



Resource Guide 2023



Programs and Services for Older Adults
lvaginginplace.org

LEHIGH VALLEY AGING IN PLACE

Lehigh Valley Aging in Place was formed with the purpose of establishing a network of professionals who share the common vision of helping seniors age in place and stay safe, secure and independent, throughout their lifetime.

Our Mission Statement

Lehigh Valley Aging in Place is a coalition of professionals from private, public, non-profit & business sectors committed to helping families help seniors.

Vision Statement

We seek to help families help seniors by providing an annual comprehensive resource guide, educating the public on aging issues, and supporting business to business networking.

How to use this Resource Guide:

1. Review your current situation and evaluate your needs. Consider your lifestyle as well as your present and future needs.
2. Understand what services are available. Refer to the index on page 3 and become familiar with the types of care and services provided in this guide. This index is categorized throughout the guide for easy reference.
3. Talk with a professional. Understanding the programs and services can be confusing, and there is no need to walk the road alone. Each organization in this guide is committed to helping seniors. A contact is listed with each organization to address your basic questions. It is wise to speak to multiple members so you can best understand all your options.

Contact

1-877-334-8942
info@lehighvalleyaginginplace.org
LVAgingInPlace.org
PO Box 3103, Allentown, PA 18106

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DISCLAIMER

The inclusion of membership listing in this Resource Guide should not imply any guarantee or warranty of services by Lehigh Valley Aging in Place (LVAIP) for services provided by listed member, LVAIP shall be held harmless and is not responsible for any actions taken by listed members.

We encourage consumers to interview and ask for client referrals and/or personal references before commencing services.

Care Services

Adult Day Care Services

Adult Day Services at Westminster Village

Kelly Hartnett khartnett@psl.org
2156 Hanover Avenue, Allentown, PA 18109
610-782-8390 610-782-8570 (F) yourverybestday.org

The Adult Day Program at Westminster Village offers a stimulating social atmosphere for seniors who need additional structure and support to remain active and independent. Separate centers allow for specialized care for those in various stages of dementia. Program hours are 6:30am to 5:30pm Monday through Friday.

SarahCare of the Lehigh Valley

Evet Hexamer lehighcr@sarahcare.com
7010 Snowdrift Rd, Allentown, PA 18106
610-391-1576 484-223-3132(F) sarahcare.com

SarahCare Adult Day Center offers seniors a home away from home for their caregiving needs. It bridges the gap between independence at home and the need for assisted living or nursing home care.

Located in Allentown, our professionally staffed day center connects seniors to a community of their peers in a safe and loving environment; an environment that feels like home. Friendships develop, needs are met, and seniors are able to stay in their own homes longer. Activities that are appropriate to their age, ability and interest are of paramount importance. Dignity and respect are the cornerstone of our caregiving. Assistance with personal care needs, medication management, nutritious meals and socialization are just a few of the services we provide. However, the genuine care comes from the qualified and well-trained staff. In many ways, they become an extension to the family and care for the clients the same way one would care for their own – with love and joy. Home isn't just a place – it's a feeling. And SarahCare feels like a place to call home

Care Services

Adult Day Care Services

YWCA Bethlehem

Yvonne Toth adsc@ywcabethlehem.org
3895 Adler Place, Building B, Ste. 180, Bethlehem, PA 18017
610-867-4669 610-997-3786 (F) ywcabethlehem.org

As the first Adult Day Center in Northampton County, YWCA Bethlehem has been serving seniors and their caregivers for more than 35 years. YWCA Bethlehem offers a structured, socially engaging and fun program in a sunny & welcoming center that enables members to avoid social isolation and provides much needed respite time for caregivers. Licensed by the PA Dept. of Aging, open weekdays 7:30 a.m. Covid-19 safety protocols in place.

All Inclusive Care

SeniorLIFE Lehigh Valley

Robert Sauers rsauers@seniorlifelhighvalley.com
3365 High Point Blvd., Bethlehem, PA 18017
610-954-5433 610-691-1075 (F) seniorlifelhighvalley.com

Senior LIFE is an alternative to nursing homes, designed to help seniors live their best lives at home. Through Senior LIFE services, members can access the health care and support they need, and still have the independence they want. Each member of the Senior LIFE Program receives an individualized care plan that covers all medically necessary services.

Continuing Care at Home

Nest In Place

Karen Paules nestinplace@gmail.com
7931 Spring Creek Rd., Alburtis, PA 18011
610-968-1687 610-968-1687 (F) nestinplace.org

At Nest In Place, we take a solution-based approach to care. Our programs are designed by experienced professionals to meet the personalized in-home care needs of our clients AND the families who support their wish to age in place. Our reliable team goes the extra mile to ensure we are providing the highest quality of care for those we serve. Call us for more information and a FREE consultation with recommendations from trusted professionals.

Care Services

Continuing Care at Home

Pathstones by Phoebe

Lisa Hoffman lhoffman@phoebe.org
4847 Hamilton Blvd., Allentown, PA 18106
610-794-6700 610-391-1482 (F) pathstonesbyphoebe.org

Pathstones is a membership-based program for independent adults 55+. The program combines the most important features of long term care and advocacy into one custom plan. As your needs evolve our team coordinates services empowering you to continue to live in your home. This life care program offers preservation of assets, a personalized health/wellness plan, & guaranteed care when you need it.

Hospice

Angelic Paths Hospice and Palliative Care

Nic Brown nbrown@angelicpaths.com
188 Main Street, Suite 2, Emmaus, PA 18049
888-264-3501 866-945-1346 (F) angelicpaths.com

Angelic Paths Hospice and Palliative Care serves eight counties. We offer hospice services and an extensive Palliative Care program. We provide interdisciplinary services allowing those we serve to be treated in place, focusing on the unique needs of both patients and their families facing life-limiting illnesses.

AseraCare Hospice

James Galle james.galle@aseracare.com
7660 Imperial Way, Allentown, PA 18106
610-336-0711 610-336-0719 (F) amedisys.com

Aseracare Hospice understands the challenges that patients and their families face when coping with serious chronic or life-limiting illnesses. We help families and patients understand the many emotions they will experience during this difficult time. We provide medical, emotional and spiritual support to individuals and their families.

Hospice

Compassionate Care Hospice

Brian Cannone brian.cannone@amedisys.com
3897 Adler Place, Building C, Ste. 180, Bethlehem, PA 18017
610-770-6500 877-204-4005 (F) amedisys.com

Compassionate Care Hospice joined the Amedisys family in 2019.

The mission remains affirming life during its final stages by providing holistic, compassionate care to patients and their families. CCH

Amedisys provides resources and education throughout Lehigh, Northampton, Carbon and Schuylkill Counties.

Learn more amedisys.com.

Compassus

Jennifer Deppen jennifer.deppen@compassus.com
7535 Windsor Dr., Suite 100B, Allentown, PA 18106
610-336-8000 610-336-8001 (F) compassus.com/allentown

With roots back to 1979, Compassus is a national leader in hospice and palliative care. Hospice and palliative care both offer relief from the pain and symptoms of a serious illness, while also addressing the mental, social and spiritual needs of a patient. In fact, hospice is a type of palliative care for people during the final stages of life.

Hospice

Lehigh Valley Hospice

Rosemary Tarof rosemary.tarof@lvhn.org
2024 Lehigh St., Suite 100, Allentown, PA 18103
610-402-7800 610-402-7920 (F) lvhn.org

There's no place like home when you're recovering from an illness or injury. Yet sometimes, once you leave the hospital you still require medical attention. That's when home care is available through a doctor's referral. We also provide a full range of hospice services. Lehigh Valley Hospice was the first hospice in the Lehigh Valley area dating back to the 1980's and we are part of the largest network in the service territory. We can help with symptom management, nursing care, nutritional support, personal care service, bereavement support and more.

Care Services

Medical Home Health Care

AccentCare

Michelle Tamargo michelletamargo@accentcare.com
3800 Sierra Circle, Suite 200, Center Valley, PA 18034
215-703-3522 855-620-7447 (F) sehomehealth.com

Delivering the highest quality of home health for over 25 years.

