Moravian Village is a 55+ Continuing Care Retirement Community uniquely in touch with the rhythms and values of senior living. Our distinct lifestyle choices for residence and seniors include cottage homes and apartments. Apartment living services include in-apartment, state licensed personal care. Also available is our skilled nursing and rehabilitation center. Life at Moravian Village is rich with a variety of daily choices. Our Executive Chef and his team prepare enticing and healthy cuisine choices daily. Creative opportunities for engagement and personal growth is found daily in our calendar of activities.

Phoebe Allentown

Darren Morris dmmorris@phoebe.org
1925 Turner St., Allentown, PA 18104-5551
610-794-5406 610-794-5414 (F)
www.phoebe.org

Phoebe Allentown, located in Allentown's historic residential west end, offers a variety of living options to meet the diverse lifestyle preferences and needs of older adults in the Lehigh Valley. From independent living in maintenance-free two bedroom apartments to skilled nursing in our Health Care Center, Phoebe Allentown offers choices and levels of care to suit every individual. Our Phoebe Allentown Campus offers: Independent Living, Personal Care, Award-winning Memory Support and Dementia Care, Short term Rehabilitation, Outpatient Rehabilitation, Skilled Nursing Care, Respite Care, At Home Care, Certified Care Management, TeleHealth.

Housing and Residential Options

Continuing Care Retirement Communities

Westminster Village Allentown

Laura Hafner lhafner@psl.org
803 N Wahnetta Street, Allentown, PA 18109
610-782-8320 610-782-8321 (F)
www.wmvallentown.org

Westminster Village is a continuing care retirement community that provides senior living services that include Independent Living, Personal Care, Skilled Nursing and Rehabilitation, Adult Day Services, as well as other special services to enhance your lifestyle and experiences. Westminster Village is one of the only communities in the Lehigh Valley to uniquely integrate Independent Living and Personal Care; which is particularly beneficial and cost effective to couples and singles alike. Find out why our not-for-profit status makes a difference to you!

Independent Living Communities

Traditions of Hanover

Jennifer Murphy jmurphy@traditionsofhanover.com
5300 Northgate Drive, Bethlehem, PA 18017
610-882-0400 610-882-2264 (F)
www.traditionsofhanover.com

Since 2005 seniors have been experiencing this vibrant and distinctive Independent Living Community. You too can enjoy peaceful apartment living with full kitchens and serene views. Monthly rent includes full service dining options, housekeeping, transportation, utilities, a diverse social calendar – all with NO buy-in fees and NO maintenance fees. On site physicians, therapists and in home support services are available to assist you with your medical and personal care needs, enabling you to remain as independent as possible in your apartment instead of moving to a nursing home or assisted living. Our warm and welcoming residents and staff invite you to stop by and visit. Discover why our residents tell their friends to move to Traditions of Hanover.

Housing and Residential Options

Personal Care Communities

Abington Manor At Morgan Hill

David Seng davids@AbingtonManor.com
215 Cedar Park Road, Easton, PA 18042
610-829-0100 610-829-0166 (F)
www.abingtonmanor.com

Abington Manor at Morgan Hill Senior Living is located at Morgan Hill in Easton and easily accessible from all major highways. We allow the opportunity for our residents to age in place safely by offering a compliment of service including Independent living, Personal Care and our newest service community Memory Care Village. We offer a wide range of services covering all Activities of Daily Living, medication management, health and wellness checks, on-site Physician services, rehabilitation therapies as well as social, spiritual and educational activities, chef prepared meals, housekeeping, in-house beauty services and much more. From our ultra-spacious studios to our tastefully decorated common areas, all create an atmosphere designed to enrich the lives and well-being of all who choose to make their home with us. We would love to provide you a tour of our campus to share with you all we have to offer those we serve.

Atria

Dorine D'Andria dorine.dandria@atriaseniorliving.com
1745 West Macada Road, Bethlehem, PA 18017
610-317-0700 610-317-0500 (F)
www.atriabethlehem.com

Atria Bethlehem understands the importance of seniors maintaining a healthy balance between independent living and safety. When older people come to Atria, they step out of isolation into a vibrant assisted living community of peers and caregivers. Atria Bethlehem breeds independent living while enabling seniors to revel in retirement living - with the peace of mind that caregivers are always there to lend a hand. We are located moments away from shopping, restaurants, doctors, hospitals and conveniently near Route 22 while having a country-like atmosphere.

