



# Resource Guide 2024



**Programs and Services for Older Adults**  
[lvaginginplace.org](http://lvaginginplace.org)

# **LEHIGH VALLEY AGING IN PLACE**

Lehigh Valley Aging in Place was formed with the purpose of establishing a network of professionals who share the common vision of helping seniors age in place and stay safe, secure and independent, throughout their lifetime.

## **Our Mission Statement**

Lehigh Valley Aging in Place is a coalition of professionals from private, public, non-profit & business sectors committed to helping families help seniors.

## **Vision Statement**

We seek to help families help seniors by providing an annual comprehensive resource guide, educating the public on aging issues, and supporting business to business networking.

## **How to use this Resource Guide:**

1. Review your current situation and evaluate your needs. Consider your lifestyle as well as your present and future needs.
2. Understand what services are available. Refer to the index on page 3 and become familiar with the types of care and services provided in this guide. This index is categorized throughout the guide for easy reference.
3. Talk with a professional. Understanding the programs and services can be confusing, and there is no need to walk the road alone. Each organization in this guide is committed to helping seniors. A contact is listed with each organization to address your basic questions. It is wise to speak to multiple members so you can best understand all your options.

## **Contact**

1-877-334-8942  
info@lehighvalleyaginginplace.org  
LVAgingInPlace.org  
PO Box 3103, Allentown, PA 18106

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## Alphabetized Listing of Organizations

Refer to page 51

### DISCLAIMER

*The inclusion of membership listing in this Resource Guide should not imply any guarantee or warranty of services by Lehigh Valley Aging in Place (LVAIP) for services provided by listed member; LVAIP shall be held harmless and is not responsible for any actions taken by listed members. We encourage consumers to interview and ask for client referrals and/or personal references before commencing services.*

# Care Services

## Adult Day Care Services

### Lehigh Valley Adult Services

Deborah Harris      [deborahh@lehighvalleyadultservices.com](mailto:deborahh@lehighvalleyadultservices.com)  
41 Community Dr., Easton, PA 18045  
610-438-5827      610-438-3620 (F)  
[lehighvalleyadultservices.com](http://lehighvalleyadultservices.com)

*LVAS Adult Day Center (The Center) helps aging adults remain in the community as long as possible and provide support and respite to their caregivers. The Center provides a variety of therapeutic and recreational activities designed to help individuals to enhance their skills and abilities, and to help them maintain independence and quality of life. Activities include therapeutic exercise, games, arts and crafts, music, peer interactions, and special entertainment. Our staff assist individuals with personal care and routine health monitoring.*

### SarahCare of the Lehigh Valley

Evet Hexamer      [lehighcr@sarahcare.com](mailto:lehighcr@sarahcare.com)  
7010 Snowdrift Road, Suite 100, Allentown, PA 18106  
610-391-1576      484-223-3132 (F) [sarahcare.com](http://sarahcare.com)

*Sarah Care Adult Day Center offers seniors a home away from home for their caregiving needs. It bridges the gap between independence at home and the need for assisted living or nursing home care. Located in Allentown, our professionally staffed day center connects seniors to a community of their peers in a safe and loving environment; an environment that feels like home. Friendships develop, needs are met, and seniors are able to stay in their own homes longer. Activities that are appropriate to their age, ability and interest are of paramount importance. Assistance with personal care needs, medication management, nutritious meals and socialization are just a few of the services we provide.*

### YWCA Bethlehem Adult Day Services Center

Yvonne Toth      [adsc@ywcabethlehem.org](mailto:adsc@ywcabethlehem.org)  
3893 Adler Place, Bldg. B, Suite 180, Bethlehem, PA 18017  
610-867-4669 ext. 100      [ywcabethlehem.org](http://ywcabethlehem.org)

*Serving the Lehigh Valley since 1984. Northampton County's pioneer senior day program. Licensed care, Mon-Fri, 7:30am-5:00pm. Compassionate staff, onsite RN. Near Routes 22 and 512. Sunny activity area, healthy meals, socializing, exercise, music, crafts, games, pet therapy, LGBT-friendly. Accept various payment programs: Community Health Choices (Aging, Independence), Consolidated Waiver, Veteran's Community Cares, County OPTIONS, and private pay.*

## All Inclusive Care

### **SeniorLIFE Lehigh Valley**

Robert Sauers      [rsauers@seniorlifelehighvalley.com](mailto:rsauers@seniorlifelehighvalley.com)  
3365 High Point Blvd., Bethlehem, PA 18017  
610-954-5433      610-691-1075 (F) [seniorlifelehighvalley.com](http://seniorlifelehighvalley.com)

*Senior LIFE is an alternative to nursing homes, designed to help seniors live their best lives at home. Through Senior LIFE services, members can access the health care and support they need, and still have the independence they want. Each member of the Senior LIFE Program receives an individualized care plan that covers all medically necessary services.*

## Continuing Care at Home

### **Nest In Place**

Karen Paules      [nestinplace@gmail.com](mailto:nestinplace@gmail.com)  
7931 Spring Creek Rd., Alburtis, PA 18011  
610-968-1687      610-968-1687 (F) [nestinplace.org](http://nestinplace.org)

*At Nest In Place, we take a solution-based approach to care. Our programs are designed by experienced professionals to meet the personalized in-home care needs of our clients AND the families who support their wish to age in place. Our reliable team goes the extra mile to ensure we are providing the highest quality of care for those we serve. Call us for more information and a FREE consultation with recommendations from trusted professionals.*

### **Pathstones by Phoebe**

Lisa Hoffman      [lhoffman@phoebe.org](mailto:lhoffman@phoebe.org)  
4847 Hamilton Blvd., Allentown, PA 18106  
610-794-6700      610-391-1482 (F) [pathstonesbyphoebe.org](http://pathstonesbyphoebe.org)

*Pathstones is a membership-based program for independent adults 55+. The program combines the most important features of long term care and advocacy into one custom plan. As your needs evolve our team coordinates services empowering you to continue to live in your home. This life care program offers preservation of assets, a personalized health/wellness plan, & guaranteed care when you need it.*

# Care Services

## Hospice

### **Advantage Home Health & Hospice**

Nic Brown                      nbrown@feeltheadvantage.com  
188 Main St., Suite 2, Emmaus, PA 18049  
888-264-3501      866-945-1346 (F) feeltheadvantage.com

*Advantage Home Health & Hospice offers trusted and proven homecare services from highly qualified professionals that care about patients' physical and emotional well-being. Hospice, by definition, is not a place. It is a plan of care put in place by your doctor and the hospice team, with comfort being the primary focus. It ensures the highest level of physical, spiritual, and emotional care. We provide support, education, and clinical care that is focused not only on the patient but also on their family and primary caregiver. Our interdisciplinary team provides the best quality of life to our patients and their loved ones.*

### **Affinity Care Hospice**

Gabe Robinson              grobinson@affinitypennsylvania.com  
95 Highland Ave., Suite 140, Bethlehem, PA 18017  
267-550-0377      215-944-7082 (F)  
affinitypennsylvania.com

*The Affinity Care Hospice was founded upon the concept of providing the best care by the best staff. We do not take your care lightly, and promise to keep you and your family informed and comfortable. With an interdisciplinary approach each patient will truly have customized care plans to meet our patient and family needs. Affinity Care Hospice serves Lehigh, Northampton, Carbon and Monroe Counties.*

### **Amedisys Hospice of Lehigh Valley**

Brian Cannone              brian.cannone@amedisys.com  
3897 Adler Place, Building C, Ste. 180, Bethlehem, PA 18017  
610-770-6500      877-204-4005 (F) amedisys.com

*Compassionate Care Hospice joined the Amedisys family in 2019 and changed our name to Amedisys Hospice of Lehigh Valley in 2023. Our mission remains the same, affirming life during its final stages by providing holistic, compassionate care to patients and their families. We provide resources and education throughout Lehigh, Northampton, Carbon and Schuylkill Counties. Learn more at amedisys.com*

## Hospice

### **AseraCare Hospice**

James Galle                      james.galle@amedisys.com  
7660 Imperial Way, Allentown, PA 18106  
610-336-0711                  610-336-0719 (F) amedisys.com

*Aseracare Hospice understands the challenges that patients and their families face when coping with serious chronic or life-limiting illnesses. We help families and patients understand the many emotions they will experience during this difficult time. We provide medical, emotional and spiritual support to individuals and their families.*

### **Bayada Hospice**

Melanie Miller                      mmiller23@bayada.com  
1611 Pond Road Allentown, Pa 18104  
484-513-0627                  610-367-1652 (F)                  bayada.com

*Bayada Hospice specializes in End-of-Life care for comfort, pain management and emotional support. We provide RN case managers specific to each individual client, HHA/CNA care, spiritual support/ psychosocial and social services. We are able to service clients wherever they live to meet there needs. We have high standards of care with 2 Clinical Managers available for clinical support to ensure quality care.*

### **Compassus**

Jennifer Deppen                      jennifer.deppen@compassus.com  
7535 Windsor Dr., Suite 100B, Allentown, PA 18106  
610-336-8000                  610-336-8001 (F) compassus.com/allentown

*With roots back to 1979, Compassus is a national leader in hospice and palliative care. Hospice and palliative care both offer relief from the pain and symptoms of a serious illness, while also addressing the mental, social and spiritual needs of a patient. In fact, hospice is a type of palliative care for people during the final stages of life.*



# Care Services

## Hospice

### Lehigh Valley Hospice

2024 Lehigh St., Suite 100, Allentown, PA 18103  
610-402-7800 lvhn.org

*There's no place like home when you're recovering from an illness or injury. Yet sometimes, once you leave the hospital you still require medical attention. That's when home care is available through a doctor's referral. We also provide a full range of hospice services. Lehigh Valley Hospice was the first hospice in the Lehigh Valley area dating back to the 1980's and we are part of the largest network in the service territory. We can help with symptom management, nursing care, nutritional support, personal care service, bereavement support and more.*

### Promedica / Heartland Hospice

Ruth Flores ruth.flores@promedica.org  
951 Marcon Blvd., Suite 3, Allentown, PA 18109  
866-380-5874 promedica.org

*We believe wholeheartedly in the power of the individual, the importance of relationships and the value of respect and dignity to everyone at every stage of life. Our goal is to create a positive difference every day, to make a personal connection and to create memorable moments that will enrich your life.*

### Serenity Hospice

Jennifer Cacciatore jcacciatore@serenityhospicepa.com  
6081 Hamilton Blvd., Suite 600, Allentown, PA 18106  
610-281-4800 267-410-2374 (C) serenityhospicepa.com