Services: Skilled Nursing; Physical, Occupational & Speech Therapies; Medical Social Services; and Home Health Aides. Specialty Programs: CardioCare, Remote Patient Monitoring/Telehealth, CancerCare, Palliative/Supportive Care, Behavioral Nursing, Lymphedema Therapy, and Respiratory Therapy. Joint Commission Accredited.

Allegiance Nursing, Inc.

Karen Lucci Grayson, RN, BSN kgrayson@allegiancenursing.com
1501 West Union St., Allentown, PA 18102
610-770-1002 610-770-1503 (F) allegiancenursing.com

We have been providing skilled nursing and home health aide services in the LV for over 20 years. We are RN owned and managed. Our aides are certified by our 75 hour state approved training program. They must demonstrate their skills with an RN prior to working independently. We treat both our clients and our employees with the respect and dignity that they deserve. We believe in a caring blend of compassion and skill.

Avicenna Direct Care

Bilal Mannan, MD admin@avicennadirectcare.com
2000 Eberhart Rd, Whitehall, PA 18052
610-904-8100 610-638-0753 (F) avicennadirectcare.com

Membership-based health and wellness practice focusing on root cause chronic disease treatment and whole-body health and wellness.

Medical Home Health Care

BAYADA Home Health Care

Bobbie Rutledge brutledge@bayada.com
2526 Cedarfield Lane, Allentown, PA 18104
610-317-2118 610-691-1256 (F) bayada.com

BAYADA Home Health Care has identified that there are unique challenges within assisted living and independent living communities. We have seen a higher acuity in need and fluctuating census. We have the answer: Senior Living Solutions. Our Senior Living team provides home health, wellness programming, quantifiable results, progressive solutions, lead generation and flexibility to meet your needs.

Easton Home Health

Jose Gonzalez jose.gonzalez@lhcgroupp.com
3893 Adler Place, Suite 170, Easton, PA 18017
610-438-1656 610-438-2755 (F)
lhcgroupp.com/locations/easton-home-health

Easton Home Health has provided quality and compassionate care in the community since 1916. We provide skilled nursing; physical, occupational and speech therapy. We know our patients and tailor their healthcare for the best outcome possible. Our service area includes Northampton and Lehigh Counties, and parts of Monroe, Bucks and Carbon. We are nationally recognized for patient satisfaction and quality outcomes.

Medical Home Health Care

LifeSpring In Home Care of Eastern PA

Andrew Kay andy.kay@lifespringhomecare.com
1541 Alta Drive, Suite 102, Whitehall, PA 18052
484-353-1210 484-320-5650 (F)
lifespringhomecarepa.com

We provide Skilled Nursing (including behavioral health), Therapy and Social Worker services that allow home bound patients to recover in their place of residence. We give patients and families the confidence and peace knowing their homebound loved ones are comfortable at home and receiving professional, compassionate, and personalized care. Skilled Home Health Care benefits are covered under Medicare at 100%.

Care Services

Maxim Healthcare Services

Robert Nisbet allentown2@maxhealth.com
1550 Pond Rd. Suite 160, Allentown, PA 18104
610-740-3800 855-493-3853 (F)

maximhealthcare.com/maxim-healthcare-locations/allentown-pa

For more than 30 years, Maxim Healthcare Services has been making a difference in patient lives. Every day, our dedicated team of nurses, therapists, and home health aids selflessly serve patients in the comfort of home. Specifically in the Lehigh Valley we offer 1 on 1 care in most settings. Acuity ranges from skilled nursing to companion care. Our mission is to care, serve, and enrich the lives of everyone we encounter.

St Luke's Home Health and Hospice

Helen Post helen.post@sluhn.org
240 Union Station Plaza, Bethlehem, PA 18015
484-526-1100 sluhn.org

St Luke's, a non-profit organization provides compassionate high quality Home Health Care in our community since 1919. We provide Nursing, Physical, Occupational, Speech Therapy and Home Health Aides. Our skilled care in the home allows you to recover where you feel most comfortable. Since 1986, St Luke's Hospice has been supporting patients and families on their end of life journey. We service 8 counties in the Lehigh Valley.

Music Therapy and Art Therapy

Therapeutic Arts Group

Kathy Purcell, MT-BC info@therapeuticartsgroup.com
3437 MacArthur Road, Whitehall, PA 18052
610-740-9890 therapeuticartsgroup.com

With 28 board certified music therapists and 4 art therapists, Therapeutic Arts Group is the premier provider of music therapy and art therapy to individuals and groups in the Mid-Atlantic Region. In home, on site or in their studio, adapted as well as traditional music & art lessons and interactive music programs for birthday parties, family reunions and special events of all kinds are also available.

Non-Medical Home Care

Always Best Care of Greater Bethlehem

Kenneth Good kgood@abc-seniors.com
1240 Win Drive, Suite 4000, Bethlehem, PA 18017
484-896-8867 267-352-6324 (F) abc-bethlehem.com

Always Best Care has helped thousands of families with non-medical in-home care and assisted living referral services. Always Best Care combines national strength and standards with local accessibility and personal service. The local owners of Always Best Care of Greater Bethlehem are Ken and Rebecca Good. Ken, Rebecca, and their team have your loved one's best interests at heart. Always Best Care accepts private pay and long-term insurance clients and are approved providers in the Pennsylvania Medicaid waiver / Community Health Choices program and the Veterans Administration Community Care Network.

Amada Senior Care

Ed Duborg info.lehighvalley@amadaseniorcare.com
1605 N. Cedar Crest Blvd., Suite 508, Allentown, PA 18104
484-268-1778 484-268-5860 (F) amada.lehighvalley.com

Amada Senior Care provides personal care attendants that assist with activities of daily living such as: Bathing, Dressing, Meal Preparation, Transportation, Light Housekeeping, Appointments, Companionship, Medication Reminders, Exercise Assistance. Amada Senior Care specializes in helping seniors with long-term care insurance get claims approved and direct bills the insurance agency.

Non-Medical Home Care

AdoptVets

Sue Ellen Engelman adoptvets@gmail.com
855-382-8387 855-382-1616 (F) adoptvets.org

We help veterans and surviving spouses in several ways. We navigate the VA Aid and Attendance benefit for our clients and then recommend home care. We only accept donations for this application, other than grants and fundraising.

Care Services

BrightStar Care of Stroudsburg & Allentown

Dale Wilson, SR dale.wilson@brightstarcare.com
1401 North Cedar Crest Blvd., Suite 104, Allentown, PA 18104
570-223-2248 570-980-2278 (F)
brightstarcare.com/stroudsburg-allentown

Our Professional Care Team, led by a Registered Nurse Director of Nursing, provides expert, compassionate, and personal in-home care. We provide Personal Care and Skilled Care Services. Our mission is to go above and beyond to deliver a higher standard of home care and nothing less. Independently owned and operated.

Caring Grace Home Care Agency llc

Beatrice Karnga-Gray excellence@caringgracehomecare.com
881 Third Street, Suite B-2, Whitehall, PA 18052
610-443-1850 610-443-1870 (F) caringgracehomecare.com

We are a Non- Medical Home Care Agency. We provide home care services to elderly, the disable and those who need non-medical personal care within their homes. Some of our non-medical services are: 1. Personal Care 2. Live-in Care 3. Home Making 4. Companionship

ComForCare Home Care-Lehigh Valley

Sean Fitzsimmons sfitzsimmons@comforcare.com
1259 S Cedar Crest Blvd., Suite 310, Allentown, PA 18103
610-628-9705 610-388-2873 (F)
comforcare.com/pennsylvania/lehigh-valley.html

At ComForCare, our mission is to help people live their best life possible. Whether due to illness, injury or aging, ComforCare helps people live independently, in their own homes, for as long as possible. We can assist with everyday activities while maintaining one's sense of freedom, dignity and connections to friends and family. Our personalized approach and superior process sets us apart.

Care Services

Home Helpers Home Care, Lehigh Valley

Maggie Dominici mdominici@lehighvalleyhomehelpers.com
65 E. Elizabeth Avenue, Bethlehem, PA 18018
610-838-7494 lehighvalleyhomehelpers.com

Home Helpers has been providing care to Seniors in the Lehigh Valley for 15 years. We strive to provide exceptional services that will exceed your expectations. Our team will enhance your independence by providing guidance, education, reassurance and compassion. We offer a complimentary home consult and assessment. Individualized care plans, caregivers are managed by a Nurse/RN and a Social Worker.

