



Resource Guide 2025



Programs and Services for Older Adults
lvaginginplace.org

LEHIGH VALLEY AGING IN PLACE

Lehigh Valley Aging in Place was formed with the purpose of establishing a network of professionals who share the common vision of helping seniors age in place and stay safe, secure, and independent throughout their lifetime.

Our Mission Statement

Lehigh Valley Aging in Place is a coalition of professionals from private, public, non-profit, and business sectors committed to helping families help seniors.

Our Vision Statement

We seek to help families help seniors by providing an annual comprehensive resource guide, educating the public on aging issues, and supporting business-to-business networking.

How To Use This Resource Guide

1. Review your current situation and evaluate your needs. Consider your lifestyle as well as your present and future needs.
2. Understand what services are available. Refer to the index on page 3 and become familiar with the types of care and services listed in this guide. This index is categorized throughout the guide for easy reference.
3. Talk with a professional. Understanding the programs and services can be confusing, and there is no need to walk the road alone. Each organization in this guide is committed to helping seniors. A contact is listed with each organization to address your basic questions. It is wise to speak to multiple members so you can best understand all your options.

Contact Us

1-877-334-8942
info@lehighvalleyaginginplace.org
LVAgingInPlace.org
P.O. Box 3103, Allentown, PA 18106

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Refer to page 55 for an Alphabetized Listing of Organizations

DISCLAIMER

The inclusion of membership listing in this Resource Guide should not imply any guarantee or warranty of services by Lehigh Valley Aging in Place (LVAIP) for services provided by listed member. LVAIP shall be held harmless and is not responsible for any actions taken by listed members. We encourage consumers to interview and ask for client referrals or personal references before commencing services.

Care Services

Adult Day Care Services

Lehigh Valley Adult Services

Deborah Harris deborahh@lehighvalleyadultservices.com
41 Community Dr., Easton, PA 18045
610-438-5827 lehighvalleyadultservices.com

LVAS Adult Day Center (The Center) helps aging adults remain in the community as long as possible and provides support and respite for their caregivers. The Center provides a variety of therapeutic and recreational activities designed to help individuals enhance their skills and abilities and help them maintain independence and quality of life. Activities include therapeutic exercise, games, arts and crafts, music, peer interactions, and special entertainment. Our staff assists individuals with personal care and routine health monitoring.

SarahCare of the Lehigh Valley

Evet Hexamer lehighcr@sarahcare.com
7010 Snowdrift Road, Suite 100, Allentown, PA 18106
610-391-1576 484-223-3132 (F) sarahcare.com

Sarah Care Adult Day Center offers seniors a home away from home for their caregiving needs. It bridges the gap between independence at home and the need for assisted living or nursing home care. Located in Allentown, our professionally-staffed day center connects seniors to a community of their peers in a safe and loving environment—an environment that feels like home. Friendships develop, needs are met, and seniors are able to stay in their own homes longer. Activities appropriate to their age, ability, and interest are of paramount importance. Assistance with personal care needs, medication management, nutritious meals, and socialization are just a few of our services.

Continuing Care at Home

Pathstones by Phoebe

Lisa Hoffman lhoffman@phoebe.org
4847 Hamilton Blvd., Allentown, PA 18106
610-794-6700 610-391-1482 (F) pathstonesbyphoebe.org

Pathstones by Phoebe is a membership-based program that helps active, older adults Age in Place. Pathstones serves as a partner in the aging journey of its members, helping them maintain their wellness in addition to coordinating and paying for care when needed. Whether in the home or at a community, care is costly; and the vast majority of costs are not covered by insurance. By planning ahead, Pathstones members live with peace of mind knowing they have a plan in place for whatever the future holds. Pathstones by Phoebe is licensed by the Pennsylvania Department as a continuing care retirement community “without walls.” Individuals must live in Pennsylvania to become a member, however, after 1 year, benefits apply to anywhere in the continental US.

Hospice

Advantage Home Health and Hospice

Rachel DiQuattro rdiquattro@feeltheadvantage.com
375 Eleventh Ave., Bethlehem, PA 18018
888-264-3501 610-248-3715 (C) 866-945-1346 (F)
feeltheadvantage.com

We offer trusted and proven homecare services from highly-qualified professionals that care about patients' physical and emotional well-being. Hospice is not a place—it's a plan of care put in place by your doctor and the hospice team, with comfort being the primary focus. It ensures the highest level of physical, spiritual, and emotional care. We provide support, education, and clinical care focused not only on the patient but also on their family and primary caregiver. Our interdisciplinary team provides the best quality of life for our patients and their loved ones.

Care Services

Hospice

Amedisys Hospice of Lehigh Valley

Brian Cannone brian.cannone@amedisys.com
3897 Adler Place, Building C, Ste. 180, Bethlehem, PA 18017
610-770-6500 amedisys.com

Compassionate Care Hospice joined the Amedisys family in 2019 and changed our name to Amedisys Hospice of Lehigh Valley in 2023. Our mission remains the same: affirming life during its final stages by providing holistic, compassionate care to patients and their families. We provide resources and education throughout Lehigh, Northampton, Carbon and Schuylkill Counties.