*Serenity Hospice provides Hospice Services to all of the Lehigh Valley, and Upper Bucks County.*

## Medical Home Health Care

### Allegiance Nursing Direct, LLC

Karen Lucci Grayson, BSN, RN kgrayson@allegiancenursing.com  
5642 Cetronia Road, Allentown, PA 18106  
610-360-8707 allegiancenursing.com

*Our mission at Allegiance Nursing Direct is to provide guidance and support to enhance the lives of individuals as they age. After a thorough assessment, our Homecare Strategists will work with the individual and/or family to develop and implement a plan that meets their goals.*



## Medical Home Health Care

### **BAYADA Home Health Care**

Bobbie Rutledge      brutledge@bayada.com  
1611 Pond Rd., Allentown, PA 18104  
610-317-2118      610-691-1256 (F) bayada.com

*BAYADA Home Health Care has identified that there are unique challenges within assisted living and independent living communities. We have seen a higher acuity in need and fluctuating census. We have the answer: Senior Living Solutions. Our Senior Living team provides home health, wellness programming, quantifiable results, progressive solutions, lead generation and flexibility to meet your needs.*

### **Easton Home Health Services**

Jose Gonzalez      jose.gonzalez@lhcgroupp.com  
3893 Adler Place, Bethlehem, PA 18017  
610-438-1656      lhcgroupp.com/locations/easton-home-health

*Easton Home Health has provided quality and compassionate care in the community since 1916. We provide skilled nursing; physical, occupational and speech therapy. We know our patients and tailor their healthcare for the best outcome possible. Our service area includes Northampton and Lehigh Counties, and parts of Monroe, Bucks and Carbon. We are nationally recognized for patient satisfaction and quality outcomes.*

### **LifeSpring In Home Care of Eastern PA**

Andrew Kay      andy.kay@lifespringhomecare.com  
1541 Alta Drive, Suite 102, Whitehall, PA 18052  
484-353-1210      484-320-5650 (F)  
lifespringhomecarepa.com

*We provide Skilled Nursing (including behavioral health), Therapy and Social Worker services that allow homebound patients to recover in their place of residence. We give patients and families the confidence and peace knowing their homebound loved ones are comfortable at home and receiving professional, compassionate, and personalized care. Skilled Home Health Care benefits are covered under Medicare at 100%.*

# Care Services

## Medical Home Health Care

### Maxim Healthcare

Robert Nisbet                      allentown2@maxhealth.com  
1550 Pond Rd. Suite 160, Allentown, PA 18104  
610-740-3800                      855-493-3853 (F)

[maximhealthcare.com/maxim-healthcare-locations/allentown-pa](http://maximhealthcare.com/maxim-healthcare-locations/allentown-pa)

*For more than 30 years, we've been making a difference in patients' lives by providing excellent service and compassionate care. We offer skilled nursing, personal care, companion care, respite care and behavioral care for individuals with chronic and acute illnesses and disabilities.*

### St Luke's Home Health and Hospice

Helen Post                              helen.post@sluhn.org  
240 Union Station Plaza, Bethlehem, PA 18015  
484-526-2514                      sluhn.org

*St Luke's, a non-profit organization provides compassionate high quality Home Health Care in our community since 1919. We provide Nursing, Physical, Occupational, Speech Therapy and Home Health Aides. Our skilled care in the home allows you to recover where you feel most comfortable. Since 1986, St Luke's Hospice has been supporting patients and families on their end of life journey. We service 8 counties in the Lehigh Valley.*

## Music Therapy and Art Therapy

### Therapeutic Arts Group

Kathy Purcell, MT-BC                      info@therapeuticartsgroup.com  
3437 MacArthur Road, Whitehall, PA 18052  
610-740-9890                      therapeuticartsgroup.com

*With 28 board certified music therapists and 4 art therapists, Therapeutic Arts Group is the premier provider of music therapy and art therapy to individuals and groups in the Mid-Atlantic Region. In home, on site or in their studio, adapted as well as traditional music & art lessons and interactive music programs for birthday parties, family reunions and special events of all kinds are also available.*

## Non-Medical Home Care

### **AdoptVets**

Sue Ellen Engelman      adoptvets@gmail.com  
855-382-8387      855-382-1616 (F) adoptvets.org

*We help veterans and surviving spouses in several ways. We navigate the VA Aid and Attendance benefit for our clients and then recommend home care. We only accept donations for this application, other than grants and fundraising.*

### **Always Best Care of Greater Bethlehem**

Kenneth Good      care@abc-bethlehem.com  
306 S. New Street, Bethlehem, PA 18015  
484-896-8867      267-352-6324 (F) abc-bethlehem.com

*Always Best Care Senior Services combines national strength and standards with local accessibility and personal service. Providing senior living solutions including in-home care and related services throughout the Lehigh Valley, Always Best Care has been helping families in the area since 2012 and nationally since 1996. Our entire team will work with you to ensure that exceptional service and care is provided to all family members."*

### **Amada Senior Care**

Kara Klusaritz      info.lehighvalley@amadaseniorcare.com  
1605 N. Cedar Crest Blvd., Suite 508, Allentown, PA 18104  
484-268-1778      amadalehighvalley.com

*Amada Senior Care provides in-home caregivers that assist with activities of daily living such as: Bathing, Dressing, Meal Preparation, Transportation, Light Housekeeping, Appointments, Companionship, Medication Reminders and Exercise Assistance. Amada Senior Care specializes in helping seniors with long-term care insurance by getting claims approved and direct billing the insurance agency.*

### **BrightStar Care of Stroudsburg/Allentown**

Dale Wilson, SR      dale.wilson@brightstarcare.com  
1401 North Cedar Crest Blvd., Suite 104, Allentown, PA 18104  
570-223-2248      570-980-2278 (F)  
brightstarcare.com/locations/stroudsburg-allentown

*Our Professional Care Team, led by a Registered Nurse Director of Nursing, provides expert, compassionate, and personal in-home care. We provide Personal Care and Skilled Care Services. Our mission is to go above and beyond to deliver a higher standard of home care and nothing less. Independently owned and operated.*

# Care Services

## Non-Medical Home Care

### **Everyday Home Care, LLC**

Ever Cumberbatch      ever@everydayhomecarellc.com  
3910 Adler Pl., Bethlehem, PA 18017  
610-956-9996      everydayhomecareLLC.com

*We are a local non-skilled home care agency providing The Lehigh Valley and surrounding areas with services such as; 24/7 Live-in care, hourly care, facility/agency staffing, companionship, light housekeeping, meal prep, toileting, bathing/hygiene and more.*

### **Family Caregivers Network**

Geraldine Fioriglio      gfioriglio@family-caregivers.com  
901 Main Street, 1st Floor, Pennsburg, PA 18073  
610-390-7531      family-caregivers.com

*Family Caregivers Network understands that providing care is more than a caregiver. When you sign up for care with us, we provide you with our in-home care package that ensure the safe living of your loved one and your family. Our specialty services include our Parkinson's disease program, our Memory Matters Alzheimer's in-home activities program, and our Home Safety program with emergency alert buttons. Additionally, our monthly Caregiver Support Group provides you with the support, resources, and education for a positive care experience.*

### **Griswold Home Care**

Amy Pacheco      lvncoffice@griswoldhomecare.com  
190 Brodhead Rd., Suite 300, Bethlehem, PA 18017  
610-821-0821      griswoldhomecare.com/lehigh-valley/

*At Griswold Home Care, we offer a wide variety of services to accommodate the unique needs of our clients. For over 40 years, we have been assisting the elderly, adults with disabilities, and those recovering from injuries and illnesses remain comfortable at home by providing them the helping hand they need. Some of our clients are simply looking for companionship while others require more involved personal care services, live-in or overnight services. Our office staff will sit down with you to discuss your family's needs and then we will personalize a care plan that accommodates them all.*

## Non-Medical Home Care

### **Home Helpers Lehigh Valley**

Maggie Dominici      mdominici@lehighvalleyhomehelpers.com  
65 E. Elizabeth Avenue, Bethlehem, PA 18018  
610-838-7494      lehighvalleyhomehelpers.com

*Home Helpers has been providing care to Seniors in the Lehigh Valley for 15 years. We strive to provide exceptional services that will exceed your expectations. Our team will enhance your independence by providing guidance, education, reassurance and compassion. We offer a complimentary home consult and assessment. Individualized care plans, caregivers are managed by a Nurse/RN and a Social Worker.*

### **Home Helpers of Northern Lehigh Valley**

Krista Rissmiller      kristar@homehelpershomecare.com  
4525 Spring Hill Drive, Suite 3, Schnecksville, PA 18078  
610-596-7055      homehelpershomecare.com/walnutport

*Home Helpers is the extended family when the family can't be there. After a complete background check, our qualified and compassionate aides are matched to your Loved One's needs. We provide TRUSTED & RESPECTED support to help people maintain their independence wherever they call home. Ask about our Personal Emergency Response System, which provides 24/7 protection and will save you money.*

### **Home Instead - Northampton County**

Matthew Soria      matt.soria@homeinstead.com  
2508 Schoenersville Rd., Bethlehem, PA 18017  
610-868-7333      homeinstead.com/730

*Home Instead provides trustworthy, kindhearted, home care services in your loved one's home. All CAREGivers are thoroughly screened, extensively trained, professional, and reliable. At Home Instead, it's about providing the highest-quality home care services to fit you and your family's needs. In-home care can help people at any point within the aging process. We'll work with you to develop a personalized care plan for your loved one.*

# Care Services

## Non-Medical Home Care

### Homewatch CareGivers of Lehigh Valley

Karen Long      krlong@homewatchcaregivers.com  
35 E. Elizabeth Avenue, Suite 401, Bethlehem, PA 18018  
484-746-4924      homewatchcaregivers.com/lehigh-valley

*When the time comes that extra care is required, whether due to age or health condition, many people prefer the familiarity and comfort of their own home. At Homewatch CareGivers®, we believe that good care should not interfere with your quality of life, so we do everything we can to keep you or your loved one comfortable.*

### JEVS Care at Home

Heather Fotopoulos      heather.fotopoulos@jevsathome.org  
9350 Ashton Rd., Suite 102, Philadelphia, PA 19114  
610-750-9732      267-298-1635 (F) jevsathome.org

*We provide non-medical home care, respite, companionship and community integration support services to disabled and aging clients, ages 18+, residing in Philadelphia and surrounding counties including Lehigh and Northampton Counties. The people we serve are part of a Home and Community-Based Services Medicaid Waiver Program. The waiver programs are available throughout PA and provide long-term care services to qualified individuals who wish to remain in home and/or community rather than an institution. JEVS Care at Home also provides services to individuals through LTC Insurance, private pay, and other funding arrangements.*