Non-Medical Home Care

Home Helpers of Northern Lehigh Valley

Krista Rissmiller kristar@homehelpershomecare.com
4330 Lehigh Drive, Suite 1, Walnutport, PA 18088
610-596-7055 610-596-7051 (F)
homehelpershomecare.com/walnutport

Home Helpers is the extended family when the family can't be there. After a complete background check, our qualified and compassionate aides are matched to your Loved One's needs. We provide TRUSTED & RESPECTED support to help people maintain their independence wherever they call home. Ask about our Personal Emergency Response System, which provides 24/7 protection and will save you money.

Home Instead - Northampton County

Bill Carroll hisc730@homeinstead.com
2508 Schoenersville Rd., Bethlehem, PA 18017
610-868-7333 610-868-7330 (F) homeinstead.com/730

Home Instead provides trustworthy, kindhearted, home care services in your loved one's home. All CAREGivers are thoroughly screened, extensively trained, professional, and reliable. At Home Instead, it's about providing the highest-quality home care services to fit you and your family's needs. In-home care can help people at any point within the aging process. We'll work with you to develop a personalized care plan for your loved one.

Care Services

Homewatch CareGivers of Lehigh Valley

Karen Long krlong@homewatchcaregivers.com
35 E. Elizabeth Avenue, Suite 42, Bethlehem, PA 18018
484-746-4924 610-849-2696 (F)
homewatchcaregivers.com/lehigh-valley

When the time comes that extra care is required, whether due to age or health condition, many people prefer the familiarity and comfort of their own home. At Homewatch CareGivers®, we believe that good care should not interfere with your quality of life, so we do everything we can to keep you or your loved one comfortable.

JEVS Care at Home

Heather Fotopoulos heather.fotopoulos@jevsathome.org
9350 Ashton Rd., Suite 102, Philadelphia, PA 19114
610-750-9732 267-298-1635 (F) jevsathome.org

We provide non-medical home care, respite, companionship and community integration support services to disabled and aging clients, ages 18+, residing in Philadelphia and surrounding counties including Lehigh and Northampton Counties. The people we serve are part of a Home and Community-Based Services Medicaid Waiver Program. The waiver programs are available throughout PA and provide long-term care services to qualified individuals who wish to remain in home and/or community rather than an institution. JEVS Care at Home also provides services to individuals through LTC Insurance, private pay, and other funding arrangements.

Non-Medical Home Care

Millbrook HomeCare

Terry L. Weber terry@millbrookhomecare.com
47 W. Water Street, Hellertown, PA 18055
610-838-1700 484-851-3506 (F) millbrookhomecare.com

Commitment is the backbone of any business: it's the act of having a true passion for what you do. The staff and caregivers of Millbrook HomeCare are dedicated to excellence and share this enthusiasm. We provide patient centered, high quality and personalized home care. Whether you need 2 or 24 hrs, a lot of care, or just companionship; our caregivers are carefully chosen and matched to help.

Morningstar Senior Solutions

Kelly Wilson kellyw@senior-solutions.com
301 Village at Stones Crossing, Easton, PA 18045
610-258-0700 610-258-0717 (F) senior-solutions.com

For over 30 years Senior Solutions has been a trusted leader in the home care industry in the greater Lehigh Valley. Our commitment to exceptional home care and professional care management allows our clients to successfully age in place.

Right at Home- Lehigh County

Chris Metro care@rightathome.lv.com
1541 Alta Drive, Suite 304, Whitehall, PA 18052
484-350-3075 484-351-0530 (F)
rightathome.net/lehigh-berks

We provide personal care and homemaker services to help seniors and adults with disabilities remain safe in the home. We also provide transportation. Personal care services include dressing, bathing, skin care, ambulatory support, toileting, continence care and transfers.

Non-Medical Home Care

Seniors Helping Seniors

Lynn Dempsey seniorshelpingseniors@lehighcare.com
801 Lehigh Street, Easton, PA 18042
610-253-3232 610-253-3332 (F)
seniorcarelehighvalley.com

We provide private duty in-home care. We match trained, loving, and compassionate seniors who want to help seniors maintain an independent, safe lifestyle in their home. Services include: personal care, med reminders, high level care, companionship, meal prep, light housekeeping, overnights and 24/7 care. Assessments by a licensed nurse. "Our Senior Caregivers Know A Little Bit More About Life"

Care Services

Visiting Angels of Lehigh Valley

Rosemary James, RN lehighvalley.pa@visitingangels.com
4801 Saucon Creek Rd., Center Valley, PA 18034
610-628-2655 610-991-2468 (F)
visitingangels.com/allentown

Visiting Angels is one of the Lehigh Valley's leading providers of essential home care services. Our services enable our seniors to live safely and independently in the comfort of their own home. Our caregivers are thoroughly screened, trained and experienced in all levels of care, and we work to provide the best caregiver to client match. We provide flexible hourly care up to 24/7 care. Please call for a free, no obligation consultation.

Nutrition

Meals on Wheels of the Greater Lehigh Valley

Monica McCandless monicam@mowglv.org
4240 Fritch Drive Bethlehem, PA 18020
610-691-1030 610-514-2800 (F) mowglv.org

Meals on Wheels prepares and delivers daily hot, fresh, locally prepared, medically tailored meals to homebound adults living in the greater Lehigh Valley. Volunteers provide daily wellness checks. Fees are based on a sliding fee scale.

Second Harvest Food Bank of the Lehigh Valley and Northeast Pennsylvania

Omar Perez shfbseniors@caclv.org
6969 Silver Crest Road, Nazareth, 18064
484-287-4015 484-821-2287 (F) shfblv.org

Our mission is to distribute food and to provide resources for education and advocacy to end hunger to people in need throughout Carbon, Lehigh, Monroe, Northampton, Pike, and Wayne counties in partnership with over 200 agencies. The PA Senior Food Box Program is a federally-funded program that is designed to improve the health of low-income seniors by supplementing their diets with nutritious food.

Rehabilitation

Complete Care at Lehigh LLC

Monica Trilli mtrilli@ccelehigh.com
1718 Spring Creek Road, Macungie, PA 18062
610-366-0500 610-424-1921 (F) ccelehigh.com

Complete Care at Lehigh is a CMS, 5 Star Rated Skilled Nursing and Rehabilitation facility located in the beautiful suburbs of Macungie, within minutes of Lehigh Valley Health Network and St. Luke's University Hospitals. We specialize in both Short Term Rehabilitation and Long Term Care. We are also very proud to be a Veterans Contracted Facility, servicing and honoring our Veterans every day. Contact us today for additional information.

Rehabilitation

Fellowship Community - Rehabilitation

Chelsea Lowery clowery@fellowshipcommunity.com
3000 Fellowship Dr., Whitehall, PA 18052
610-769-8111 fellowshipcommunity.com

Fellowship Community has been named as a U. S. News & World Report's Best Short-Stay Rehabilitation. Our staff is highly skilled in physical, occupational and speech therapies that ensure that you reach the highest level of function in the shortest possible time. Personalized support and a high staff-to-resident ratio provide you with outcome-oriented interventions to ensure you reach your best possible level of functioning and optimal quality of life.

FOX Rehabilitation

Sherri Bell Ogada sherri.bell@foxrehab.org
1251 S. Cedar Crest Blvd., Allentown, PA 18103
484-387-9591 foxrehab.org

FOX Rehabilitation is a private practice of full time physical, occupational and speech therapists. FOX was built on the novel foundation of Geriatric House Calls. Patients are evaluated and treated one-on-one in their homes to address functional limitations and safety at home and in the community. Patients do not have to be home bound or have a skilled nursing need and FOX's evidence-based clinical services are covered under Medicare Part B.

Care Services

Good Shepherd Rehabilitation Network

Carry Gerber communications@gsrh.org
850 South 5th Street, Allentown, PA 18103
888-447-3422 610-776-8385 (F) goodshepherdrehab.org

Good Shepherd Rehabilitation Network is a broadly recognized, not-for-profit rehabilitation leader with more than 70 locations in eastern Pennsylvania and New Jersey. Good Shepherd is committed to developing leading-edge solutions, often for complex medical situations; serving as a test site for the newest rehabilitation technologies; and inspiring hope in all we do.