Bayada Hospice

Melanie Miller mmiller23@bayada.com
1 W. Philadelphia Avenue, 4th Floor, Boyertown, PA 19512
484-513-0627 bayada.com

Bayada Hospice specializes in End-of-Life care for comfort, pain management, and emotional support. We provide RN case managers specific to each individual client, HHA/CNA care, spiritual support, and psychosocial and social services. We are able to service clients wherever they live to meet their needs. We have high standards of care with two Clinical Managers available for clinical support to ensure quality care.

Compassus

Mandi Trollinger mandi.trollinger@compassus.com
7535 Windsor Dr., Suite 100B, Allentown, PA 18106
610-336-8000 610-336-8001 (F) compassus.com/allentown

With roots back to 1979, Compassus is a national leader in hospice and palliative care. Hospice and palliative care both offer relief from the pain and symptoms of a serious illness, while also addressing the mental, social, and spiritual needs of a patient. In fact, hospice is a type of palliative care for people during the final stages of life.

Hospice

Holisticare Hospice

Allison Heller allisonheller@holisticarehospice.org
1550 Pond Road, Suite 130, Allentown, PA 18104
484-291-3130 484-229-9758 (C) holisticarehospice.org

We at Holisticare Hospice will take the time to listen, honor your choices, and walk with you through life's journey. We provide care to all age groups during the final stages of life. An experienced team of physicians, registered nurses, home health aides, medical social workers, counselors, and trained volunteers will help you and your family manage your illness. Our care team provides an extensive collection of services including nurses, nursing, home health aides, durable medical equipment, medical supplies, medications and volunteers—all free of charge related to the hospice diagnosis.

Lifesong Hospice and Palliative Care

Heather Raubenstine hraubenstine@lifesonghospice.com
1150 Glenlivet Drive, Suite 24B, Allentown, PA 18106
484-809-7940 717-708-1110 (C) 484-214-3608 (F)
lifesonghospice.com

At Lifesong Hospice, we focus on patients and their entire family during this difficult time. By providing the utmost respect and regard, as well as individualized, compassionate care, support, and options, we honor each patient's unique life, their legacy—their Lifesong.

Serenity Hospice of the Lehigh Valley

Jennifer Cacciatore jcacciatore@serenityhospicepa.com
6081 Hamilton Blvd., Suite 600, Allentown, PA 18106
610-281-4800 267-410-2374 (C) 610-723-7455 (F)
serenityhospicepa.com

Serenity Hospice provides hospice services to all of the Lehigh Valley, Berks County, and Upper Bucks County.

Care Services

Hospice

The Care Team

Lindsey Becker lbecker@tctcares.com
5325 Northgate Drive, Bethlehem, PA 18017
610-442-8971 tctcares.com

A leader in hospice care, our caring and expert staff will help meet your loved one's medical and personal care needs. Our team of professionals will manage pain and personal care, help them to feel as comfortable as possible and help the family to understand exactly what to expect and how to adjust to change.

Medical Home Health Care

365 Health Services

John Edler jack.edler@365healthservices.com
812 West Hamilton Street, Allentown, PA 18101
610-871-6800 610-871-6801 (F) 365healthservices.com

The team at 365 Health Services is dedicated to providing the best in-home services to our clients so they can live happily and independently in the community. As an ACHS accredited full service home healthcare provider we are proud to deliver top of the line care to the Greater Philadelphia area. We create a home care strategy that's tailored to your specific needs. From companionship and help with daily activities to managing a chronic illness or recovery from a traumatic injury. Our compassionate, highly trained professionals are here to help. All day, every day.

AccentCare

Michelle Tamargo mtamargo@sehomehealth.com
3800 Cierra Circle, Suite 200, Center Valley, PA 18034
215-703-3522 855-620-7447 (F)

Whether aiding with recovery or managing a chronic illness, our Home Health services can help you or your loved one achieve optimal levels of health and independence, wherever you call home. The members of our Home Health care team ensure a smooth and safe transition home from a hospital stay, and provide professional nursing and rehabilitative therapies through evidence-based protocols to help avoid emergency room visits and unplanned rehospitalization.

Medical Home Health Care

Allegiance Nursing Direct, LLC

Karen Lucci Grayson, RN, BSN
kgrayson@allegiancenuroing.com
5642 Cetronia Road, Allentown, PA 18106
610-360-8707

Our mission at Allegiance Nursing Direct is to provide guidance and support to enhance the lives of individuals as they age. After a thorough assessment, our Homecare Strategists work with the individual and family to develop and implement a plan that meets their goals.