### Millbrook HomeCare

Terry L. Weber      terry@millbrookhomecare.com  
1422 Main Street, Hellertown, PA 18055  
610-838-1700      millbrookhomecare.com

*Commitment is the backbone of any business: it's the act of having a true passion for what you do. The staff and caregivers of Millbrook HomeCare are dedicated to excellence and share this enthusiasm. We provide patient centered, high quality and personalized home care. Whether you need 2 or 24 hrs, a lot of care, or just companionship; our caregivers are carefully chosen and matched to help.*

## Non-Medical Home Care

### **Right at Home - Lehigh County**

Ben Aydin                      support@rightathomelv.com  
1541 Alta Drive, Suite 304, Whitehall, PA 18052  
484-350-3075              484-351-0530 (F)  
rightathome.net/lehigh-berks

*We provide personal care and homemaker services to help seniors and adults with disabilities remain safe in the home. We also provide transportation. Personal care services include dressing, bathing, skin care, ambulatory support, toileting, continence care and transfers.*

### **Seniors Helping Seniors**

Lynn/Stephen Dempsey      seniorshelpingseniors@lehighcare.com  
801 Lehigh Street, Easton, PA 18042  
610-253-3232              610-253-3332 (F)  
seniorcarelehighvalley.com

*We provide private duty in-home care. We match trained, loving, and compassionate seniors who want to help seniors maintain an independent, safe lifestyle in their home. Services include: personal care, med reminders, high level care, companionship, meal prep, light housekeeping, overnights and 24/7 care. Assessments by a licensed nurse. "Our Senior Caregivers Know A Little Bit More About Life"*

### **Visiting Angels of Lehigh Valley**

Rosemary James, RN              lehighvalleypa@visitingangels.com  
4801 Saucon Creek Rd., Center Valley, PA 18034  
610-628-2655              610-991-2468 (F)  
visitingangels.com/allentown

*Visiting Angels is one of the Lehigh Valley's leading providers of essential home care services. Our services enable our seniors to live safely and independently in the comfort of their own home. Our caregivers are thoroughly screened, trained and experienced in all levels of care, and we work to provide the best caregiver to client match. We provide flexible hourly care up to 24/7 care. Please call for a free, no obligation consultation.*



# Care Services

## Nutrition

### **Meals on Wheels of the Greater Lehigh Valley**

Monica McCandless      monicam@mowglv.org  
1302 North Sherman Street, Allentown, PA 18109  
610-691-1030      mowglv.org

*We deliver meals Monday - Friday, with the help of volunteers who care about our clients. In addition to our home delivered meals, we offer a variety of added services such as grocery shopping, food pantry deliveries, pet food for their furry companions and emergency food boxes.*

## Pharmacies

### **Rittersville Pharmacy**

Ashita Dhaduk, RPh Pharm. D      rittersvillrx@gmail.com  
1316 Hanover Ave., Allentown, PA 18109  
484-201-2390      484-201-2391 (F)      rittersvillrx.com

*Rittersville Pharmacy is a locally owned and operated pharmacy with a combination of a retail and long term care aspects in place. Our goal is to provide personalized pharmacy services to all the members of our community by providing services like unit or multi dose packages/bubble packs, compounding, vaccinations, free multivitamins and free delivery services.*

## Physician Services

### **Avicenna Direct Care**

Sohaib Mannan, MD      info@avicennadirectcare.com  
5148 Hamilton Blvd., Allentown, PA 18106  
610-904-8100      610-638-0753 (F) avicennadirectcare.com

*At Avicenna Direct Care we prioritize the unique healthcare needs of seniors, offering tailored solutions for optimal well-being. Our insurance-based and membership-based plans provide exclusive access to comprehensive services, including regular check-ups, preventive care, and personalized treatment plans.*

## Rehabilitation

### **Cedar Crest Post Acute**

Nasma Shahdan                      nshahda@cedarcrestpostacute.com  
1265 South Cedar Crest Blvd., Allentown, PA 18103  
610-776-7522      610-776-0616      cedarcrestpostacute.com

*Cedar Crest Post Acute is located on Cedar Crest Boulevard in the West End of Allentown. We offer comprehensive specialized care including orthopedic rehab and a full time onsite respiratory therapy as well as physical, occupational, and speech therapy with customized care planning to meet your needs. Proudly a 5 Star CMS Rated 24/7 post acute center.*

### **CIP Rehabilitation Inc**

Anthony Cipoletti                      ciprehab@ciprehab.com  
64 Ridgway Dr. Suite 1, Dallas, PA 18612  
570-255-4578      570-255-4575      ciprehab.com

*CIP Rehabilitation is a Outpatient Therapy company that provides Physical, Occupational and Speech therapy in conjunction with many other services. All services are billed through patients insurance such as Medicare Part B. CIP Rehab is in network with most HMO plans as well. We specialize in helping assisted living facilities prevent falls and hospitalizations allowing those residents to age in place while maintaining a high quality of life.*

### **Complete Care at Lehigh LLC**

Monica Trilli                      mtrilli@ccelehigh.com  
1718 Spring Creek Road, Macungie, PA 18062  
610-336-1953                      ccelehigh.com

*Complete Care at Lehigh is a CMS, 5 Star Rated Skilled Nursing and Rehabilitation facility located in the beautiful suburbs of Macungie, within minutes of Lehigh Valley Health Network and St. Luke's University Hospitals. We specialize in both Short Term Rehabilitation and Long Term Care. We are also very proud to be a Veterans Contracted Facility, servicing and honoring our Veterans every day. Contact us today for additional information.*

# Care Services

## Rehabilitation

### **Fellowship Community - Rehabilitation**

Chelsea Lowery      clowery@fellowshipcommunity.com  
3000 Fellowship Dr., Whitehall, PA 18052  
610-769-8111      fellowshipcommunity.com

*Fellowship Community has been named as a U. S. News & World Report's Best Short-Stay Rehabilitation. Our staff is highly skilled in physical, occupational and speech therapies that ensure that you reach the highest level of function in the shortest possible time. Personalized support and a high staff-to-resident ratio provide you with outcome-oriented interventions to ensure you reach your best possible level of functioning and optimal quality of life.*

### **FOX Rehabilitation**

Sherri Bell Ogada      sherri.bell@foxrehab.org  
1251 S. Cedar Crest Blvd., Allentown, PA 18103  
484-387-9591      foxrehab.org

*FOX Rehabilitation is a private practice of full time physical, occupational and speech therapists. FOX was built on the novel foundation of Geriatric House Calls. Patients are evaluated and treated one-on-one in their homes to address functional limitations and safety at home and in the community. Patients do not have to be home bound or have a skilled nursing need and FOX's evidence-based clinical services are covered under Medicare Part B.*

### **Gracedale Nursing Home**

Kay Lee      klee@norcopa.gov  
2 Gracedale Avenue, Nazareth, PA 18064  
610-829-3636      gracedale.org

*Gracedale Nursing Home, located in a beautiful rural setting outside Nazareth, Pennsylvania, has been providing the highest quality long term and short term care, along with rehabilitative and restorative services, to residents of the Lehigh Valley and beyond since the 1960s. Our dedicated staff is committed to each resident's plan of care, which addresses medical, psycho-social, emotional, needs.*

## Rehabilitation

### **Lehigh Valley Health Network, Transitional Skilled Unit**

Michelle Haughney   michelle.haughney@lvhn.org  
1627 West Chew St., Allentown, PA 18102  
610-969-4227

[lvhn.org/medical-services/transitional-skilled-unit-tsu](http://lvhn.org/medical-services/transitional-skilled-unit-tsu)

*TSU is a 52-bed skilled nursing and rehab facility at Lehigh Valley Hospital 17th street. We specialize in providing rehab after a hospitalization and transitioning patients back home.*

### **New Eastwood Healthcare and Rehabilitation Center**

Tina Considine   [tconsidine@neweastwoodrehab.com](mailto:tconsidine@neweastwoodrehab.com)  
2125 Fairview Ave., Easton, PA 18042  
610-258-2801   610-258-2167 (F)   [neweastwoodrehab.com](http://neweastwoodrehab.com)

*We are a 5 Star CMS rated facility located in the heart of Easton and offer comprehensive specialized post-acute care. Our Cardiac and Pulmonary specialty programs are physician led by St. Luke's University Health Network providers and our cardiac program is American Heart Association Certified. We offer a full-time respiratory therapist and care navigation to help provide the best outcome to our patients.*

### **Northampton Post Acute**

Millette Berger   [mberger@northamptonpostacute.com](mailto:mberger@northamptonpostacute.com)  
4100 Freemansburg Ave., Easton, PA 18045  
610-330-9030   610-330-2309 (F)  
[northamptonpostacute.com](http://northamptonpostacute.com)

*Located on Freemansburg Avenue, Northampton Post Acute provides individualized care with a dedicated rehabilitation unit. Our St. Luke's University Health Network Medical team are provided through SLUHN Senior Care Associates. Our clinic and therapy teams, including our full-time respiratory therapist, are experienced in providing specialized care that focuses on your needs to meet your goals!*

# Care Services

## Rehabilitation

### **Valley Manor Rehab & Care Center**

Tracy Bacioco      [tbaciocco@valleymanor-health.com](mailto:tbaciocco@valleymanor-health.com)  
7650 Route, Coopersburg, PA 18036  
610-282-1919      610-268-6474 (F)

*Valley Manor is a skilled nursing and rehab facility that can provide long-term care, short-term rehabilitation with PT/OT/ST services as well as respite stays. We specialize in tracheostomy care, in-house hemodialysis, tube feeding management as well as wound care. The longevity of our staff shows the dedication we have towards our residents who are given personalized care plans to help meet their daily needs.*

## Wound Care

### **Lehigh Valley Wound Specialists**

Thomas Shaughnessy      [AllPatchedUp@LVWoundSpecialists.com](mailto:AllPatchedUp@LVWoundSpecialists.com)  
1275 S. Cedar Crest Blvd., Ste 2B, Allentown, PA 18103  
484-274-6883      484-350-3256 (F)      [lvwoundspecialists.com](http://lvwoundspecialists.com)

*Lehigh Valley Wound Specialists is an outpatient wound care clinic that offers expertise and an array of biophysical agents to assist in tissue regeneration and wound healing in a comfortable and rapid fashion. Staffed only by Certified Wound Specialists (CWS) through the American Board of Wound Management, LVWS is known to provide a high level of care to patients with any type of wound, including chronic, acute, traumatic, vascular, neuropathic and pressure-related wounds. We use only the most current research-based treatments and gold standards of care for treatment. Some of these treatments include negative pressure wound therapy, pulsatile lavage with suction, electrical stimulation, ultrasound, gradient sequential compression, sharp debridement, multilayer wraps and wound biologics, including apligrafths and skin substitutes.*