Rehabilitation

Gracedale Nursing Home

Kay Lee klee@northamptoncounty.org
2 Gracedale Avenue, Nazareth, PA 18064
610-829-3636 610-746-5208 (F) gracedale.org

Gracedale Nursing Home, located in a beautiful rural setting outside Nazareth, Pennsylvania, has been providing the highest quality long term and short term care, along with rehabilitative and restorative services, to residents of the Lehigh Valley and beyond since the 1960s. Our dedicated staff is committed to each resident's plan of care, which addresses medical, psycho-social, emotional, needs.

Phoebe Allentown

Darren M. Morris dmorris@phoebe.org
1925 W Turner St., Allentown, PA 18104
610-794-5406 610-794-5043 (F) phoebe.org

Phoebe offers short-term rehabilitation in Allentown, featuring an onsite physician, providing our patients with exceptional therapy and services specialized for older adults. Each patient's personalized care plan focuses on physical, psychological, emotional, and social well-being.

Care Services

ProMedica Skilled Nursing and Rehabilitation Allentown/Bethlehem/Easton

Central Intake Office lehighvalleycentralintake@promedica.org
888-789-7800 866-463-2356(F) promedica.org

Following a hospital stay, you may require additional care before you are able to safely return home. ProMedica's Skilled Nursing and Rehabilitation provides individualized skilled nursing care in a comfortable environment. Our clinical and therapy teams are experienced in providing specialized care focused on your needs, interests and ability. This commitment results in a smoother and safer transition throughout your recuperation.

Valley Manor Rehab & Care Center

Wendy Savard wsavard@valleymanor-health.com
7650 Route Coopersburg, PA 18036
610-282-1919 610-268-6474 (F)

180 bed Skilled Nursing Facility with long term care and short term rehab. We provide in house hemodialysis, wound care, tracheostomy care, PT/OT/ST and tube feeding management.

Attorney - Elder Law

Grim, Biehn & Thatcher

Dianne C. Magee dmagee@grimlaw.com
104 S. Sixth Street, Perkasie, PA 18944-0215
215-257-6811 215-257-7764 (F) grimlaw.com

The attorneys of Grim, Biehn & Thatcher work with families to protect our seniors as they age in the community. Our goal is to anticipate and plan in advance for the complications that may arise from long life and to give you peace of mind in a secure environment of your choosing. We also are available and qualified to mediate disagreements involving the elderly.

Mosebach, Funt, Dayton & Duckworth, P.C.

Timothy J. Duckworth tduckworth@mfdldlaw.com
2045 Westgate Drive, Suite 404, Bethlehem, PA 18017
610-882-9800 610-882-9822 (F) mfdldlaw.com

Providing Estate Planning, Special Needs Planning, Trust and Estate Administration, Elder Law, Tax Law, and Medical Assistance Planning.

Expert and Professional Services

Ruggiero Law Offices LLC

Beth Ruggiero beth@paolilaw.com
3477 Corporate Parkway, Ste. 100, Center Valley, PA 18034
610-889-0288 610-889-0959 (F) paolilaw.com

Since 1990 Ruggiero Law Offices has been helping families with Estate Planning, Elder Law and Estate Administration. Mr. Ruggiero is a board certified Estate Planning Law Specialist. His planning experience includes the use of wills, revocable and irrevocable trusts, IRA trusts, and life insurance trusts. Ruggiero Law Offices welcomes the opportunity to meet with you in our Center Valley office, Paoli office or via Zoom.

Clean Out Services

Rummage Removers, LLC

David Seng daves@rummageremovers.com
526 N. St. Cloud St. #117, Allentown, PA 18104
55-278-6624 rummageremovers.com

Removal and disposal of any unwanted items. From 1 item to 1000s; complete clean-out of houses, etc. when needed. We will not only haul the items away, but also ensure their best and proper disposal. We start with Donation Centers, then Scrap Yards, next are Certified Recycling Centers for the electronics and toxic stuff, and then lastly, the landfills. When done, we'll sweep clean to impress!

Consulting / Coaching

C. Smith Consulting

Christabel Smith c.smithconsulting@protonmail.com
6121 Rt. 309, Germansville, PA 18053
610-554-6578 c-smithconsulting.com

I provide consulting and educational services on senior healthcare human services, memory care, activities, education, remotivation therapy, and person-centered care. Presents on Alzheimer's/dementia, mental health issues, and education concepts and trends for healthcare/activity professionals at conferences and webinars as well as online and in person programs. Certified Alzheimer's Disease & Dementia Care Trainer, Licensed MEPAP Instructor.

Expert and Professional Services

Mona DelSole Consulting, LLC

Mona DelSole mdelsole1@gmail.com
2768 Washington Street, Easton, PA 18045
570-466-2886 monadelsole.com

What We Do:

- Leadership Development*
- Employee Engagement and Culture Building*
- Executive Coaching (Maxwell Leadership Certified)*
- Strengths Assessments*
- Multi-generational Workplace Consulting*

Mona has served the Senior Care industry for over two decades as a consultant, educator and business strategist. She is a faculty member in the School of Business at Marywood University teaching health/senior care, and organizational development.

Diagnostic / Advocacy Services

Hakim Health Partners

Melissa Hakim,MD drmelissa@hakimhealthpartners.com
P.O. Box 172, Orefield, PA 18069
484-533-7822 hakimhealthpartners.com

Our independent/non-affiliated firm helps you navigate and personalize the increasingly complicated healthcare system so you understand your healthcare options. We focus on your wellness and all those involved and affected by your medical situation. Working with patients and their partners, we bridge the gap between you and your doctors to improve communication, review options, solve problems, and reduce stress.

Funeral Home

Falk Funeral Homes & Crematory

Donna Falk memorial@falkfuneralhomes.com
1418 Main Street, Hellertown, PA 18055
610-838-9191 610-838-7822 (F) falkfuneralhomes.com

We are a funeral home and crematory dedicated to providing an array of services and items that each family needs in their time of grief. We can assist in arranging memorial events and are able to accommodate all faiths as well as secular services. We offer assistance with Social Security, Veterans benefits, and insurance questions; as well as grief and bereavement resources.

Expert and Professional Services

Geriatric Care Management

APRN Business Services, Inc.

Patricia R Nemetch pat@go4aprn.com
2474 S. Church St., Allentown, PA 18103
610-791-3003 610-791-4045 (F) go4aprn.com

Seniors & their families seek our expertise and assistance with assessment, crisis intervention, elder mediation, advocacy, placement, education, coordination of services & consultation. We are appointed guardian for many individuals & power of attorney by others. For 23+ years, hundreds of seniors & their families have depended on us as we continue to offer access to our services 24 hrs a day.

LVHN-Fleming Memory Center

Wendy Scott

1627 Chew Street, Allentown, PA 18102
610-969-3390 610-969-3393 (F) lvhn.org

Patient undergo a thorough assessment performed by a specialist educated in geriatrics. The assessment includes a review of their medical and social history, medications and cognitive testing. During the assessment, a specialized treatment plan will be recommended and communicated to patient's caregiver, primary care office and other specialists. Our team focuses on the caregiver as well.

Geriatric Care Management

Senior Solutions

Kelly Wilson kellyw@senior-solutions.com
175 West North Street, Nazareth, PA 18064
610-258-0700 senior-solutions.com

For over 30 years Senior Solutions has been a trusted leader in the home care industry in the greater Lehigh Valley. Our commitment to exceptional home care and professional care management allows our clients to successfully age in place.

Expert and Professional Services

Service Access and Management

Jessica Kemp jkemp@sam-inc.org
590 Terry Reiley Way, Pottsville, PA 17901
484-602-2480 484-595-7013 (F) sam-inc.org

SAM, Inc. Community Wellness and Support Services assists individuals who receive Community Health Choices services to gain access to covered services to remain in their home. We will also help access medical, social, and other services regardless of the funding source.