BAYADA Home Health

Abby Haas ahaas1@bayada.com
1611 Pond Road, Allentown, PA 18104
610-297-0283 bayada.com

We understand the complex challenges of senior living communities. BAYADA Senior Living Solutions has ONE TEAM to keep your residents aging in place. We are the leader in delivering evidence-based care to seniors. We partner with senior living communities to implement outcome-driven, customized care planning through a complete wellness continuum to optimize resident vitality and increase length of stay.

LifeSpring In Home Care of Eastern PA

Andrew Kay andy.kay@lifespringhomecare.com
1541 Alta Drive, Suite 102, Whitehall, PA 19052
484-353-1210 484-320-5650 (F)
lifespringhomecarepa.com

We provide Skilled Nursing (including behavioral health), Therapy, and Social Worker services that allow homebound patients to recover in their place of residence. We give patients and families the confidence and peace of knowing their homebound loved ones are comfortable at home and receiving professional, compassionate, and personalized care. Skilled Home Health Care benefits are 100% covered under Medicare.

Care Services

Medical Home Health Care

Maxim Healthcare

Robert Nisbet allentown2@maxhealth.com
1550 Pond Rd. Suite 160, Allentown, PA 18104
610-740-3800 855-493-3853 (F)

maximhealthcare.com/maxim-healthcare-locations/allentown-pa

For more than 30 years, we've been making a difference in patients' lives by providing excellent service and compassionate care. We offer skilled nursing, personal care, companion care, respite care, and behavioral care for individuals with chronic and acute illnesses and disabilities.

Omni Homecare Personal Care Services

Rachel Wentz Rachel.Wentz@lhcgroupp.com
1605 N Cedar Crest Blvd., Allentown, PA 18104
610-483-5878

Our organization is committed to making a difference in our community. We take pride in providing exemplary care to our senior residents. Our goal is to continue to service as many residents as possible to continue to make them feel safe and secure in their homes.

Valley Med Home Health Care

Michelle Elia Wagner, RN michelle.wagner@valleymedhhc.com
2200 Hamilton Street, Suite 310, Allentown, PA 18104
484-656-7176 484-656-7177 (F) valleymedhhc.com

We provide medical skilled nursing, physical therapy, occupational therapy, speech therapy, and medical social work services. Our full staff assists clients that are declining, are fall risks, need medication management and education, wound care, or are returning from a hospital or skilled nursing facility so they can stay safely at homes. We're happy to set up home health—just call the Valley Meds office to start the process. With the client's permission, we will contact their PCP to obtain the orders and information we need to start care. Let's try to keep our clients safely in their home without going back and forth to the hospital!

Music Therapy and Art Therapy

Therapeutic Arts Group

Kathy Purcell, MT-BC info@therapeuticartsgroup.com
1624 Schadt Avenue, Whitehall, PA 18052
610-740-9890 therapeuticartsgroup.com

With 28 board-certified music therapists and four art therapists, Therapeutic Arts Group is the premier provider of music therapy and art therapy to individuals and groups in the Mid-Atlantic region. Whether in home, on site, or in their studio, we provide adapted as well as traditional music and art lessons and interactive music programs for birthday parties, family reunions and special events of all kinds.

Non-Medical Home Care

Always Best Care Senior Services

Ken Good care@abc-bethlehem.com
306 S. New Street, Suite 110, Bethlehem, PA 18015
484-896-8867 267-352-6324 (F)
alwaysbestcare.com/bethlehem

We combine national strength and standards with local accessibility and personal service. Providing senior living solutions, including in-home care and related services, throughout the Lehigh Valley, Always Best Care has been helping families in the area since 2012 and nationally since 1996. Our entire team will work with you to ensure that exceptional service and care is provided to all family members.

Amada Senior Care

Kara Klusaritz info.lehighvalley@amadaseniorcare.com
1605 N. Cedar Crest Blvd., Suite 508, Allentown, PA 18104
484-268-1778 amadalehighvalley.com

Amada Senior Care provides one-on-one caregivers from 4 hours/day to 24/7 care (bathing, dressing, meal preparation, transportation, companionship, medication reminders), Elder Care Management via Social Workers (client advocacy, check-ins, medical appointments) and Free Senior Living Guidance (assist families with selecting the best senior living community to fit their needs). Amada Senior Care also specializes in long-term care insurance claims management.

Care Services

Non-Medical Home Care

BrightStar Care of Stroudsburg & Allentown

Dale R. Wilson Sr. dale.wilson@brightstarcare.com
1401 North Cedar Crest Blvd., Suite 104, Allentown, PA 18104
570-223-2248 908-343-5313 (C) 570-980-2278 (F)
brightstarcare.com/locations/stroudsburg-allentown

Our Professional Care Team, led by a Registered Nurse Director of Nursing, provides expert, compassionate, and personal in-home care. We provide Personal Care and Skilled Care Services. Our mission is to go above and beyond to deliver a higher standard of home care and nothing less. Independently owned and operated.