# Expert and Professional Services

## Attorney - Elder Law

### **Ashby Law Offices**

Ron Miller [rrm@ashbylaw.net](mailto:rrm@ashbylaw.net)  
14 W. Broad St., Suite 118, Quakertown, PA 18951  
215-536-7606 215-536-7679 (F) [mfddlaw.com](http://mfddlaw.com)

*Ashby Law Offices, LLC understands that each client, each family, and each legal problem is unique and deserves a customized approach. We take pride in thinking outside the box and pursuing our clients' goals tenaciously, with meticulous attention to detail. We are committed to pursuing and protecting our clients' interests in the most successful and cost-effective way possible. Our Practice Areas include: Elder Law, Grandparent Rights, Guardianships, Probate, Estate Administration, Estate Planning, Asset Protection, Long Term Care Planning, Wills, Powers of Attorney, Healthcare Directives, Family Law, Divorce, Support, Custody, Adoption, Name Change, Mediation, Business Law and Criminal Defense.*

### **Gross McGinley, LLP**

Yekaterina "Kathy" Bacenet [kbacenet@grossmcginley.com](mailto:kbacenet@grossmcginley.com)  
33 S. Seventh St., Allentown, PA 18101  
(610) 820-5450 610-820-6006 (F) [grossmcginley.com](http://grossmcginley.com)

*For nearly 50 years the attorneys at Gross McGinley have been serving their clients with dedication, innovation, and professionalism throughout the Lehigh Valley. Attorney Bacenet and the Estates Planning and Elder Law team are skilled professionals well-suited to guide you through all of your estate planning needs including: Elder Law, Guardianship, Incapacitated Persons, Succession Planning, Wills, Trusts, and Power of Attorney, Trusts and Estates Litigation, and Estate Administration.*

### **Mosebach, Funt, Dayton & Duckworth, P.C.**

Timothy J. Duckworth [tduckworth@mfddlaw.com](mailto:tduckworth@mfddlaw.com)  
2045 Westgate Drive, Suite 404, Bethlehem, PA 18017  
610-882-9800 610-882-9822 (F) [mfddlaw.com](http://mfddlaw.com)

*Providing Estate Planning, Special Needs Planning, Trust and Estate Administration, Elder Law, Tax Law, and Medical Assistance Planning.*

# Expert and Professional Services

## Attorney - Elder Law

### **Ruggiero Law Offices LLC**

Beth Ruggiero      beth@paolilaw.com  
3477 Corporate Parkway, Suite 100, Center Valley, PA 18034  
610-889-0288      paolilaw.com

*Jim Ruggiero founded the Ruggiero Law Offices in 1990, offering personalized guidance in areas of Estate Planning, Estate Administration, Elder Law, Business Law and Real Estate. Jim has a passion for helping families create their legacy and guiding them to seek home care, special needs planning and Medicaid planning to provide safety and asset protection. Jim is a member of the Lehigh Valley Estate Planning Council and guest speaker on the WDIY Your Financial Choices radio show. He is also a Board Member of the Ardent Community Trust of PA, a non-profit charitable organization that provides special needs trust administration. He has been named a Top Attorney in Trusts and Estates & Elder Law in Main Line Today Magazine multiple times. Ruggiero Law Offices welcomes the opportunity to meet with you in our Center Valley office, Paoli office or via Zoom. Visit our website or YouTube channel to learn more.*

## Clean Out Services

### **Rummage Removers, LLC**

David Seng      daves@rummageremovers.com  
509 N. St. Cloud St., Allentown, PA 18104  
855-278-6624      855-278-6624 (F) rummageremovers.com

*Removal and disposal of any unwanted items. From 1 item to 1000s; complete clean-out of houses, etc. when needed. We will not only haul the items away, but also ensure their best and proper disposal. We start with Donation Centers, then Scrap Yards, next are Certified Recycling Centers for the electronics and toxic stuff, and then lastly, the landfills. When done, we'll sweep clean to impress*



# Expert and Professional Services

## Consulting / Coaching

### **C. Smith Consulting**

Christabel Smith      c.smithconsulting@protonmail.com  
6121 Rt. 309, Germansville, PA 18053  
610-554-6578      c-smithconsulting.com

*Certified Alzheimer's Disease, Dementia Care Trainer required to become a Certified Dementia Practitioner (CDP) with NCCDP. Licensed Instructor Modular Education Program for Activity Professionals for Activity Professionals Certification (APC), and Activity Director Certification (ADC) required to become certified with NCCAP. Presents on education concepts and trends for Activity Professionals at conferences, and webinars as well as online and in person programs. I provide leadership through mentoring and training to help activity professionals perform at peak performance and provide the best care for older adults.*

### **Mona DelSole Consulting, LLC**

Mona DelSole      mdelsole1@gmail.com  
2768 Washington Street, Easton, PA 18045  
570-466-2886      monadelsole.com

*What We Do:*

*-Leadership Development*

*-Employee Engagement and Culture Building*

*-Executive Coaching (Maxwell Leadership Certified)*

*-Strengths Assessments -Multi-generational Workplace Consulting*

*Mona has served the Senior Care industry for over two decades as a consultant, educator and business strategist. She is a faculty member in the School of Business at Marywood University teaching health/senior care, and organizational development.*

## Diagnostic / Advocacy Services

### **Hakim Health Partners**

Melissa Hakim, MD      drmelissa@hakimhealthpartners.com  
P.O. Box 1222, Bethlehem, PA 18016  
484-533-7822      hakimhealthpartners.com

*Our independent/non-affiliated firm helps you navigate and personalize the increasingly complicated healthcare system so you understand your healthcare options. We focus on your wellness and all those involved and affected by your medical situation. Working with patients and their partners, we bridge the gap between you and your doctors to improve communication, review options, solve problems, and reduce stress.*

# Expert and Professional Services

## Funeral Home

### **Falk Funeral Homes & Crematory**

Donna Falk                      memorial@falkfuneralhomes.com  
1418 Main Street, Hellertown, PA 18055  
610-838-9191      610-838-7922 (F) falkfuneralhomes.com

*We are a funeral home and crematory dedicated to providing an array of services and items that each family needs in their time of grief. We can assist in arranging memorial events and are able to accommodate all faiths as well as secular services. We offer assistance with Social Security, Veterans benefits, and insurance questions; as well as grief and bereavement resources.*

## Geriatric Care Management

### **LVHN-Fleming Memory Center**

Cara Scheetz                      cara.scheetz@lvhn.com  
1627 Chew Street, Allentown, PA 18102  
610-969-3390      610-969-3393 (F) lvhn.org

*Patient undergo a thorough assessment performed by a specialist educated in geriatrics. The assessment includes a review of their medical and social history, medications and cognitive testing. During the assessment, a specialized treatment plan will be recommended and communicated to patient's caregiver, primary care office and other specialists. Our team focuses on the caregiver as well.*

### **Somatix**

Jessica Bradley                      jessicab@somatix.com  
3 Columbus Circle, 15th Flr., New York, NY 10019  
717-712-9474      somatix.com

*Remote Patient Monitoring, Reimagined. Harness wearables, AI, Big Data analytics and real-time gesture detection technology to monitor unique behaviors such as medication intake, smoking and daily hydration.*

# Expert and Professional Services

## Home Modifications

### **Grab Bar Pros**

Bruce Montgomery   brucemontgomery1953@gmail.com  
1210 N. Van Buren St., Allentown, PA 18109  
610-393-6395   610-393-6395 (F)   grabbarpros.com

*Grab Bar Pros specializes in bringing safety to your home as inexpensively as possible. The primary owner is a registered nurse who did home health nursing. He was a contractor before nursing, and has had extensive guidance from multiple therapists. ADA guidelines are followed and he pridefully stretches your dollars to the maximum without sacrificing quality or security. Grab Bar Pros- Safety Within Your Reach.*

### **Power Stair Lifts**

Sandy Hutchison   sandy@powerstairlifts.com  
2700 William Penn Highway, Easton, PA 18045  
484-895-1188   powerstairlifts.com

*Providing mobility solutions to make your home more accessible. Sales, service, repair, and maintenance for straight and curved residential stair lifts, vertical platform and wheel chair lifts, modular and portable ramps, home elevators, and more! Reconditioned used and rental stair lifts are also available. We are a locally-owned and operated company serving the Lehigh Valley since 2009. Call for your FREE Home Assessment.*

## Insurance - Medicare

### **AARP/United Healthcare**

Maria Santacoloma   maria@silentpartnerins.com  
610-366-0124   silentpartnerins.com

*We have sales team of 75+ local agents. We cover all of Eastern PA, and are licensed in 15 additional states. Our agents help you find the plan that fits your needs. We educate our clients prior to any enrollment, making sure they are getting the right plan for what they need. We are available for senior events, speaking engagements, service projects and more! Call us with your questions.*

# Expert and Professional Services

## Insurance - Medicare

### **Chester Perfetto Agency**

Bridget Schasteen      [bridgets@perfettoinsurance.com](mailto:bridgets@perfettoinsurance.com)  
6081 Hamilton Blvd, Suite 600, Allentown, PA 18106  
610-678-0373      [perfettoinsurance.com](http://perfettoinsurance.com)

*Chester Perfetto Agency has been a one stop insurance agency offering all types of insurance since 1971 with a specialized focus on Medicare Insurance plans. We are an independent agency and offer all companies available for Medicare Supplements, Medicare Advantage and Prescription Drug Plans. Our goal is to educate seniors on Medicare and assist in the enrollment process. We offer no cost, no obligation consultations face to face, virtually or over the phone. We can also meet with your local group, club or church and provide educational seminars on the basics of Medicare. Whether you are turning 65, retiring, or have had Medicare and just want a review, we are the experts that can help.*

### **EMS Advisers**

Ed Schuch      [ed.schuch@emsadvisers.com](mailto:ed.schuch@emsadvisers.com)  
304 Adriana Court, Northampton, PA 18067  
610-462-0672      [emsadviserspa.com](http://emsadviserspa.com)

*EMS Advisers works with individuals and businesses. We help our clients secure health care and insurance products that meet their needs. Our goal is to educate and guide them in understanding current health care services and insurance options to protect their health within their financial means. To ensure all our clients' needs reach the finish line, we offer ongoing guidance and evaluation of available health care benefits.*