Housing and Residential Options

Personal Care Communities

DevonHouse Senior Living

Connie Renn connie_devonhouse@yahoo.com
1930 Bevin Drive, Allentown, PA 18103
610-967-1100

www.devonhouseseniorliving.com

DevonHouse offers professional nursing care 24 hours per day, a variety of social, spiritual, and educational activities. We also offer exceptional private and companion accommodations. Every room is beautifully furnished and has TV and phone hook-up, an emergency call system and wander guard. Call today to hear about our All-Inclusive pricing.

Mrs. Bush's Personal Care Homes, Inc.

Jessica Scheffner jess@mrsbushcares.com
PO BOX 327, Kunkletown, PA 18058
610-381-3713 610-381-1020 (F)

www.mrsbushcares.com

Mrs. Bush's Personal Care Homes is family owned and operated since 1983. Our community offers Personal Care, Respite Care, and Senior Living Independent Living Apartments. We are in a beautiful country setting nestled at the base of the Chestnut Ridge in Kunkletown with gorgeous views in every direction. We are close to main US routes 33,78,80, and the PA turnpike. We are just 30 minutes from the Lehigh Valley. We provide assistance with all activities of daily living, home-cooked meals, stimulating and varied activity programs, meticulous housekeeping, linen service, personal laundry service, medication monitoring, shower assistance with hair and nail care, blood pressure and weight monitoring all within our basic monthly rate. There are no admission or buy-in fees. Services including physician, licensed nurses, phlebotomy, podiatry, dentistry, optical, behavioral health, diagnostic testing, therapy, hair salon, massage and a general store are all on site to accommodate resident needs. Visit us today to meet our family and team of dedicated staff members who are here to take care of your loved one.

Housing and Residential Options

Personal Care Communities

Sacred Heart Senior Living by the Creek - Northampton

Susan May alfpch@rcn.com
602 E 21st Street (Rte. 329), Northampton, PA 18067
610-262-4300
www.sacredheartseniorliving.com

Celebrating over 15 years of caring. Offering Personal Care and Independent Living options. We provide a worry free setting with a supportive environment – the perfect blending of personal freedom and security. A dedicated professional staff and personal assistance is readily available to all our residents. Residents enjoy a full social, leisure and spiritual calendar with Chef prepared meals to meet dietary requirements. Special arrangements for couples who want to stay together, but may require different care. Long, short, rehabilitation, respite and vacation stays are available with a no buy-in program, no community or entrance fees. On-site therapies provided by Good Shepherd Rehabilitation. Our Health Campus offers the services of Northampton Medical Group, an on-site Radiology Department, MRI and full laboratory services. Call to schedule a tour or to request a free, no obligation consultation at your desired location.

The Village at Palmerton

Violanda Gonzalez vgonzalez@thevillageatpalmerton.com
71 Princeton Avenue, Palmerton, PA 18071
610-824-7406 610-824-3757 (F)
www.thevillageatpalmerton.com

Compassionate care provided to meet your individual needs. All of our accommodations include spacious rooms with full bathrooms. 24 hour care giving staff to assist with all of your personal care needs as well as housekeeping, maintenance and a full schedule of activities. Come take a tour and see the difference at the Village at Palmerton.

Senior Apartments

Lutheran Manor of the Lehigh Valley Inc.

Claudie McPhearson claudie@lutheranmanor.com
2085 Westgate Drive, Bethlehem, PA 18017
610-866-6010 610-866-9773 (F) www.lutheranmanor.com

Lutheran Manor Apartments is an affordable housing community for seniors and those with a disability. We are conveniently located near area hospitals and shopping. We offer affordable independent living with a perfect blend of outstanding amenities. Our Residents enjoy a variety of recreational, educational and entertainment opportunities.

The Alzheimer's Association

Julie Thomas jthomas@alz.org
617 A Main Street, Hellertown, PA 18055
800-272-3900
www.alz.org

The Delaware Valley Chapter supports its 18-county service territory in Southern New Jersey, Southeastern PA, and Delaware through programs and services, including 24/7 Helpline, support groups, consumer and professional education, advocacy, early stage initiatives, care consultation, diversity outreach, safety services, and online tools such as TrialMatch, AlzNavigator and AlzConnected.