Family Caregivers Network

Geraldine Fioriglio gfioriglio@family-caregivers.com
901 Main Street, 1st Floor, Penuburg, PA 18073
215-541-9030 610-390-7531 (C) 215-541-9031 (F)
family-caregivers.com

Family Caregivers Network, a nurse-owned home care agency, has helped individuals remain safely at home through our In-Home programs serving the Lehigh Valley, Montgomery, Berks, and Bucks counties. We specialize in the care of individuals with Alzheimer's and Parkinson's disease, and offer RN care oversight. All staff members are background-checked, drug-tested, trained, and insured by Family Caregivers. We accept private pay, VA, & LTC insurance.

Griswold Home Care

Amy Pacheco amy.pacheco@griswoldcare.com
190 Brodhead Rd., Suite 300, Bethlehem, PA 18017
610-821-0821 484-214-0264 (F)
griswoldcare.com/lehigh-valley

We offer a wide variety of services to accommodate the unique needs of our clients. For over 40 years, we have been assisting the elderly, adults with disabilities, and those recovering from injuries and illnesses to remain comfortable at home by providing them the helping hand they need. Some of our clients are simply looking for companionship, while others require more involved personal care services, live-in, or overnight services. Our office staff will sit down with you to discuss your family's needs and personalize a care plan that accommodates them all.

Non-Medical Home Care

Home Helpers Lehigh Valley

Maggie Dominici mdominici@lehighvalleyhomehelpers.com
65 E. Elizabeth Avenue, Suite 303, Bethlehem, PA 18017
610-838-7494 610-930-8068 (C)
homehelpershomecare.com/lehigh-valley

Home Helpers has been providing care to seniors in the Lehigh Valley for 15 years. We strive to provide exceptional services that will exceed your expectations. Our team will enhance your independence by providing guidance, education, reassurance, and compassion. We offer a complimentary home consult and assessment. Individualized care plans and caregivers are managed by a Nurse/RN and a social worker.

Home Helpers of Northern Lehigh Valley

Krista Rissmiller kristar@homehelpershomecare.com
4525 Spring Hill Drive, Suite 3, Schnecksville, PA 18078
610-596-7055 596-7051
homehelpershomecare.com/scranton-wilkes-barre-pa

Home Helpers is the extended family when the family can't be there. After a complete background check, our qualified and compassionate aides are matched to your Loved One's needs. We provide TRUSTED & RESPECTED support to help people maintain their independence wherever they call home.

Home Instead Lehigh and Berks County

Marie Hanks, BSN, RN Mare.hanks@homeinstead.com
2747 MacArthur Road, Whitehall, PA 18052
610-770-7773 homeinstead.com/217

We provide top-quality, personalized, non-medical home care to seniors in Lehigh and Berks counties. Each office is locally owned and operated and have been serving our seniors for 25 years! Our qualified Care Professionals are screened, insured, and comprehensively trained. Tenured staff ensures an individualized care plan for your loved one's specific needs. Care Professionals are carefully matched and available from four hours/day to 24/7 for dementia care, personal care, companionship, light housekeeping, transportation, memory care, Parkinson's, and more. A licensed, bonded, and insured agency, we meet the highest standards so loved ones can stay independent for as long as possible, helping people at any point within the aging process.

Care Services

Non-Medical Home Care

Home Instead Northampton

Jean Fortner jean.fortner@homeinstead.com
2508 Schoenersville Rd., Bethlehem, PA 18017
610-868-7333 homeinstead.com/730

Home Instead provides trustworthy, kindhearted home care services in your loved one's home. All caregivers are thoroughly screened, extensively trained, professional, and reliable. At Home Instead, it's about providing the highest-quality home care services to fit your and your family's needs. In-home care can help people at any point within the aging process. We'll work with you to develop a personalized care plan for your loved one.

Homewatch CareGivers of Lehigh Valley

Karen Long caremanagement@hwcglv.com
35 E. Elizabeth Avenue, Suite 401, Bethlehem, PA 18018
484-746-4924 homewatchcaregivers.com/lehigh-valley

When extra care is required due to age or health conditions, many prefer the familiarity and comfort of home. Good in-home care supports quality of life, so we do everything we can to keep you or your loved one comfortable. Because of the wide range of reasons a person aging in place might need at-home care, we offer an array of in-home care services for seniors. Whether assistance with everyday tasks, helping to administer medication, or supporting mobility, we can help. Homewatch CareGivers can ease everyday stresses and provide peace of mind.

JEVS Care at Home

Heather Fotopoulos heather.fotopoulos@jevsathome.org
9350 Ashton Rd., Suite 102, Philadelphia, PA 19114
610-750-9732 267-298-1635 (F) jevsathome.org

We provide non-medical home care, respite, companionship, and community integration support services to disabled and aging clients, ages 18 and over, who reside in Philadelphia and surrounding counties including Lehigh and Northampton. The people we serve are part of a Home and Community-Based Services Medicaid Waiver Program. Waiver programs are available throughout PA and provide long-term care services to qualified individuals who wish to remain in home or community rather than an institution. JEVS Care at Home also provides services to individuals through LTC Insurance, private pay, and other funding arrangements.