### **Silver Crest Insurance, Inc.**

Daniel T. Banks      [dan@silvercrestins.com](mailto:dan@silvercrestins.com)  
2103 Stefko Blvd., Bethlehem, PA 18017  
610-868-5801      610-868-5838 (F) [silvercrestins.com](http://silvercrestins.com)

*Serving the Lehigh Valley for over 13 years, we specialize in Medicare insurance plans. We are independent meaning we can provide truly unbiased advice on plans and companies based on your specific needs and budget! There are no fees for our services, we are paid direct from the insurance company, and you pay nothing additional for your policies. Call today to find out more about how we can help you make the transition to Medicare.*

# Expert and Professional Services

## Insurance - Medicare

### **Solofsky Financial Group, LLC**

Eric "Rick" Solofsky [rick@solofskyfg.com](mailto:rick@solofskyfg.com)

4030 Church Rd. Easton 18045

215-432-7425 610-438-6489 (F) [medicaredecoded.live](http://medicaredecoded.live)

*I am an Insurance Broker, specializing in Medicare and Group Employee Benefits in Pennsylvania and New Jersey. I am a two time published author. One of my books is "Medicare Decoded Shocking Facts." I offer free Medicare talks and seminars known as "The Medicare Minefield." I offer my book free of charge, and my main goal is to educate the community about the ins and outs of Medicare. Over the past two years I have hosted a radio talk show (I-Heart Radio and ESPN Philadelphia) and over the past 30 years I educated CPA's, Attorney's, CFO's, CEO's, Human Resource Directors, their staff and Financial Planners about Medicare Law and Medicare Supplemental Strategies for their clients.*

## Medical Equipment

### **American Home Medical**

Sean Haas [sean.haas@rotech.com](mailto:sean.haas@rotech.com)

754 Roble Road, Suite 180, Allentown, PA 18109

610-443-3014 610-443-3074 (F) [ahmedical.org](http://ahmedical.org)

*American Home Medical is a division of Rotech Healthcare. Our goal is to provide quality medical products, competitive and fair pricing, and outstanding service. American Home Medical has been servicing the Allentown and surrounding communities since 2008. Ordering from American Home Medical is fast and easy.*

### **Connect America**

Bob Ellwood [robert.ellwood@connectamerica.com](mailto:robert.ellwood@connectamerica.com)

3 Bala Plaza West, Bala Cynwyd, PA 19004

610-442-1585 [connectamerica.com](http://connectamerica.com)

*We are a leading national provider of connected care solutions. We offer a variety of solutions designed to help seniors safely age in place. We offer Personal Emergency Response Systems (PERS), alarmed medication dispensers, and a remote patient monitoring platform.*

# Expert and Professional Services

## Medical Equipment

### **Mobility Unlimited Inc.**

Jennifer McCloskey      [jennifer@mobilityunlimitedinc.com](mailto:jennifer@mobilityunlimitedinc.com)  
515 N. 12th St., Allentown, PA 18102  
610-433-8797      610-433-7972 (F) [mobilityunlimitedinc.com](http://mobilityunlimitedinc.com)  
*Mobility Unlimited Inc has been providing Durable Medical Equipment and Home Accessibility to the Greater Lehigh Valley and surrounding areas since 1995. Along with DME, we specialize in motorized equipment, stairglides, ramps, and vehicle lifts. We offer a variety of products that enhance people's mobility, independence and quality of life. Technicians are always on staff for repairs of equipment in shop or in your home.*

## Money Management

### **Edward Jones**

Sarah Fontanez      [sarah.fontanez@edwardjones.com](mailto:sarah.fontanez@edwardjones.com)  
520 West Broad St., Quakertown, PA 18951  
215-536-3635      800-728-8124 (F)  
[edwardjones.com/us-en/financial-advisor/sarah-fontanez](http://edwardjones.com/us-en/financial-advisor/sarah-fontanez)  
*Edward Jones is a different kind of investment firm. To us, face time and think time make sense. We meet with you to learn your individual needs so we can develop a strategy to help you achieve your long-term financial goals. So, whether you want to plan for retirement, save for college, reduce your tax bills or ensure you have income to cover your expenses, you can expect personalized service and long-term investing strategies instead of the latest investment fads. Join the nearly 7 million investors who know. Contact me today to help develop an investment strategy that makes sense for you.*

### **Janney Montgomery Scott LLC**

Julie Knight CFP®, AIF®, CLTC®, CDFP®  
[julieknight@janney.com](mailto:julieknight@janney.com)  
1390 Ridgeview Drive, Suite 101, Allentown, PA 18104  
610-674-6981      [janney.com](http://janney.com)  
*A Financial Advisor and Certified Financial Planner practitioner, Julie focuses on family wealth planning that has multi-generational impact. She received her Certification for Long-Term Care to help families make informed decisions about the severe consequences a need for care over an extended period of years would have, not on the client, but on the emotional, physical and financial wellbeing*

# Expert and Professional Services

## Moving and Transitions

### **Caring Transitions of Lehigh Valley**

Brian Graveno      bgraveno@caringtransitions.com

2731 Halleck Drive, Whitehall, PA 18052

610-904-8093      caringtransitionsoflehighvalley.com

*Caring Transitions, specializes in senior relocation and transition services. Caring Transitions provides clients with supportive services, packing, space plans, moves, resettling, on-line auctions, cleanouts, liquidation, rightsizing and transitions. This includes a well-executed transition plan beginning with the initial sorting of personal belongings through packing, moving and selling of items to the final clearing and cleaning of the property. We do the work so you don't have to. Schedule a free consultation today.*

### **Specialty Moves by Design**

Lindsay Kearney-Flowers      info@specialtymovesbydesign.com

4736 Hamilton Boulevard, Allentown, PA 18103

610-295-0036      specialtymovesbydesign.com

*We keep you smiling on Move Day! We design floor plans, sort to downsize, fully pack, supervise the movers, and give you a full unpack in ONE DAY. Beds made, closets organized, bathrooms and kitchens set up. We even hang your art and can liquidate the "stuff" you don't need. We have a nationally ranked speaker for your event! What we do is as much a ministry as a business, and we believe in Joyful Moves! Founded right here in the Lehigh Valley, Specialty Moves by Design is considered one of the nation's leaders in Move Management, having managed 2500+ moves over the past 14 years*

### **Valley Wide Movers, LLC**

Cori Hampton-Bostick      valleywidemover@gmail.com

1721 William Street, Hellertown, PA 18055

484-379-6392      valleywidemoversllc.business.site/

*Personal care is given to not only the furniture, but to the client by staff members, every step of the way. That is what separates Valley Wide Movers from the rest. We are a local company that understands and cares about you and your belongings. Our experienced crew provides the ability and skill to get the job done right and get it done on time. From arrival through completion of each and every task, the utmost respect is given to both the client and their property. At Valley Wide Movers, we know the value in your sentimental items, such as pictures, paintings and various ornaments. Whether it is packing these items with care or just transporting them to your new home, our staff is focused on your satisfaction.*



# Expert and Professional Services

## News and Information

### **Lifestyles over 50**

Alan Allegra                      editor@lifestylesover50.com  
4847 Hamilton Blvd., Suite 201, Allentown, PA 18106  
855-233-7034                      lifestylesover50.com

*The Lehigh Valley's most comprehensive senior care resource. Lifestyles over 50 publishes a quarterly directory magazine with articles, things to do with grandkids, puzzles, games, trivia, jokes and more!*

## Real Estate

### **Berkshire Hathaway**

Jon Wilcox                      jon.wilcox@foxroach.com  
3101 Emrick Blvd., Suite 101, Bethlehem, PA 18020  
484-821-2929                      topdoghometeam.com

*I specialize in helping Seniors transition to other homes while providing Peace of Mind through Excellence. You can count on me to listen to your needs and provide \$\$\$ Saving Strategies. I have been a Realtor since 2005 and am licensed in Pennsylvania and Florida. Please call me for a free consult. Lehigh U. & RPI Graduate / Senior Real Estate Specialist (SRES®) e-Pro®, Certified International Property Specialist, Pricing Strategy Advisor*

### **Better Homes and Gardens Real Estate / Cassidon Realty**

Eileen Dunn                      eileen.dunn@yahoo.com  
2720 Jacksonville Road, Bethlehem, PA 18017  
610-657-4423

*I support seniors in real estate needs to sell or purchase a home. We live in an area of many choices for seniors to move with many levels of 55+, independent living, to various levels of care needed. I can help guide these choices with research done on the many choices available to seniors. I have a network of professionals to help support seniors in home sale or purchase needs. I have been in the real estate related industries for over 20 years. I am excited to help guide customers through the real estate process.*

# Expert and Professional Services

## Real Estate

### **Better Homes and Gardens Real Estate Valley Partners**

Frank Mastroianni     FrankMastroianni@BHGvalley.com  
4205 Tilghman St. Allentown PA 18104  
610-657-5118     franksellslehighvalley.com

*Top 1% producing agent in the Greater Lehigh Valley Realtor  
Association and nationwide amongst the Better Homes and Gardens Real  
Estate Brand.*

### **Howard Hanna The Frederick Group**

Jane Schiff     schiffjane@gmail.com  
3500 Winchester Rd., #201, Allentown, PA 18104  
610-216-5232     janeschiff.com

*As Senior Real Estate Specialists, we have a wealth of knowledge and  
resources to help with any senior related move or transition. Our goals are  
simple: to help you understand all of the important choices that lay ahead,  
to completely understand the emotional aspect of making these choices, to  
provide useful resources, to help you make educated decisions, and to plan  
the best strategies for you!*

### **Keller Williams Real Estate - Dana Cardona**

Dana Cardona     danacardona@kw.com  
1605 N. Cedar Crest Blvd., Suite 309, Allentown, PA 18104  
610-435-1800     danacardona.kw.com

*I am a realtor for the past 7 years serving the Lehigh Valley. My passion  
lies in making a meaningful difference in the lives of my clients during  
this significant transition. Understanding that selling a home can be an  
emotional and overwhelming experience, especially for seniors who have  
created countless memories within their cherished spaces, I go above and  
beyond to provide personalized care and support throughout the process.*

# Expert and Professional Services

## Real Estate

### **RE/MAX Real Estate**

The Shirley Lang Team      shirleylangrealtor@gmail.com

The 3120 Hamilton Blvd., Allentown, PA 18103

610-770-9000    610-509-9664 (C)      shirleylang.com

*I hold the Seniors Real Estate Specialist® (SRES®) designation which is for REALTORS® who want to be able to meet the special needs of maturing adults when selling, buying, relocating, or refinancing residential or investment properties. By earning the SRES® designation, REALTORS® are prepared to approach mature clients with the best options and information for them to make life-changing decisions. Transition with ease and peace of mind as our experienced real estate agents specialize in helping seniors make the move from their cherished homes to comfortable independent or assisted living. We understand the emotional journey and unique needs involved, providing compassionate guidance every step of the way. Trust in our expertise to handle the sale of your home efficiently, ensuring you receive the best value.*