Home Modifications

Accessibility Advantage DBA AmeriGlide

Matt Miller matt@ameriglide-pa.com
950 W. Wyoming St., Allentown, PA 18013
610-335-1055 570-664-2330 (F)
ameriglide-lehigh-valley-pa.com

AmeriGlide Lehigh Valley is a Accessibility/Mobility Solutions. We provide Stairglides, Wheelchair lifts, Power Scooters, Ramps, free estimates, full installation and service after the sale. All products installed and serviced by AMERIGLIDE employees NOT contractors. AmeriGlide Lehigh Valley also has a full service DME division as well as Vehicle Conversions

Home Modifications

Grab Bar Pros

Bruce Montgomery, R.N. bruce@grabbarpros.com
1210 N. Van Buren St., Allentown, PA 18109
610-393-6395 610-393-6395 (F) grabbarpros.com

Grab Bar Pros specializes in bringing safety to your home as inexpensively as possible. The primary owner is a registered nurse who did home health nursing. He was a contractor before nursing, and has had extensive guidance from multiple therapists. ADA guidelines are followed and he pridefully stretches your dollars to the maximum without sacrificing quality or security. Grab Bar Pros- Safety Within Your Reach.

Expert and Professional Services

Handicare

Kelly Christine kelly.christine@handicare.com
625 Clark Ave #20, King of Prussia, PA 19406
610-428-2836 handicareusa.com

Home Care accessibility.

Stairlifts, Curved Stairlifts. Ceiling Lifts etc.

Indian Creek Carpentry LLC

Greg DiGiacomo greg@indiancreekcarpentry.com
6058 Schantz Road, Emmaus, PA 18049
610-849-3629 indiancreekcarpentry.com

Improving Homes. Building Relationships. Aging In Place Home Modifications, Post-Injury or Illness Renovations, In-Law Suites, 3D Design Services, Kitchens and Bathrooms, Closets and Organization Systems, Basements and Laundry Rooms, Open Floor Concepts.

Power Stair Lifts

Sandy Hutchison sandy@powerstairlifts.com
2700 William Penn Highway, Easton, PA 18045
484-895-1188 powerstairlifts.com

Providing mobility solutions to make life easier. Offering Power Stair Lifts, Vertical Wheel Chair Lifts, Power and Conventional Ramps, Threshold Ramps, Sales, Installation and Service. We provide a practical and economical solution for people facing mobility and accessibility needs. We are a local company serving the entire Lehigh Valley and beyond. Locally owned and operated since 2009. Our service starts with a FREE Home Assessment.

Home Modifications

ProCare@Home; Home Accessibility and Modifications

Eric Moyer eric@procare-medical.com
759 Flory Mill Rd., Lancaster, PA 17601
855-528-0421 877-528-0421 (F) procare-home.com

ProCare @Home is a provider of complete accessibility and mobility solutions, focused on creating a safe environments and independence in a residential setting. We provide high quality mobility and accessibility equipment, and home modification solutions to keep you comfortable in your home. We are based in central PA as a provider with complete installation and support of equipment.

Expert and Professional Services

Insurance - Medicare

AARP/United Healthcare

Maria Santacoloma medicare411.pa@yahoo.com
610-366-0124 medicaresalespa.com

With a sales team of 60+ agents we cover all of Eastern PA, DE & NJ. We can help you find the plan that fits your needs. We educate our clients prior to any enrollment, making sure they are getting the right plan for what they need. We are available for senior events, speaking engagements, service projects and more! Call us with your questions.

EMS Advisers

Ed Schuch info@emsadviserspa.com
304 Adriana Court, Northampton, PA 18067
610-462-0672 emsadviserspa.com

EMS Advisers works with individuals and businesses. We help our clients secure health care and insurance products that meet their needs. Our goal is to educate and guide them in understanding current health care services and insurance options to protect their health within their financial means. To ensure all our clients' needs reach the finish line, we offer ongoing guidance and evaluation of available health care benefits.

Silver Crest Insurance, Inc.

Daniel T. Banks dan@silvercrestins.com
2103 Stefko Blvd., Bethlehem, PA 18017
610-868-5801 610-868-5838 (F) silvercrestins.com

Serving the Lehigh Valley for over 13 years, we specialize in Medicare insurance plans. We are independent meaning we can provide truly unbiased advice on plans and companies based on your specific needs and budget! There are no fees for our services, we are paid direct from the insurance company, and you pay nothing additional for your policies. Call today to find out more about how we can help you make the transition to Medicare.

Expert and Professional Services

Medical Equipment

American Home Medical

Sean Haas sean.haas@rotech.com
754 Roble Road, Suite 180, Allentown, PA 18109
610-443-3014 610-443-3074 (F) ahmedical.org

American Home Medical is a division of Rotech Healthcare. Our goal is to provide quality medical products, competitive and fair pricing, and outstanding service. American Home Medical has been servicing the Allentown and surrounding communities since 2008. Ordering from American Home Medical is fast and easy.

Connect America

Bob Ellwood robert.ellwood@connectamerica.com
3 Bala Plaza West, Bala Cynwyd, PA 19004
610-442-1585 connectamerica.com

Money Management

Janney Montgomery Scott, LLC

Julie Knight, CFP®, AIF®, CLTC®, CDFA®
julieknight@janney.com
1390 Ridgeview Drive, Suite 101, Allentown, PA 18104
610-674-6981 610-366-7733 (F) klcwealthadvisory.com

A Financial Advisor and Certified Financial Planner practitioner, Julie focuses on family wealth planning that has multi-generational impact. She received her Certification for Long-Term Care to help families make informed decisions about the severe consequences a need for care over an extended period of years would have, not on the client, but on the emotional, physical and financial wellbeing

Money Management

MassMutual Eastern Pennsylvania

RJ Whitelock rwhitelock@financialguide.com
3701 Corporate Parkway, Suite 320, Center Valley, PA, 18034
610-798-2530 advisors.massmutual.com/rj-whitelock

Financial Services: Life Insurance, Disability Insurance, Long Term Care Insurance and Retirement Planning.

Expert and Professional Services

Moving and Transitions

Caring Transitions of Lehigh Valley

Brian Graveno bgraveno@caringtransitions.com
2731 Halleck Drive, Whitehall, PA 18052
610-904-8093 caringtransitionsof lehighvalley.com

Caring Transitions, founded in 2006, is the first national franchising concept specializing in senior relocation and transition services. Caring Transitions provides clients with supportive moves, auctions, rightsizing and transitions. This includes a well-executed transition plan beginning with the initial sorting of personal belongings through packing, shipping and selling of items to the final clearing and cleaning of the property.

Moving and Transitions

Specialty Moves by Design

Jill Kearney info@specialtymovesbydesign.com
4736 Hamilton Boulevard, Allentown, PA 18103
610-295-0036 specialtymovesbydesign.com

We keep you smiling on Move Day! We design floor plans, fully pack, supervise the movers and give you a full unpack in ONE DAY. Beds made, Closets organized, Bathrooms & Kitchens set up. We even hang art and have a nationally ranked speaker for your event! We also specialize in online auctions plus deep cleaning after your move. What we do is as much a ministry as a business.

News and Information

Lifestyles over 50

Alan Allegra editor@lifestylesover50.com
4847 Hamilton Blvd., Suite 201, Allentown, PA 18106
855-233-7034 lifestylesover50.com

Offering the most comprehensive senior resource, Lifestyles over 50 is a free magazine, annual directory, website and videos to connect boomers and seniors with information and the organizations that serve them. Bi-monthly issues and annual directory can be found at lifestylesover50.com.

Expert and Professional Services

Physical Therapy

CIP Rehabilitation Inc

Anthony Cipoletti ciprehab@ciprehab.com

64 Ridgway Dr. Suite 1, Dallas, PA 18612

570-255-4575 570-225-4578 (F) ciprehab.com

CIP Rehabilitation is a Outpatient Therapy company that provides Physical, Occupational and Speech therapy in conjunction with many other services. All services are billed through patients insurance such as Medicare Part B. CIP Rehab is in network with most HMO plans as well. We specialize in helping assisted living facilities prevent falls and hospitalizations allowing those residents to age in place while maintaining a high quality of life.

Excel Physical Therapy

Alaina Kramer alaina.kramer@excelphysicaltherapy.com

1438 Chestnut Street, Unit 3, Emmaus, PA 18049

610-904-8204 610-904-8203 (F) excelphysicaltherapy.com

We are a privately owned physical therapy practice that prides ourselves on the quality of care we give. Patients are one on one with a doctor of physical therapy during each visit to allow patients to meet 100% of their goals. We provide hands on care in addition to exercise to maximize treatment effectiveness.