Non-Medical Home Care

Millbrook HomeCare

Terry L. Weber terry@millbrookhomecare.com
1422 Main Street, Hellertown, PA 18055
610-217-0626 484-851-3506 (F) millbrookhomecare.com

Commitment—the act of having a true passion for what you do—is the backbone of our business. The staff and caregivers of Millbrook HomeCare are dedicated to excellence and share this enthusiasm. We provide patient centered, high-quality, personalized home care. Whether you need two or 24 hours, a lot of care, or just companionship, our caregivers are carefully chosen and matched to help.

Right at Home-Lehigh County & East Berks County

Ben Aydin baydin@rightathomelv.com
1541 Alta Drive, Suite 304, Whitehall, PA 18052
484-350-3075 610-220-7288 (C) 484-351-0530 (F)
 rightathomelv.com

We provide personal care and homemaker services to help seniors and adults with disabilities remain safe in the home. We also provide transportation. Personal care services include dressing, bathing, skin care, ambulatory support, toileting, continence care, and transfers.

Seniors Helping Seniors

Lynn & Stephen Dempsey seniorshelpingseniors@lehighcare.com
801 Lehigh Street, Easton, PA 18042
610-253-3232 610-253-3332 (F)
seniorcarelehighvalley.com

We provide private duty in-home care. We match trained, loving, and compassionate seniors who want to help seniors maintain an independent, safe lifestyle in their home. Services include personal care, med reminders, high-level care, companionship, meal prep, light housekeeping, overnights, and 24/7 care. Assessments are done by a licensed nurse. “Seniors Helping Seniors—a way to give and to receive.”

Care Services

Non-Medical Home Care

Visiting Angels Bethlehem/E. Stroudsburg

Sherry Mack smack@visitingangels.com
35 E. Elizabeth Ave., Bethlehem, PA 18018
610-253-6353 570-534-8536(C)
visitingangels.com/beth

We have been providing in-home assistance services since 2011, which include, but are not limited to, assistance with bathing, dressing, personal care, ambulation, light housekeeping, laundry, errands, and companionship. As Teepa Snow-certified providers of Alzheimer's and Dementia Care, we maintain your dignity while supporting your desire to age in place. We deliver individualized, person-centered care and are nurturers and advocates for you. We provide service to veterans and widows and will help you obtain service from the Veterans Administration. We also offer "The Share an Angel Program," where the cost for care is more affordable.

Visiting Angels of Lehigh Valley

Rosemary James, RN lehighvalleyapa@visitingangels.com
4801 Saucon Creek Rd., Center Valley, PA 18034
610-628-2655 610-991-2468 (F)
visitingangels.com/allentown

Visiting Angels of Lehigh Valley is a nurse-owned and veteran-owned home care agency providing high quality and personalized services that enable our seniors to live safely and independently in the comfort of their own home. Our caregivers are thoroughly screened, trained, and experienced in all levels of care, and we work to provide the best caregiver to client match. We accept private pay, submit to LTC insurance, and are also proud to service our Veterans and coordinate care paid by the Veteran's Administration. We provide flexible hourly care up to 24/7 care. Please call for a free, no obligation consultation.

Nutrition

Meals on Wheels of the Greater Lehigh Valley

Monica McCandless monicam@mowglv.org
1302 N. Sherman Street, Allentown, PA 18109
610-691-1030 mowglv.org

For over 53 years, Meals on Wheels of the Greater Lehigh Valley has been providing home-bound seniors and adults with disabilities freshly-prepared, healthy meals to ensure they are receiving the nourishment to live independently for as long as possible. We deliver meals Monday–Friday with the help of volunteers who care about our clients and provide a friendly wellness check. In addition to home delivered meals, we offer a variety of added services to our clients, such as food pantry and senior food box deliveries, pet food for furry companions, and shelf-stable emergency food boxes. Fees are based on a sliding scale and determined after a home assessment. Referrals are welcome.

Pharmacies

Rittersville Pharmacy

Ashita Dhaduk, RPh Pharm.D rittersvillerx@gmail.com
1316 Hanover Ave., Allentown, PA 18109
484-201-2390 201-214-4043 (C) 484-201-2391 (F)
rittersvillerx.com

Rittersville Pharmacy is a locally-owned retail and long-term care pharmacy that provides unit and multi-dose packages and bubble packs to the patients in community or long-term care facilities at no cost, medication cart assistance to the facilities, immunization on site or at home or community, and medication consultations at no cost.

Physician Services

Sina Health

Sohaib Mannan, MD info@avicennadirectcare.com
5148 Hamilton Blvd., Allentown, PA 18106
610-904-8100 610-638-0753 (F) avicennadirectcare.com

At Sina Health Senior Care, we prioritize the unique healthcare needs of seniors, offering tailored solutions for optimal well-being. Our insurance-based and membership-based plans provide exclusive access to comprehensive services, including regular check-ups, preventive care, and personalized treatment plans. We serve seniors at home, in-office, and at assisted living facilities and skilled nursing facilities.