Barber CPR + First Aid Training

Elaine Barber barbercprfirstaidtraining@gmail.com
1138 North Main Street, Allentown, PA 18104
610-462-3199
barbercprfirstaidtraining.com

Barber CPR and First Aid Training courses are authorized through the American Red Cross. Each class combines a variety of learning techniques including interactive video, guided discussion and hands-on instructor training to ensure every learners' success in mastering the concepts and skills. Corporate training, in-home training and community classes is offered for your personal and business training needs. Certifications are valid for two years. Visit our website for more information and to see a list of scheduled classes. Barbercprfirstaidtraining.com

Center for Vision Loss

Karen Huetter karen.huetter@centerforvisionloss.org
845 W. Wyoming Street, Allentown, PA 18103
610-433-6018 x. 241 610-433-4856 (F)
www.centerforvisionloss.org

The Center for Vision Loss is a non-profit agency dedicated to improving the lives of people with vision loss and promoting healthy vision in the community. We serve Lehigh, Northampton and Monroe Counties with programs and services which support, encourage and empower people with visual impairment to regain their independence.

Lehigh County Aging/Adult Services

Tiffany Winkle tiffanywinkle@lehighcounty.org
17 South 7th St., Allentown, PA 18101
610-782-3445 610-820-2028 (F)
www.lehighcounty.org

Our agency provides information & assistance, assessment, care management, personal care, adult day care, aging waiver program, nursing home transition, Ombudsman, caregiver support program, Apprise, protective services, senior centers, home modification home support, PA LINK, & housing assistance.

Lehigh County Veterans Affairs

Thomas Applebach thomasapplebach@lehighcounty.org
17 S. 17th Street, Allentown, PA 18101
610-782-3295 610-820-2026 (F)
www.lehighcounty.org

Directly assists veterans, their families and survivors to obtain the federal, state and county benefits for which they are eligible. We counsel and assist in preparing and submitting claims and applications for benefits and act as their representative to the U.S. Department of Veteran Affairs, the Commonwealth of Pennsylvania and Lehigh County.

Lehigh Valley Active Life

Rick Daugherty rick@lvactivelife.org
1633 West Elm Street, Allentown, PA 18102
610-437-3700 610-437-6252
www.lvactivelife.org

We provide a wide array of programs and activities seven days a week from morning to night for persons aged 55 and older. Exercise classes, history lectures, music, cards, Broadway trips and art programs are our most popular.

Meals on Wheels of Lehigh County

Pam Bechtel pbechtel@mealsonwheelslc.org
4234 Dorney Park Road, Allentown, PA 18104-727
610-398-2563 610-398-7088 (F)
www.mealsonwheelslc.org

Nutrition services for seniors, the disabled, and people recuperating from hospital stays. We provide home-delivered hot lunches, cold bag dinners, and frozen meals as well as a grocery shopping service. We provide group dining services for senior centers, adult day care centers and child care centers.

Government / Community Services

Meals On Wheels of Northampton County

JoAnn Nenow joannn@mealsonwheelspa.org
4240 Fritch Drive, Bethlehem, PA 18020
610-691-1030 610-691-1775
www.mealsonwheelspa.org

Nutrition services for seniors, the disabled, and people recuperating from hospital stays. We provide home-delivered hot lunches, cold bag dinners, and frozen meals as well as a grocery shopping service. We provide group dining services for senior centers, adult day care centers and child care centers.

Muscular Dystrophy Association

Destinee Deely ddeely@mdausa.org
5940 Hamilton Blvd., Suite F, Allentown, PA 18106
610-391-1977
www.mda.org

MDA provides free clinical services, support groups, a durable medical equipment loan closet and much more for those diagnosed with muscular dystrophy.

Northampton County Area Agency on Aging

John Mehler
2801 Emrick Blvd., Bethlehem, PA 18020
610-829-4540
www.northamptoncounty.org

Plans and coordinates the provision of services to older adults (age 60 and over) in Northampton County. Programs and services designed to enhance the independence and dignity of older adults and to provide protection as necessary.

Project Lifesaver/TRIAD

Martha Lieberman martha.lieberman@rcn.com
333 Ridge St., Apt 301, Emmaus PA 18049
610-966-8511

Project Lifesaver places personalized radio transmitters on identified persons. Transmitters assist caregivers and local emergency agencies in locating those who cannot help themselves. Local emergency teams respond to calls resulting in an average rescue time of less than 30 minutes.

LVAIP

Lehigh Valley Aging in Place

Lehigh Valley Aging in Place
P. O. Box 74 Macungie, PA 18062
info@lvaginginplace.org

1-877-334-8942

**We understand and respect the unique needs
of independent seniors and their lifestyles.**