### **Weichert Realtors**

Lisa Delorimier      ldelorimier@msn.com

4124 W. Tilghman St., Allentown, PA 18104

484-330-9358    610-530-2660 (F)

[lizette-delorimier.weichert.com](http://lizette-delorimier.weichert.com)

*I've been a Realtor for 18 years and specialize in helping Seniors and guide them through the entire process of selling their home, coordinating with moving companies, selling personal property, and hauling away items. I work from start to finish for a seamless experience and making the sale simple, smooth and stress-free as possible. It's been a passion of mine to help families in the Lehigh Valley with both selling and buying a home.*

## Reverse Mortgage

### **Mutual of Omaha Reverse Mortgage**

Tiffany Shutta      tshutta@mutualmortgage.com

519 Hunter St., Catasauqua, PA 18032

610-653-6119      [mutualreverse.com/lo/tiffany-shutta](http://mutualreverse.com/lo/tiffany-shutta)

*Mutual of Omaha's Reverse Mortgage Division educates senior homeowners and their trusted advisors on how they can utilize the equity in their home to achieve a more financially secure retirement.*

# Expert and Professional Services

## Senior Care Placement

### **CarePatrol of Lehigh Valley / Upper Bucks**

Mary Ann Pickell      mpickell@carepatrol.com

P.O. Box 397, Center Valley, PA 18034

610-509-0445      610-509-7050 (C)

lehighvalley.carepatrol.com

*CarePatrol helps families find safe, quality assisted living, independent living, memory care and in-home care as well as adult day programs.*

*We meet with families personally to consult, educate and advocate as they explore care options. We tour with our clients to senior care communities and review care and violation histories of the communities we recommend and our service is FREE.*

# Housing and Residential Options

## Assisted Living Communities

### **Assisted Living Communities**

#### **The Village at LifeQuest**

Jessica Gonzalez      jgonzalez@lq.org

2100 Cherry Blossom Lane, Quakertown, PA 18951

267-424-2069      215-536-1003 (F)      villageatliferequest.com

*Warm and friendly are two words that describe The Village at LifeQuest Assisted Living. Our upbeat and personable staff is committed to getting to know our residents and their family. As a result, our residents become like our family. We are a licensed Assisted Living community, pet-friendly, located in suburban Quakertown on 220 acres. We share the property with LifeQuest Nursing Center, LifeSpan Child Daycare and the recently constructed St. Luke's Upper Bucks Hospital. We offer assisted living services, a full and robust life enrichment program, and various floor plans with unique spaces – all in a peaceful, serene setting. We strive to accommodate your loved ones in the best way possible, offering all the care, encouragement, and compassion they need and deserve.*

## Continuing Care Retirement Communities

### **Chestnut Ridge at Rodale**

Brandy Drago      bdrago@phoebe.org

1002 Pennsylvania Ave., Emmaus, PA 18049

610-927-8550      phoebe.org

*Welcome to Chestnut Ridge at Rodale! Cultivated by Phoebe, this 60+ retirement community in Emmaus combines luxury and optimal wellness with Phoebe's long-standing legacy of serving seniors. Through innovation and imagination, this wellness-focused lifestyle community will offer spacious floor plans, countless opportunities for vibrant living, and upscale amenities.*

# Housing and Residential Options

## Continuing Care Retirement Communities

### **Country Meadows of Bethlehem**

Lien Snyder      lsnyder@countrymeadows.com  
4035 Green Pond Road, Bethlehem, PA 18020  
610-865-5580      610-865-4630 (F) countrymeadows.com

*For over 30 years, Country Meadows has provided senior living at the highest standards and helped families find the right options for them. Choosing senior care services is personal. It's your family, your livelihood, your well-being. That's why we offer personalized retirement living through a range of lifestyle options. Our levels of care include Independent Living, Assisted Living, Memory Care, and Skilled Nursing care. All levels offer seniors security, comfort and a rich community life centered around engaging the mind, body and spirit. Senior living for seniors who want to make the most of retirement life on their own term*

### **Diakon Lutheran Social Ministries - The Lutheran Home at Topton**

Jen Hallman      hallmany@Diakon.org  
1 South Home Ave., Topton, Pa 19562  
610-682-1413      610-682-1217 (F) diakonseniorliving.org

*The Lutheran Home at Topton is a Continuing Care Retirement Community. We offer a wide range of lifestyle options and solutions, including independent living, personal care, memory care, short-term rehabilitation and traditional skilled nursing. In a beautiful rural setting with easy access to the attractions of the region's bigger cities, our residents enjoy a lifestyle that is truly worry-free. It's why they say, "This is the Way to Live!"*

# Housing and Residential Options

## Continuing Care Retirement Communities

### **Fellowship Community**

Chelsea Lowery                      fellowshipcommunity.com  
3000 Fellowship Drive Whitehall PA 18052  
610-769-8111      610-799-0307(F) fellowshipcommunity.com  
*For over 30 years, our faith-based continuing care retirement community has provided a tradition of excellence in senior living. Experience customer service based on our core values and enhanced by the empathy and compassion of our caring staff. Fellowship offers a comprehensive continuum of services that include Independent Living, Personal Care, Skilled Nursing, Short-Term Rehabilitation and Memory Support — all on our beautiful campus.*

### **Kirkland Village**

Amanda Trollinger                      atrollinger@psl.org  
One Kirkland Village Circle, Bethlehem, PA 18017  
610-691-4504      610-691-4525 (F)      kirklandvillage.org  
*Kirkland Village provides a continuum of care that includes independent living, home care services, personal care, skilled nursing and specialized memory support programming. We offer Thrive Wellness, a new approach to senior living that promotes a philosophy of engagement, purposeful living, and meaning in everyday life. Thrive Wellness is resident-driven, explicitly focusing on six dimensions of wellness.*

### **Luther Crest**

Matthew Petrauskas      petrauskasm@diakon.org  
800 Hausman Rd., Allentown, PA 18104  
610-391-8229      610-391-8220 (F)  
luthercrestseneiorliving.org  
*Luther Crest is an inviting Life Plan Community filled with opportunities to lead an active, engaging lifestyle. We promote total wellness for our resident's body, mind and spirit. We are a continuing care retirement community offering Independent Living, Personal Care, Memory Care, Long Term Skilled Nursing and Short Term Rehabilitation.*



# Housing and Residential Options

## Continuing Care Retirement Communities

### **Moravian Hall Square**

Liz Brandl                      lizb@moravian.com  
175 West North Street, Nazareth, PA 18064  
610.746.1000      610-746-1023 (F) morningstarliving.org

*Moravian Hall Square is a Life Plan Community in Nazareth PA. The community offers residents the full continuum of care— independent living in luxury maintenance-free apartments, personal care apartments and suites, specialized memory care and skilled nursing care. Moravian Hall Square also provides respite care and short-term rehabilitation following a hospitalization or surgery. Independent residents have several residency plans to choose from.*

### **Phoebe Allentown**

Vicki Kocis                      vkocis@phoebe.org  
1925 W Turner St., Allentown, PA 18104  
610-794-5406      610-794-5043 (F) phoebe.org

*Miller Personal Care is a senior living community located on the Phoebe Allentown Campus in Allentown, Pennsylvania. Beautifully manicured grounds surround the community, and the walking paths and garden areas make it easy to get out and enjoy the fresh air. A spacious indoor common area offers a variety of seating options to gather, restore, and unwind. Fully trained caregivers are available to provide assistance with activities of daily living, as well as an on-site licensed nurse. The community offers a variety of private and semi-private suites. Residents can delight in amenities such as chef-prepared meals, scheduled transportation, and an abundance of on-site activities.*

### **Riverton Rehabilitation and Enhanced Senior Living**

Olivia Plantholt                      admissions@rivertonrehab.com  
803 N. Wahneta Street, Allentown, PA 18109  
610-782-8300      610-782-8398 (F) rivertonseniorliving.com/

*Riverton Rehabilitation and Enhanced Senior Living provides post acute physical, occupational and speech therapy with skilled nursing as well as Residential Senior Living and Personal Care Services. We encourage you to visit to find out why we believe, you should LOVE where you LIVE.*

# Housing and Residential Options

## Independent Living Communities

### **Lutheran Manor of the Lehigh Valley, Inc.**

Courtney Doheny      courtney@lutheranmanor.com

2085 Westgate Dr., Bethlehem, PA 18017

610-866-6010      610-866-9773 (F)

homewatchcaregivers.com/lehigh-valley

*Lutheran Manor is a vibrant senior living community offering the perfect blend of outstanding amenities and convenient and affordable living.*

### **Traditions of Hanover**

Megan Sedlock      msedlock@traditionsofhanover.com

5300 Northgate Drive, Bethlehem, PA 18017

(484) 893-6034      traditionsofhanover.com

*Traditions of Hanover is a top-rated retirement community, offering a vibrant and carefree lifestyle for seniors! Well known for the caring culture and an affordable month to month lease with NO buy-in, allowing you to live the life you deserve. Amenities include full kitchens, housekeeping, meals, transportation, a dynamic calendar of activities and more! Discover why our residents tell their family & friends to move to Traditions of Hanover.*

## Memory Care Communities

### **Abington Manor at Morgan Hill Memory Care Village**

Abington Manor at Morgan Hill Memory Care Village

Jessica Ringo      jessicar@abingtonmanor.com

5 Cedar Park Boulevard, Easton, PA 18042

610-438-9400      610-438-9403 (F)      abingtonmanor.com

*Abington Manor at Morgan Hill Memory Care Village is a free standing community designed for persons with dementia. Our all-inclusive village includes engagement Montessori programing, lifestyle theme rooms, three secure outdoor patios, along with multiple activity spaces. On-site physician services, specialized rehabilitation therapies, palliative and hospice care are available by working with our network of preferred providers.*

# Housing and Residential Options

## Memory Care Communities

### **Arden Courts of Allentown**

Sherley Perdomo      sherley.perdomo@promedica.org  
5151 Hamilton Blvd., Allentown, PA 18106  
610-366-9010      610-366-9641 (F)      arden-courts.org/allentown