Care Services

Rehabilitation

Bethlehem South Skilled Nursing and Rehabilitation Center

Brooke Lagler Brooke.lagler@genesishcc.com
2021 Westgate Drive, Bethlehem, PA 18017
610-865-6077 610-694-0993 (F)
bethlehemsouthnursingandrehab.com

Skilled Nursing And Rehabilitation—Your Best Way Home

Located on Westgate Drive in Bethlehem, PA, we provide individualized post-hospital skilled nursing care in a comfortable environment. Our clinical and therapy teams are experienced in providing specialized care focused on your needs, interests, and ability. This commitment results in a smoother and safer transition throughout your recuperation.

Cedar Crest Post Acute

Nasma Shahda nshahda@cedarcrestpostacute.com
1265 South Cedar Crest Blvd., Allentown, PA 18103
610-776-7522 610-389-3032 (C) cedarcrestpostacute.com

Cedar Crest Post Acute is located on Cedar Crest Boulevard in the West End of Allentown. We offer comprehensive specialized care including orthopedic rehab and full-time on-site respiratory therapy as well as physical, occupational, and speech therapy with customized care planning to meet your needs. Proudly a 5 Star CMS Rated 24/7 post acute center.

Complete Care at Lehigh

Monica Trilli mtrilli@ccelehigh.com
1718 Spring Creek Road, Macungie, PA 18062
610-366-0500 610-424-1921 (F) ccelehigh.com

Complete Care at Lehigh is a CMS, 5-Star-Rated Skilled Nursing and Rehabilitation facility located in the beautiful suburb of Macungie, within minutes of Lehigh Valley Health Network and St. Luke's University Hospitals. We specialize in short-term rehabilitation and long-term care. We are also very proud to be a Veterans Contracted Facility, servicing and honoring our veterans every day. Contact us today for additional information.

Rehabilitation

Fellowship Community - Rehabilitation

Chelsea Lowery clowery@fellowshipcommunity.com
3000 Fellowship Dr., Whitehall, PA 18052
610-769-8111 fellowshipcommunity.com

Fellowship Community has been named a U. S. News & World Report's Best Short-Stay Rehabilitation. Our staff is highly skilled in physical, occupational, and speech therapies that ensure you reach the highest level of function in the shortest possible time. Personalized support and a high staff-to-resident ratio provide you with outcome-oriented interventions to ensure you reach your best possible level of functioning and optimal quality of life.

FOX Rehabilitation

Sherri Bell Ogada sherri.bell@foxrehab.org
1251 S. Cedar Crest Blvd., Allentown, PA 18103
484-387-9591 1-800-597-0848 (F) foxrehab.org

FOX Rehabilitation is a private practice of full-time physical, occupational, and speech therapists. FOX was built on the novel foundation of Geriatric House Calls. Patients are evaluated and treated one-on-one in their homes to address functional limitations and safety at home and in the community. Patients do not have to be homebound or have a skilled nursing need, and FOX's evidence-based clinical services are covered under Medicare Part B.

FYZICAL Cedar Crest

Christopher Orlando Christopher.Orlando@fyzical.com
1146 South Cedar Crest Blvd., Suite 101, Allentown, PA 18103
(610) 477-2020 (610) 477-2245 (F) fyzical.com/cedar-crest-pa

Love Your Life! At our independent, family-owned outpatient physical therapy clinic and balance center, we are devoted to enhancing health, restoring mobility, and preventing future injuries, empowering patients to embrace a more active lifestyle. Our compassionate and experienced team specializes in assisting seniors recovering from injury or surgery, seeking pain relief, addressing dizziness or balance issues, or aiming to boost overall physical fitness. Our proprietary techniques, including the FYZICAL Balance Paradigm, state-of-the-art equipment, and personalized one-on-one care, help seniors maintain their independence and enrich their quality of life.

Care Services

Rehabilitation

Gracedale Nursing Home

Kay Lee klee@norcopa.org
2 Gracedale Avenue, Nazareth, PA 18064
610-829-3636 610-746-5208 (F) gracedale.org

Gracedale Nursing Home, located in a beautiful rural setting outside Nazareth, Pennsylvania, has been providing the highest quality long-term and short-term care, along with rehabilitative and restorative services, to residents of the Lehigh Valley and beyond since the 1960s. Our dedicated staff is committed to each resident's plan of care, which addresses medical, psycho-social, and emotional needs.

Jewel Health and Rehab

Farha Hiba fhiba@jewelhcc.com
535 N 17th St., Allentown, PA 18104
610-432-4351 484-484-8921 (C) 610-435-4470 (F)
jewelhcc.com

Jewel Health and Rehab provides services from short-term skilled rehab to long-term care. Jewel can accommodate patients that have advanced pulmonary needs, such as tracheostomy care, and much more. Jewel also has a secured memory care unit where the residents still can participate in daily activities. At Jewel, we welcome everyone, even those who have more medically-complex needs.