Real Estate

Berkshire Hathaway

Jon Wilcox jon.wilcox@foxroach.com

3101 Emrick Blvd., Suite 101, Bethlehem, PA 18020

484-821-2929 topdoghometeam.com

I specialize in helping Seniors transition to other homes while providing Peace of Mind through Excellence. You can count on me to listen to your needs and provide \$\$\$ Saving Strategies. I have been a Realtor since 2005 and am licensed in Pennsylvania and Florida. Please call me for a free consult. Lehigh U. & RPI Graduate / Senior Real Estate Specialist (SRES®) e-Pro®, Certified International Property Specialist, Pricing Strategy Advisor

Expert and Professional Services

BHHS Fox & Roach Realtors Macungie

Shirley Lang shirley.lang@foxroach.com
3261 Route 100, Suite 100, Macungie, PA 18062
484-519-4444 484-519-4455 (F) shirley.lang.com

Shirley is passionate about serving the real estate needs of the senior consumer and their family members. Shirley is also dedicated to meeting the special needs of maturing clients when selling, buying, or relocating. By earning the SRES® Senior Real Estate Specialist designation, Shirley is prepared to approach mature clients with the best options and information for them to make new life-changing decisions.

Real Estate

Keller Williams Real Estate

Sandra Bordner sandrabordner@kw.com
2901 Emrick Blvd., Bethlehem, PA 18020
610-867-8888 sandrabordner@kw.com

I have been a Realtor for 18 years specializing in Residential Real Estate in the Lehigh Valley. It has been my passion & reward to help Senior families walk through a transaction smoothly w/o incident. Seniors & families are often overwhelmed and vulnerable when having to sell the family home. As a Senior Real Estate Specialist, I have the experience and patience to be by their side w/clear explanation and direction. Let me show you how!

Howard Hanna The Frederick Group

Jane Schiff schiffjane@gmail.com
3500 Winchester Rd., #201, Allentown, PA 18104
610-216-5232 janeschiff.com

As Senior Real Estate Specialists, we have a wealth of knowledge and resources to help with any senior related move or transition. Our goals are simple: to help you understand all of the important choices that lay ahead, to completely understand the emotional aspect of making these choices, to provide useful resources, to help you make educated decisions, and to plan the best strategies for you!

Expert and Professional Services

Tom Roth Home Sales - Keller Williams Real Estate

Thomas Roth tcroth@kw.com
1605 N. Cedar Crest Blvd., Allentown, PA 18104
484-225-9942 tomrothhomesales.com

Join the many people who have used Tom Roth Home Sales as their Realtor of choice. When you select Tom as your agent, he commits his time and attention to making sure every detail is managed in a professional manner. Tom has studied the needs of seniors and holds a Senior Real Estate Specialist certification. He has the knowledge and experience you can count on when facing life's transition.

Senior Care Placement

CarePatrol of Lehigh Valley / Upper Bucks

Mary Ann Pickell mpickell@carepatrol.com
P.O. Box 397, Center Valley, PA 18034
610-509-0445 610-709-6120 (F)
lehighvalley.carepatrol.com

CarePatrol helps families find safe, quality assisted living, independent living, memory care and in-home care as well as adult day programs. We meet with families personally to consult, educate and advocate as they explore care options. We tour with our clients to senior care communities and review care and violation histories of the communities we recommend and our service is FREE.

Assisted Living Communities

The Village at LifeQuest

Jessica Gonzalez jgonzalez@lq.org
2100 Cherry Blossom Ln., Quakertown, PA 18951
267-424-2096 215-536-1003 (F) villageatliferequest.com

Warm and friendly are two words that describe The Village at LifeQuest Assisted Living. Our upbeat and personable staff is committed to getting to know our residents and their family. As a result, our residents become like our family. We are a licensed Assisted Living community, pet-friendly, located in suburban Quakertown on 220 acres. We share the property with LifeQuest Nursing Center, LifeSpan Child Daycare and the recently constructed St. Luke's Upper Bucks Hospital. We offer assisted living services, a full and robust life enrichment program, and various floor plans with unique spaces – all in a peaceful, serene setting. We strive to accommodate your loved ones in the best way possible, offering all the care, encouragement, and compassion they need and deserve.

Housing and Residential Options

Continuing Care Retirement Communities

Chestnut Ridge at Rodale

Katie Erdman kaerdman@phoebe.org
1 Reading Dr., Wernersville, PA 19565
610-927-8550 phoebe.org

Welcome to Chestnut Ridge at Rodale! Cultivated by Phoebe, this 62+ retirement community in Emmaus combines luxury and optimal wellness with Phoebe's long-standing legacy of serving seniors. Through innovation and imagination, this wellness-focused lifestyle community will offer spacious floor plans, countless opportunities for vibrant living, and upscale amenities.

Fellowship Community

Chelsea Lowery clowery@FellowshipCommunity.com
3000 Fellowship Dr., Whitehall, PA 18052
610-769-8111 610-799-0307 (F) fellowshipcommunity.com

For over 30 years, our faith-based continuing care retirement community has provided a tradition of excellence in senior living. Experience customer service based on our core values and enhanced by the empathy and compassion of our caring staff. Fellowship offers a comprehensive continuum of services that include Independent Living, Personal Care, Skilled Nursing, Short-Term Rehabilitation and Memory Support — all on our beautiful campus.

Continuing Care Retirement Communities

Kirkland Village

Elizabeth M Jensen ejensen@psl.org
One Kirkland Village Circle, Bethlehem, PA 18017
610-691-4508 610-691-4525 (F) kirklandvillage.org

Kirkland Village provides a continuum of care that includes independent living, home care services, personal care, skilled nursing and specialized memory support programming. We offer Thrive Wellness, a new approach to senior living that promotes a philosophy of engagement, purposeful living, and meaning in everyday life. Thrive Wellness is resident-driven, explicitly focusing on six dimensions of wellness.

Housing and Residential Options

Luther Crest

Matthew Petrauskas petrauskasm@diakon.org
800 Hausman Rd., Allentown, PA 18104
610-391-8227 610-391-8220 (F) luthercrestseniorliving.org

Luther Crest is an inviting Life Plan Community filled with opportunities to lead an active, engaging lifestyle. We promote total wellness for our resident's body, mind and spirit. We are a continuing care retirement community offering Independent Living, Personal Care, Memory Care, Long Term Skilled Nursing and Short Term Rehabilitation.

Moravian Hall Square

Liz Brandl lizb@moravian.com
175 West North Street, Nazareth, PA 18064
610.746.1000 610-746-1023 (F) morningstarliving.org

Moravian Hall Square is a Life Plan Community in Nazareth PA. The community offers residents the full continuum of care— independent living in luxury maintenance-free apartments, personal care apartments and suites, specialized memory care and skilled nursing care. Moravian Hall Square also provides respite care and short-term rehabilitation following a hospitalization or surgery. Independent residents have several residency plans to choose from.

Continuing Care Retirement Communities

Riverton Enhanced Senior Living

Michael Simko msimko@rivertonseniorliving.com
803 N. Wahneta Street, Allentown, PA 18109
610-686-7313 610-782-8398 (F) rivertonseniorliving.com/

Riverton Enhanced Senior Living provides residential senior living and personal care services, as well as skilled nursing, memory support and an adult day program all under one roof. We encourage you to visit to find out why we truly believe that, you should LOVE where you LIVE.

Housing and Residential Options

Sterling Heights Gracious Retirement Living

Mandi Trollinger 546cs@hawthornret.com
3500 Fairview Street, Bethlehem, PA 18017
610-868-4600 610-868-4646 (F) seniorlivingstyle.com

We are a lovely community with a caring, dedicated staff. Our goal is to make our residents feel safer, happier, healthier and more social! Convenient location and Independent Living! No buy in fees. Month to month rental agreements. Meals, utilities, transportation, activities, weekly housekeeping, linen service all included. Emergency call systems and live in management teams. Scheduled visits or walk ins welcome. Virtual and in person tours available at your convenience.

Independent Living Communities

Lutheran Manor of the Lehigh Valley, Inc.