*Arden Courts Allentown is a 56-bed memory care community serving residents and their families for 25 years. Our expertise staff and physicians welcome your loved one to our uniquely designed, safe, secure, and homelike community. At Arden Courts, you will learn more about your loved one's diagnosis, receive support with our continuum of care, and feel the peace of mind knowing your loved one is well cared for.*

### **Arden Courts of Old Orchard**

Christian Gilligan      christian.gilligan@promedica.org  
4098 Freemansburg Ave., Easton, PA 18045  
484-373-5170      610-253-5014 (F)  
arden-courts.com/oldorchard

*We're the Lehigh Valley's largest residential memory care community. Our safe outdoor trails, access to the outdoors, top-of-class staffing ratios, and unique resident excursions set us apart from the rest. From fishing trips, beach days, and horseback riding, we make sure our residents are living their best dementia lives. At the building, our jam-packed activity schedule keeps the residents engaged and social.*

### **South Mountain Memory Care**

Careen Steele      csteele@southmountainmemorycare.com  
201 S 7th Street, Emmaus, PA 18049  
610-965-7662      484-460-6842 (C)  
southmountainmemorycare.com

*South Mountain provides your aging loved one the support and quality care they need, in our secured dementia community. Nestled in a quaint Emmaus neighborhood, SMMC's unique, small-house design is the perfect place to enjoy the comforts of home and the opportunity to participate in our robust Activity Program. Other features of South Mountain Memory Care include a secure courtyard, general store, large front porch, onsite therapy services and exquisite dining options. Our philosophy is to provide the peace of mind you deserve and embrace the life that remains.*

# Housing and Residential Options

## Personal Care Communities

### **Abington Manor at Morgan Hill Senior Living**

Jessica Ringo                      jessicar@abingtonmanor.com

215 Cedar Park Road, Easton, PA 18042

610-829-0100              610-829-0166 (F) abingtonmanor.com

*For over 15 years, Abington Manor at Morgan Hill Senior Living has been providing exceptional, independent living and personal care services. We offer a wide range of assistance for all Activities of Daily Living, medication management, health and wellness checks, on-site physician and rehabilitation services, as well as social, spiritual and educational activities. Our ultra-spacious studios are affordable and comfortable.*

### **Abode Care of Allentown**

Bri Beil                              bri@abodecare.com

2232 29th Street SW, Allentown, PA 18103

610-797-4651              610-797-3763 (F) abodecare.com

*A Place to Call Home, amid a luxurious and comfortable environment, our residents enjoy social interaction and camaraderie, intellectual stimulation, physical exercise, spiritual fulfillment, and more.*

### **Above & Beyond at The Knights**

Basima Hamati                      bhamati@abseniorliving.com

1545 Greenleaf St., Allentown, PA 18102

610-434-7433              610-434-8965 (F) abseniorliving.com

*Above & Beyond at the Knights is located in a serene setting surrounded by green grass and baseball fields. Plus, only minutes away from major Lehigh Valley highways. The moment you walk through the door, you will feel the warmth and the love the Above & Beyond Family has to offer. As a family owned and operated community, we offer a choice of personal care or a secured dementia care unit depending upon the needs.*

# Housing and Residential Options

## Personal Care Communities

### **Atria Senior Living**

Dorine D'Andria      dorine.dandria@atriaseniorliving.com  
1745 West Macada Road, Bethlehem, PA 18017  
610-317-0700      610-317-0500 (F)      atriabethlehem.com

*Atria Bethlehem provides a lifestyle of choice, with industry leading quality standards and care options that can be customized to your needs as they change. The freedom to live as you choose in the area you know and love. A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.*

### **Atrium of Allentown**

Maria Schene      maria@atriumofallentown.com  
5767 Cetronia Road, Allentown, PA 18106  
610-890-9000      484-350-3461 (F)      atriumofallentown.com

*Atrium of Allentown in Upper Macungie Township, offers all-inclusive personal care and memory care. Our dedicated staff provide care, manage medications, coordinate dynamic programming and take the responsibility of meals, housekeeping and laundry off your hands. Our residents enjoy spacious, bright studio style suites with a kitchenette.*

### **Country Meadows of Forks**

Lynn Somers      lsomers@countrymeadows.com  
175 Newlins Road West, Easton, PA 18040  
484-544-3880      610-297-1469 (F)      countrymeadows.com

*For over 30 years, Country Meadows has provided senior living at the highest standards and helped families find the right options for them. Choosing senior care services is personal. It's your family, your livelihood, your well-being. That's why we offer personalized retirement living through a range of lifestyle options. Our levels of care include Independent Living, Assisted Living, Memory Care, and Skilled Nursing care. All levels offer seniors security, comfort and a rich community life centered around engaging the mind, body and spirit. Senior living for seniors who want to make the most of retirement life on their own terms.*

# Housing and Residential Options

## Personal Care Communities

### **DevonHouse Senior Living**

Tailyn Queen      tqueen@devonhouseseniorliving.com  
1930 Bevin Drive, Allentown, PA 18103  
610-967-1100      888-913-2232 (F)  
devonhouseseniorliving.com

*DevonHouse, “The Heart of Hospitality” offers one floor living with a home-like environment, professional nursing on-site 24 hours, 7 days a wk, a variety of social, spiritual and educational activities with farm to table dining choices. No-leveling, customized care plans ensure the most fulfilling and enriched life. Locally owned and managed. Shared, private and couple accommodations.*

### **Heather Glen Senior Living**

Kimberly Garrison      kgarrison@hgseniorliving.com  
415 Blue Barn Road, Allentown, PA 18104  
610-841-4478      610-841-8880 (F) hgseniorliving.com

*We offer personal and memory care living options. Our compassionate, professional staff cares for your loved one while providing the support they need. Spacious studio and one bedroom suites are available. Our community features a huge atrium and common areas with ample natural lighting that encourages healthy living. We are deeply rooted in the Lehigh Valley. Great Care Blooms at Heather Glen.*

### **Legend of Allentown**

Vanessa Hearn      vanessa.hearn@legendseniorliving.com  
6043 Lower Macungie Rd., Macungie, PA 18062  
610-426-0223      484-274-6595 (F) legendseniorliving.com

*Offering both Personal Care and Memory Care residences, Legend of Allentown is dedicated to providing the highest levels of personal service and a warm, comfortable and actively social environment that will enrich your life. We celebrate your unique personality and lifestyle with services designed especially for your needs, so you’ll thrive in an environment of friendship, family and robust support that values and respects your privacy, dignity and independence.*

# Housing and Residential Options

## Personal Care Communities

### **Lehigh Commons Senior Living**

Christopher Kielar    christopher.kielar@genesishcc.com  
1680 Spring Creek Rd. Macungie PA 18062  
610-530-8089    610-530-8091 (F)  
lehighcommons.com

*Lehigh Commons, located in the beautiful suburbs of Macungie, is proud of its long-standing reputation in the Lehigh Valley area. For more than 25 years, we have been providing high-quality personal care and memory care services in a comfortable and safe environment. Senior Living is the preferred lifestyle for seniors who value their independence but would benefit from additional support to maintain it. Our community is designed with senior needs and preferences in mind and committed to providing customized care to offer peace of mind and ease of living.*

### **Phoebe Richland**

Mitch Huston    mhuston@phoebe.org  
108 S. Main St., Richlandtown, PA 18955  
267-371-4620    267-371-4992 (F)    phoebe.org

*As your needs change, Phoebe Richland is designed to change with you. We offer personal care for older adults who wish to live independently but need help with daily activities, such as bathing or dressing. In addition, skilled nursing, short term, and outpatient rehabilitation are available on campus, as well as dedicated memory support and dementia care.*

### **Rittenhouse Village at Lehigh Valley**

Doug Cressman    jswinsburg@rittenhousesl.com  
1263 S. Cedar Crest Blvd., Allentown, PA 18103  
610-433-9220    610-770-9838 (F)

rittenhousevillages.com or rittenhouse-village-at-lehigh-valley  
*Rittenhouse Village At Lehigh Valley offers residents lifestyle options of both Personal Care and Memory Care apartment homes. Residents enjoy the luxuries of a host of included amenities such as three gourmet meals a day, a full calendar of daily activities and events, concierge services, weekly housekeeping and transportation. Personalized care services such as showering or bathing assistance, grooming and dressing, continence management, health monitoring and wellness management are available.*

# Housing and Residential Options

## Personal Care Communities

### **Sacred Heart Senior Living by the Creek**

Gayle Carls Smith      gcarlssmith@shfamily.org  
602 East 21st Street, Northampton, PA, 18067  
610-262-4300      610-851-0107 (F)  
sacredheartseniorliving.com

*Celebrating over 20 years of Caring. Offering Independent Living, Personal Care and Memory Care options. We provide a worry free setting with a supportive environment, the perfect blending of personal freedom and security. A dedicated professional staff and personal assistance is readily available to all our residents. Spacious Studios, Suites & Apartments. Emergency Call System.*

### **Sacred Heart Senior Living by Saucon Creek**

Christine Mihalek      shadmissions@shfamily.org  
4851 Saucon Creek Road, Center Valley, PA 18034  
610-814-2700      610-625-2707 (F)  
sacredheartseniorliving.com

*Independent Living, Personal Care and Memory Care. At Sacred Heart Senior Living's Secure Memory Care Neighborhood you will find quality compassionate care for those with Alzheimer and Dementia related conditions. Our residents enjoy a sense of community in a small supportive neighborhood setting, all in a beautiful, serene and secure environment.*

### **The Birches of Lehigh Valley**

Dustin Lukitsch      dlukitsch@thebirchesoflehighvalley.com  
5030 Freemansburg Ave., Easton, PA 18045  
610-438-6600      thebirchesoflehighvalley.com

*A new senior living community is taking root in Bethlehem Township, Pennsylvania! Looking for Personal Care or Memory Care for yourself or a loved one? Offering quality living experiences and comprehensive care is our passion and our pleasure. We get to know each resident who chooses The Birches as their home and we provide them with the support and environment to live their best lives. Our new community will boast the newest technology in a nurturing environment, conveniently located off routes 33 and 78, and just up the road from St. Luke's Hospital.*



# Housing and Residential Options

## Personal Care Communities

### **The Vero at Bethlehem**

Jessica Adam      [jessica.adam@legendseniorliving.com](mailto:jessica.adam@legendseniorliving.com)  
4700 Bath Pike, Bethlehem, PA 18017  
610-936-9848  
[legendseniorliving.com/find-a-community/pennsylvania/the-vero-at-bethlehem.html](http://legendseniorliving.com/find-a-community/pennsylvania/the-vero-at-bethlehem.html)