Lehigh Valley Hospital Transitional Skilled Unit

Michelle Haughney michelle.haughney@lvhn.org
1627 West Chew St., Allentown, PA 18102
610-969-4227
lvhn.org/medical-services/transitional-skilled-unit-tsu

The TSU is a 52-bed sub-acute skilled nursing and rehabilitation unit that provides around-the-clock nursing care, physical and occupational therapy, and a full schedule of activities designed to support your individual progress.

Rehabilitation

New Eastwood

Tina Considine hgonzales@neweastwoodrehab.com
2125 Fairview Ave., Easton, PA 18042
610-742-2668 neweastwoodrehab.com

We are a 5 Star CMS-rated facility located in the heart of Easton, where we offer comprehensive specialized post-acute care. Our Cardiac and Pulmonary specialty programs are physician-led by St. Luke's University Health Network providers, and our cardiac program is American Heart Association Certified. We offer a full-time respiratory therapist and care navigation to help provide the best outcome for our patients.

Northampton Post Acute

Millette Berger mberger@northamptonpostacute.com
4100 Freemansburg Ave., Easton, PA 18045
610-330-9030 610-330-2309 (F)
northamptonpostacute.com

Located on Freemansburg Avenue, Northampton Post Acute provides individualized care with a dedicated rehabilitation unit. Our St. Luke's University Health Network Medical team is provided through SLUHN Senior Care Associates. Our clinic and therapy teams, including our full-time respiratory therapist, are experienced in providing specialized care that focuses on your needs to meet your goals!

Expert and Professional Services

Attorney—Elder Law

Ashby Law Offices

office@ashbylaw.net

office@ashbylaw.net

314 W. Broad St., Suite 118, Quakertown, PA 18951

215-536-7606 215-536-7679 (F) ashbylaw.net

Ashby Law Offices, LLC, understands that each client, each family, and each legal problem is unique and deserves a customized approach. We take pride in thinking outside the box and pursuing our clients' goals tenaciously, with meticulous attention to detail. We are committed to pursuing and protecting our clients' interests in the most successful and cost-effective way possible. Our Practice Areas include Elder Law; Grandparent Rights; Guardianships; Probate; Estate Administration; Estate Planning; Asset Protection; Long-Term Care and Medicaid Planning; Wills; Powers of Attorney; Healthcare Directives; Family Law; Divorce; Support; Custody; Adoption; Name Change; Mediation; Business Law; and Criminal Defense.

Goudsouzian & Associates

Yekaterina Bacenet

kathy@SNG-law.com

2940 William Penn Hwy, Easton, PA 18017

(610) 813-2135 sng-law.com/

Our law firm provides exceptional representation for individuals, families, and businesses across a wide range of practice areas, including Estate Planning; Estate Administration; Real Estate; Succession Planning; Guardianships; Personal Injury; and Business Formation.

Mosebach, Funt, Dayton & Duckworth, P.C.

Timothy J. Duckworth

tduckworth@mfddlaw.com

2045 Westgate Drive, Suite 404, Bethlehem, PA 18017

610-882-9822 mfddlaw.com

Providing Estate Planning; Special Needs Planning; Trust and Estate Administration; Elder Law; Tax Law; and Medical Assistance Planning.

Expert and Professional Services

Attorney—Elder Law

Ruggiero Law Offices LLC

Beth Ruggiero beth@paolilaw.com
3477 Corporate Parkway, Suite 100, Center Valley, PA 18034
610-889-0288 paolilaw.com

Jim Ruggiero founded Ruggiero Law Offices in 1990, offering personalized guidance in Estate Planning, Estate Administration, Elder Law, Business Law, and Real Estate. Jim's passion is helping families create their legacy by guiding them to seek home care, special needs planning, and Medicaid planning to provide safety and asset protection. Jim is a Lehigh Valley Estate Planning Council member, guest on WDIY's Your Financial Choices radio show, and board member of Ardent Community Trust PA, a non-profit charitable organization providing special needs trust administration. A Top Attorney in Trusts and Estates & Elder Law in Main Line Today Magazine multiple times, Jim welcomes you to our Center Valley or Paoli office or via Zoom. Visit our website or YouTube channel to learn more.

Cleanout Services

Rummage Removers, LLC

David Seng daves@rummageremovers.com
2405 West Tilghman St., Allentown, PA 18104
855-278-6624 610-428-6674 (C) rummageremovers.com

Removal and disposal of any unwanted items. From one item to 1000s, we can handle a complete clean-out of houses, etc. when needed. We will not only haul the items away, but also ensure their best and proper disposal. We start with Donation Centers, then Scrap Yards; next are Certified Recycling Centers for the electronics and toxic stuff, and lastly, the landfills. When done, we'll sweep clean to impress!