Brenda Pagan-Fontanez krlong@homewatchcaregivers.com
2085 Westgate Dr., Bethlehem, PA 18017
484-735-0074 610-866-9773 (F)
homewatchcaregivers.com/lehigh-valley

Lutheran Manor is a vibrant senior living community offering the perfect blend of outstanding amenities and convenient and affordable living.

Traditions of Hanover

Megan Sedlock msedlock@traditionsofhanover.com
5300 Northgate Drive, Bethlehem, PA 18017
610-882-0400 610-882-2264 (F) traditionsofhanover.com

Traditions of Hanover is a top-rated retirement community, offering a vibrant and carefree lifestyle for seniors! Well known for the caring culture and an affordable month to month lease with NO buy-in, allowing you to live the life you deserve. Amenities include full kitchens, housekeeping, meals, transportation, a dynamic calendar of activities and more! Discover why our residents tell their family & friends to move to Traditions of Hanover.

Housing and Residential Options

Memory Care Communities

Abington Manor Memory Care Village

Abington Manor at Morgan Hill Memory Care Village

Jessica Ringo jessicar@abingtonmanor.com

5 Cedar Park Boulevard, Easton, PA 18042

610-438-9400 610-438-9403 (F) abingtonmanor.com

Abington Manor Memory Care Village is located on Morgan Hill in Easton. Memory Care Village was created for persons with dementia. Our all-inclusive village includes engagement Montessori programming, lifestyle theme rooms and secure outdoor patios for dining, socialization and activities. On-site Physician services, specialized rehabilitation, palliative and hospice care is available by working with our network of preferred providers.

Arden Courts of Allentown

Laurie Brey allentown@arden-courts.com

5151 Hamilton Blvd., Allentown, PA 18106

610-366-9010 arden-courts.org/allentown

Arden Courts Allentown is a 56-bed memory care community serving residents and their families for 25 years. Our expertise staff and physicians welcome your loved one to our uniquely designed, safe, secure, and homelike community. At Arden Courts, you will learn more about your loved one's diagnosis, receive support with our continuum of care, and feel the peace of mind knowing your loved one is well cared for.

Memory Care Communities

Arden Courts of Old Orchard

Christian Gilligan christian.gilligan@hcr-manorcare.com

4098 Freemansburg Ave., Easton, PA 18045

484-373-5170 arden-courts.com/oldorchard

Arden Courts of Old Orchard is a free standing memory care community in the Easton area. Solely dedicated to memory care it truly is "All we do". With 1/3 mile of walking paths and expansive courtyards, we aim to promote independence in all of our residents. Our goal is to allow our residents to retain a sense of dignity and provide them with the respect they deserve.

Housing and Residential Options

South Mountain Memory Care

Megan DePalma mdepalma@southmountainmemorycare.com
201 S 7th Street, Emmaus, PA 18049
610-965-7662 610-965-7664 (F)
southmountainmemorycare.com

South Mountain provides your aging loved one the support and quality care they need, in our secured dementia community. Nestled in a quaint Emmaus neighborhood, SMMC's unique, small-house design is the perfect place to enjoy the comforts of home and the opportunity to participate in our robust Activity Program. Other features of South Mountain Memory Care include a secure courtyard, general store, large front porch, onsite therapy services and exquisite dining options. Our philosophy is to provide the peace of mind you deserve and embrace the life that remains.

Personal Care Communities

Abington Manor Senior Living at Morgan Hill

Jessica Ringo jessicar@abingtonmanor.com
215 Cedar Park Road, Easton, PA 18042
610-829-0100 610-829-0166 (F) abingtonmanor.com

Abington Manor at Morgan Hill Senior Living is located on Morgan Hill in Easton. We offer independent living and personal care services in our ultra-spacious studios as well as a wide range of services covering all Activities of Daily Living, medication management, health and wellness checks, on-site Physician services, rehabilitation therapies as well as social, spiritual and educational activities, chef prepared meals, housekeeping, and more.

Personal Care Communities

Above & Beyond at The Knights

Basima Hamati bhamati@abseniorliving.com
1545 Greenleaf St., Allentown, PA 18102
610-434-7433 610-434-8965 (F) abseniorliving.com

Above & Beyond at the Knights is located in a serene setting surrounded by green grass and baseball fields. Plus, only minutes away from major Lehigh Valley highways. The moment you walk through the door, you will feel the warmth and the love the Above & Beyond Family has to offer. As a family owned and operated community, we offer a choice of personal care or a secured dementia care unit depending upon the needs.

Housing and Residential Options

Atria Senior Living

Dorine D'Andria dorine.dandria@atriaseniorliving.com

1745 West Macada Road, Bethlehem, PA 18017

610-317-0700 610-317-0500 (F) atriabethlehem.com

Atria Bethlehem provides a lifestyle of choice, with industry leading quality standards and care options that can be customized to your needs as they change. The freedom to live as you choose in the area you know and love. A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.

Country Meadows of Bethlehem

Lien Snyder lsnyder@countrymeadows.com

4035 Green Pond Road, Bethlehem, PA 18020

610-865-5580 610-865-4630 (F) countrymeadows.com

Country Meadows of Forks

Lynn Somers lsomers@countrymeadows.com

175 Newlins Road West, Easton, PA 18040

484-544-3880 610-297-1469 (F) countrymeadows.com

DevonHouse

Laura Crossan lcrossan@devonhouseseniorliving.com

1930 Bevin Drive, Allentown, PA 18103

610-967-1100 888-913-2232 (F)

devonhouseseniorliving.com

DevonHouse, "The Heart of Hospitality" offers one floor living with a home-like environment, professional nursing on-site 24 hours, 7 days a wk, a variety of social, spiritual and educational activities with farm to table dining choices. No-leveling, customized care plans ensure the most fulfilling and enriched life. Locally owned and managed. Shared, private and couple accommodations.

Housing and Residential Options

Diakon Lutheran Social Ministries- The Lutheran Home at Topton

Jen Hallman hallmany@Diakon.org

1 South Home Ave., Topton, Pa 19562

610-682-1413 610-682-1217 (F) diakonseniorliving.org

The Lutheran Home at Topton is a Continuing Care Retirement Community. We offer a wide range of lifestyle options and solutions, including independent living, personal care, memory care, short-term rehabilitation and traditional skilled nursing.

In a beautiful rural setting with easy access to the attractions of the region's bigger cities, our residents enjoy a lifestyle that is truly worry-free. It's why they say, "This is the Way to Live!"

Genesis HealthCare - Lehigh Commons

Christopher Kielar christopher.kielar@genesishcc.com

1680 Spring Creek Rd., Macungie, PA 18062

610-530-8089 610-530-8091 (F)

genesishcc.com/lehighcommons

Lehigh Commons, located in the beautiful suburbs of Macungie, is proud of its long-standing reputation in the Lehigh Valley area. For 25 years, we have been providing high-quality personal care and memory care services in a comfortable and safe environment. Senior Living is the preferred lifestyle for seniors who value their independence but would benefit from additional support to maintain it. Our community is designed with senior needs and preferences in mind and committed to providing customized care to offer peace of mind and ease of living.

Heather Glen Senior Living

Kimberly Garrison kgarrison@hgseniorliving.com

415 Blue Barn Road, Allentown, PA 18104

610-841-4478 610-841-8880 (F) hgseniorliving.com

We offer personal and memory care living options. Our compassionate, professional staff cares for your loved one while providing the support they need. Spacious studio and one bedroom suites are available. Our community features a huge atrium and common areas with ample natural lighting that encourages healthy living. We are deeply rooted in the Lehigh Valley. Great Care Blooms at Heather Glen.

Housing and Residential Options

Legend of Allentown

Vanessa Sperber Hearn

vanessa.sperber@legendseniorliving.com

6043 Lower Macungie Rd., Macungie, PA 18062

610-426-0223 484-274-6595 (F) legendseniorliving.com

Offering both Personal Care and Memory Care residences, Legend of Allentown is dedicated to providing the highest levels of personal service and a warm, comfortable and actively social environment that will enrich your life. We celebrate your unique personality and lifestyle with services designed especially for your needs, so you'll thrive in an environment of friendship, family and robust support that values and respects your privacy, dignity and independence.