*The Vero at Bethlehem offers Personal Care and Memory Care services. Every resident enjoys luxury amenities and services tailored to their personal preferences and abilities. The Vero offers services for those adults who want in independent lifestyle with just a little extra support—a perfect balance of independence and assistance. Our Memory Care Neighborhood is a residence that provides a homelike setting, familiar routines, and plenty of ways to stay as independent as possible*

### **The Willow**

Wendy Franklin      [wfranklin@inspiritseniorliving.com](mailto:wfranklin@inspiritseniorliving.com)  
6488 Alburdis Rd., Macungie, PA 18062  
610-421-8100      610-421-8003 (F)  
[inspiritseniorliving.com/thewillow](http://inspiritseniorliving.com/thewillow)

*The Willow is a small close knit personal care community with 67 units which offers a wide variety of amenities, activities and services to fit the needs of each individual. We believe in engaging the whole person: body, mind and spirit.*

## Residential Apartment Complex

### **Devonshire Park Apartments**

Gina Fafard      [manager@devonshireparkapts.com](mailto:manager@devonshireparkapts.com)  
1641 33rd Street Southwest, Allentown, PA 18103  
610-797-1333      610-797-2661 (F) [devonshireparkapts.com](http://devonshireparkapts.com)

*Devonshire Park Apartments is an independent apartment community located on 31 acres in Southwest Allentown. Devonshire is close to major highways, medical facilities, and shopping. They offer many activities for residents to enjoy such as bingo, yoga, cards, gardening, outings, and special entertainment. It also houses a beautiful newly updated outdoor pool and a gazebo with the feel of a resort getaway, an indoor heated pool and a fitness center. Devonshire is pet friendly, limited to one pet with breed and weight restrictions*

### **AARP Lehigh Valley**

Kellie VonStein      [kvonstein@aarp.org](mailto:kvonstein@aarp.org)

30 N. 3rd Street, Harrisburg, PA 17101

717-231-5325      [local.aarp.org/allentown-pa](http://local.aarp.org/allentown-pa)

*AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. With 1.8 million members in the Lehigh Valley and throughout Pennsylvania, AARP strengthens communities and advocates for what matters most to families: health security, financial stability and personal fulfillment. To learn more, visit [www.aarp.org/pa](http://www.aarp.org/pa) or follow us on Facebook at AARPPA and on Twitter @AARPPA.*

### **Alzheimer's Association**

Meg DiPanni      [madipanni@alz.org](mailto:madipanni@alz.org)

399 Market St., Suite 102, Philadelphia, PA 19106

215-399-9219      [act.alz.org/lehighvalley](http://act.alz.org/lehighvalley)

*The Delaware Valley Chapter supports its 18-county service territory in Southeastern Pennsylvania, Southern New Jersey and Delaware through programs and services, including 24/7 Helpline (800.272.3900), support groups, education, advocacy, care consultation, diversity outreach and online tools such as TrialMatch, AlzNavigator and AlzConnected.*

### **Berks Encore**

LuAnn Oatman      [loatman@berksencore.org](mailto:loatman@berksencore.org)

40 N. 9 Street, Reading, PA 19601

610-374-3195 x 222      [berksencore.org](http://berksencore.org)

*Berks Encore is a nonprofit leader of senior services in Berks County. The services provided offer support for our community's older adults without compromising their independence. Through advocacy, education and referrals, we develop aging-confident individuals to enhance their ability to live well later in life.*

### **Catholic Charities**

Katie Reif      [kreif@allentowndiocese.org](mailto:kreif@allentowndiocese.org)

900 S. Woodward St., Allentown, PA 18103

610-435-1541 x310      [allentowndiocese.org](http://allentowndiocese.org)

*Catholic Charities is a non-profit organization which provides comprehensive social services to older adults and houses the Gatekeeper Program - a community education program whose goal is to identify at-risk seniors and connect them to appropriate services. Catholic Charities also provides specialized case management, individual and family counseling, immigration, veterans and community support services.*

# Government / Community Services

## Government / Community Services

### **Dementia Friendly Lehigh Valley**

Kelly O'Shea Carney kocteamwork@gmail.com  
301 Braodway, Ste 115, Bethlehem, PA 18015  
610-451-4798 dementia1v.org/

*Dementia Friendly Lehigh Valley (DFLV) is a volunteer led initiative dedicated to making the Lehigh Valley a more welcoming and supportive community for people living with dementia. We are committed to fostering a community in which people living with dementia and their care partners are understood, accepted, and included in all aspects of the community life. Our efforts are aligned with and informed by the global dementia friendly community movement and our success is illustrated in the recognition of the Lehigh Valley as a dementia friendly community by Dementia Friendly America.*

### **Habitat Lehigh Valley ReStore**

DonateStuff@habitatlv.org  
1053 Grape St., Whitehall, PA 18052  
610-776-7499 habitatlvrestore.org

*ReStore accepts donations of new or gently used building materials, furniture, appliances & household good and resells them to the public. ReStore provides an environmentally and socially responsible way to keep good, reusable materials out of landfills. Habitat for Humanity has served the Lehigh Valley Community for 25 years and has built over 100 homes and improved the lives of countless families.*

### **Jewish Community Center**

Beth Kushnick bkushnick@lvjcc.org  
702 North 22nd St. Allentown PA 18104  
610-435-3571 610-435-2859 lvjcc.org

*The Jewish Community Center of the Lehigh Valley sharpens the mind, strengthens the body, and inspires the spirit of the entire community through social, education, recreation, and wellness programs instilled with Jewish values, culture and traditions. The JCC of the Lehigh Valley is a place for adults of all ages, backgrounds, and varied interests to grow, learn, and have fun. Activities include day time games, art, groups, entertainment, exercise, day trips, classes and workshops.*

### **Lehigh County Aging and Adult Services**

agingandadult@lehighcounty.org

17 S. 7th Street, Allentown, PA 18101

610-782-3200 lehighcounty.org

*Our agency provides information & assistance, assessment, care management, personal care, adult day care, Ombudsman, caregiver support program, PA MEDI, protective services, senior centers, PA LINK, & housing assistance.*

### **Lehigh County Office of Veterans Affairs**

Thomas Applebach veteransaffairs@lehighcounty.org

17 S. 7th Street, Allentown, PA 18101

610-782-3295 lehighcounty.org

*Directly assists veterans, their families and survivors to obtain the federal, state and county benefits for which they are eligible. We counsel and assist in preparing and submitting claims and applications for benefits and act as their representative to the U.S. Department of Veteran Affairs, the Commonwealth of Pennsylvania and Lehigh County.*

### **Northampton County Area Agency on Aging**

Laurie Greco

2801 Emrick Blvd., Bethlehem, PA 18020

610-829-4540 northamptoncounty.org

*Plans and coordinates the provision of services to older adults (age 60 and over) in Northampton County. Programs and services designed to enhance the independence and dignity of older adults and to provide protection as necessary.*

### **Second Harvest Food Bank of the Lehigh Valley and Northeast Pennsylvania**

Omar Perez shfbseniors@caclv.org

6969 Silver Crest Road, Nazareth, 18064

484-287-4015 484-821-2287 (F) shfblv.org

*Our mission is to distribute food and to provide resources for education and advocacy to end hunger to people in need throughout Carbon, Lehigh, Monroe, Northampton, Pike, and Wayne counties in partnership with over 200 agencies. The PA Senior Food Box Program is a federally-funded program that is designed to improve the health of low-income seniors by supplementing their diets with nutritious food.*

# Government / Community Services

## Government / Community Services

### **Senior CHAT (ShareCare)**

Casey Merrick      sharecare8@aol.com  
321 Wyandotte St. Bethlehem, PA 18015

610-867-2177      610-889-0959 (F) [rsvpofnc.org/seniorchat](http://rsvpofnc.org/seniorchat)

*Senior CHAT is a safe and secure no-cost program that matches screened Volunteer Callers with older adult who live in Lehigh, Northampton and Carbon Counties. Matches connect for friendly phone conversations once each week.*

### **Sights for Hope**

Dennis Zehner      ask@sightsforhope.org  
845 W. Wyoming Street, Allentown, PA 18103  
610-433-6018 x. 241 [sightsforhope.org](http://sightsforhope.org)

*Sights for Hope empowers people with visual impairments to seize their independence and promotes healthy eyesight. Our support and rehabilitative services promote the accomplishment of daily tasks, increased access to medical services and food supplies, enhanced personal wellness, and extended self-sufficiency. Our free vision screenings for children stimulate success in school.*

### **The Salvation Army**

Major Karen Peabody      karen.peabody@use.salvationarmy.org  
521 Pembroke Road, Bethlehem 18018, PA  
610-867-4681 610-867-9847 (F)  
[bethlehempa.salvationarmy.org](http://bethlehempa.salvationarmy.org)

*We promote positive aging through physical, emotional, social and inspirational well being while providing interesting educational and entertaining programs, including Bridge Players, Tai Chi, Drop in Socials, Speakers and low-cost lunch Thursday (\$2.00).*

# Government / Community Services

## Government / Community Services

### **ShareCare Faith in Action**

Lynn Heiney      sharecare8@aol.com  
321 Wyandotte Street, Bethlehem, PA 18015  
610-867-2177      sharecarefaithinaction.org

*ShareCare Faith in Action provides free volunteer services to elderly or disabled persons in order to enhance quality of life. Volunteers provide transportation, grocery shopping, and visitation including Caregiver Canines (certified therapy dogs visit people who are homebound).*

### **Twilight Wish Foundation**

Donna DeQuila      donna@twilightwish.org  
2370 York Rd., Suite D2, Jamison, PA 18929  
2152308777      215-230-8770      twilightwish.org

*Since our founding in 2003, our goal has been to make the world a nicer place to age. A Twilight Wish grant recognizes seniors for all that they have done throughout their lives and shows them they are appreciated and of value to society. Every wish we grant is helping to build a culture that values and respects our senior population.*

### **Whitehall Active Community Center Inc**

Chris Mack      whitehallactivecommunitycenter@gmail.com  
2301 Pine Street, Whitehall, PA 18052  
610-443-0675

*We are Whitehall Active Community Center which includes all ages. Under this name we have an active Senior Center with many members enjoying lunch together as well as exercise classes, craft class, iPhone/computer class and movie afternoon. Lunch is served daily at 11:30am. Please phone 2 days in advance to reserve your meal. We offer hot meals and a lite fare of salad or sandwich. Every Thursday following lunch we play cash bingo. We also have a cash bingo on the 4th Sunday of the month. All are welcome. We realize that isolation can be a major issue for some senior citizens. Our Center offers a safe, clean, structured environment for our senior citizens to meet new friends and spend time with people their age.*

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