Personal Care Communities

Phoebe Richland

Mitch Huston mhuston@phoebe.org

108 S. Main St., Richlandtown, PA 18955

267-371-4620 267-371-4992 (F) phoebe.org

As your needs change, Phoebe Richland is designed to change with you. We offer personal care for older adults who wish to live independently but need help with daily activities, such as bathing or dressing. In addition, skilled nursing, short term, and outpatient rehabilitation are available on campus, as well as dedicated memory support and dementia care.

Rittenhouse Village at Lehigh Valley

Doug Cressman jswinsburg@rittenhousesl.com

1263 S. Cedar Crest Blvd., Allentown, PA 18103

610-433-9220 610-770-9838 (F)

rittenhousevillages.com/rittenhouse-village-at-lehigh-valley
Rittenhouse Village At Lehigh Valley offers residents lifestyle options of both Personal Care and Memory Care apartment homes. Residents enjoy the luxuries of a host of included amenities such as three gourmet meals a day, a full calendar of daily activities and events, concierge services, weekly housekeeping and transportation. Personalized care services such as showering or bathing assistance, grooming and dressing, continence management, health monitoring and wellness management are available.

Housing and Residential Options

Sacred Heart Senior Living by the Creek

Gayle Carls Smith gcarlssmith@shfamily.org
602 East 21st Street, Northampton, PA, 18067
610-262-4300 610-851-0107 (F)
sacredheartseniorliving.com

Celebrating over 20 years of Caring. Offering Independent Living, Personal Care and Memory Care options. We provide a worry free setting with a supportive environment, the perfect blending of personal freedom and security. A dedicated professional staff and personal assistance is readily available to all our residents. Spacious Studios, Suites & Apartments. Emergency Call System.

Personal Care Communities

Sacred Heart Senior Living by Saucon Creek

Wendy Franklin wfranklin@shfamily.org
4851 Saucon Creek Road, Center Valley, PA 18034
610-814-2700 610-625-2707 (F)
sacredheartseniorliving.com

Independent Living, Personal Care and Memory Care. At Sacred Heart Senior Living's Secure Memory Care Neighborhood you will find quality compassionate care for those with Alzheimer and Dementia related conditions. Our residents enjoy a sense of community in a small supportive neighborhood setting, all in a beautiful, serene and secure environment.

Atrium of Allentown

Jillian Berry jillian@atriumofallentown.com
5767 Cetronia Road, Allentown, PA 18106
484-221-8736 484-350-3461 (F) atriumofallentown.com

Atrium of Allentown, located in Upper Macungie Township, offers all-inclusive personal care and memory care. Our dedicated staff provide care, manage medications, coordinate dynamic programming and take the responsibility of meals, housekeeping and laundry off your hands. Our residents enjoy spacious, bright studio style suites with a kitchenette.

Housing and Residential Options

Personal Care Communities

The Palmerton, Inspirit Senior Living

Clearnce Weber cweber@inspiritseniorliving.com
71 Princeton Avenue, Palmerton, PA 18071
610-824-7406 610-824-3757 (F)
inspiritseniorliving.com/thepalmerton

The Palmerton is an Inspirit Senior Living Community that provides customized Personal Care, Memory Care & Respite Services to residents of Carbon County and beyond. The Palmerton fosters our residents' sense of Independence in a loving, safe and home-like environment. We believe in meeting people where they are: in recognizing their unique circumstances and responding accordingly. Our team looks forward to assisting you!

The Willow

Caitlyn Potteiger cpotteiger@inspiritseniorliving.com
6488 Alburtis Rd., Macungie, PA 18062
610-421-8100 610-421-8003 (F)
inspiritseniorliving.com/thewillow

The Willow is a small close knit personal care community with 67 units which offers a wide variety of amenities, activities and services to fit the needs of each individual. We believe in engaging the whole person: body, mind and spirit.

Senior Apartments

Devonshire Park Apartments

Gina Fafard devonshirepark1@aol.com
1641 33rd Street Southwest, Allentown, PA 18103
610-797-1333 610-797-2661 (F) devonshireparkapts.com

Devonshire Park Apartments is independent apartment community located on 31 acres in Southwest Allentown. Devonshire is close to major highways, medical facilities and shopping. They offer many activities for residents to enjoy such as bingo, yoga, cards, outings and special entertainment. It also houses a beautiful outdoor pool, indoor pool and fitness center. Devonshire is pet friendly with a limit of one pet and breed restriction.

Housing and Residential Options

Government / Community Services

Catholic Charities

Katie Reif kreif@allentowndiocese.org
900 S. Woodward St., Allentown, PA 18103
610-435-1541 x310 allentowndiocese.org

Catholic Charities is a non-profit organization which provides comprehensive social services to older adults and houses the Gatekeeper Program - a community education program whose goal is to identify at-risk seniors and connect them to appropriate services. Catholic Charities also provides specialized case management, individual and family counseling, immigration, veterans and community support services.

Government / Community Services

Lehigh County Office of Veterans Affairs

Thomas Applebach veteransaffairs@lehighcounty.org
17 S. 7th Street, Allentown, PA 18101
610-782-3848 610-820-2026 (F) lehighcounty.org

Directly assists veterans, their families and survivors to obtain the federal, state and county benefits for which they are eligible. We counsel and assist in preparing and submitting claims and applications for benefits and act as their representative to the U.S. Department of Veteran Affairs, the Commonwealth of Pennsylvania and Lehigh County.

Government / Community Services

Senior CHAT (ShareCare)

Casey Merrick sharecare8@aol.com
321 Wyandotte St. Bethlehem, PA 18015
610-867-2177 610-889-0959 (F) rsvpofnc.org/seniorchat

Senior CHAT is a safe and secure no-cost program that matches screened Volunteer Callers with older adult who live in Lehigh, Northampton and Carbon Counties. Matches connect for friendly phone conversations once each week.

Housing and Residential Options

ShareCare Faith in Action

Lynn Heiney sharecare8@aol.com
321 Wyandotte Street, Bethlehem, PA 18015
610-867-2177 sharecarefaithinaction.org

ShareCare Faith in Action provides free volunteer services to elderly or disabled persons in order to enhance quality of life. Volunteers provide transportation, grocery shopping, and visitation including Caregiver Canines (certified therapy dogs visit people who are homebound).

Government / Community Services

Whitehall Active Community Center Inc

Chris Mack whitehallactivecommunitycenter@gmail.com
2301 Pine Street Whitehall, PA 18052
610-443-0675

We are a non-profit organization providing Hot/Cold daily lunches. Seniors can experience both passive and active recreation through various programs, including Chair Yoga, Tai Chi, Stretch and Strength, Bodies Bands and Bells, and Flex Circuit. Other programs offered are monthly craft, computer and movie days. Every Thursday is 15 games of cash Bingo. The forth Sunday of month is jackpot Bingo.

LVAIP's Community Impact

Community Events: Each year thousands of seniors and caregivers attend LVAIP's Senior and Caregiver Expo. In October of each year, hundreds of seniors attend LVAIP's free annual dance.

Education: LVAIP hosts and attends dozens of annual community health fairs, corporate employee resource fairs and participates in education events online and in-person.

Grants: Each year LVAIP invests thousands of dollars to nonprofits that evidence excellence in senior programming and services.

Professional Events: Each month, LVAIP hosts a professional mixer for professionals to meet and cultivate relationships to foster collaboration and improve senior care.

Resources: Thousands of the LVAIP Resource Guides are distributed in printed form to over a thousand locations around the Lehigh Valley with many more accessed and shared digitally.

Scholarships: Each year LVAIP invests thousands of dollars to worthy students who are pursuing majors in careers that will enrich the lives of seniors.

Volunteers: Each year dozens of LVAIP volunteers donate hundreds of hours to serve Lehigh Valley seniors.

To learn more about any of the above initiatives, please visit LVagingInPlace.org or contact us.



June 2, 2022??????????

**Agri-Plex at the Allentown Fair Grounds
302 North 17th St, Allentown, PA 18104
877-334-8942**

**Please check the website for the most up-to-date
information regarding the event.**



Lehigh Valley Aging in Place
PO Box 3103
Allentown, PA 18106

info@lehighvalleyaginginplace.org

1-877-334-8942

**We understand and respect the unique needs
of independent seniors and their lifestyles.**