Expert and Professional Services

Consulting / Coaching

C. Smith Consulting

Christabel Smith c.smithconsulting@protonmail.com
6121 Rt. 309, Germansville, PA 18053
610-554-6578 c-smithconsulting.com

Licensed Standardized Instructor Modular Education Program for Activity Professionals for Activity Professionals Certification (APC), and Activity Director Certification (ADC) which is required to become certified with the National Certification Council for Activity Professionals (NCCAP). Presents on education concepts and trends for Activity Professionals at conferences, and webinars as well as online and in person programs. I provide leadership through mentoring and training to help activity professionals perform at peak performance and provide the best care for those that they serve in their respective roles. Activity Consulting for senior living communities, companies, and organizations.

Mona DelSole Consulting, LLC

Mona DelSole, MPA mdelsole1@gmail.com
2768 Washington Street, Easton, PA 18045
570-466-2886 (C) monadelsole.com

Partnering with leaders and their multi-generational teams to cultivate a strengths-based, engaged, and collaborative workforce. Leadership development programs include dynamic team workshops, executive coaching, DISC assessments, and generational communication strategies. Mona DelSole, MPA, brings a deep passion for multi-generational team building, grounded in organizational behavior research and experience as faculty in the School of Business and Global Innovation at Marywood University, with a special focus on Senior Care.

Expert and Professional Services

Diagnostic / Advocacy Services

Hakim Health Partners

Melissa Hakim, Healthcare Advocate

drmelissa@hakimhealthpartners.com

P.O. Box 1222, Bethlehem, PA 18016

484-533-7822 hakimhealthpartners.com

Our independent, non-affiliated firm helps you navigate and personalize the increasingly complicated healthcare system so you understand your healthcare options. We focus on your wellness and all those involved and affected by your medical situation. Working with patients and their partners, we bridge the gap between you and your doctors to improve communication, review options, solve problems, and reduce stress.

Driving Evaluations / Training

Roadway to Independence

Angela Brown

info@roadwaytoindependence.com

Schnecksville, PA

610-216-2933 (C) 855-731-1378 (F)

roadwaytoindependence.com

We perform comprehensive driving evaluations to determine if individuals are safe behind the wheel. We evaluate seniors and individuals who may have had recent illness or injury, e.g., stroke, Parkinson's, dementia, neuropathy, or amputations. We provide training for individuals that require adaptive equipment due to physical limitations, e.g., paralysis or weakness from stroke, spinal cord injury, amputations, neuropathy, or neurological conditions. We provide adaptive vehicle modification evaluations to make recommendations for transferring in and out of a vehicle or transporting mobility devices, such as wheelchairs.

End-of-Life Doula

Compassionate Crossings

Lori A. Rizzo compassionatecrossingsLLC@gmail.com

856-313-6455 (C)

compassionatecrossingsdoula.com

At Compassionate Crossings, LLC, I provide end-of-life care, guiding individuals and families through the dying process. My services include emotional, physical, and spiritual care, grief support, healthcare planning, and legacy creation. I also offer dementia support, elder care, and educational resources to help people understand and prepare for death. I aim to ensure a meaningful and peaceful transition, honoring each person's journey.

Expert and Professional Services

Funeral Home

Falk Funeral Homes & Crematory

Donna Falk memorial@falkfuneralhomes.com
1418 Main Street, Hellertown, PA 18055
610-838-9191 610-838-7922 (F) falkfuneralhomes.com

Our funeral home and crematory are dedicated to an array of services and items that each family needs in time of grief. We assist in arranging memorial events and accommodate all faiths as well as secular services. We offer assistance with Social Security, veterans benefits, and insurance questions, as well as grief and bereavement resources.

Geriatric Care Management

Change In Motion

Jadyn Sharber OT@ChangeInMotionPA.com
P.O. Box 4214, Easton, PA 18043
484-240-5913 484-705-2036 (F) ChangeInMotionPA.com

Most seniors want to continue living at home, but 90% of Pennsylvania houses are not designed to support healthy aging. Change In Motion provides home evaluations and expert guidance for fall prevention, joint health, decreasing pain and fatigue, and more. Every evaluation is performed by a certified aging-in-place specialist (CAPS) occupational therapist (OT). Services are covered by Medicare. Schedule your free consultation to learn more!

LVHN-Fleming Memory Center

Cara Scheetz cara.scheetz@lvhn.com
1627 W. Chew Street, Allentown, PA 18102
610-969-3390 610-969-3393 (F) lvhn.org

Patients undergo a thorough assessment performed by a specialist educated in geriatrics. The assessment includes a review of their medical and social history, medications, and cognitive testing. During the assessment, a specialized treatment plan will be recommended and communicated to patient's caregiver, primary care office, and other specialists. Our team focuses on the caregiver as well.

Expert and Professional Services

Home Modifications

Grab Bar Pros

Bruce Montgomery bruce@grabbarpros.com
Allentown, PA 18109
610-393-6395 grabbarpros.com

Grab Bar Pros specializes in bringing safety to your home as inexpensively as possible. The primary owner is a registered nurse who did home health nursing. He was a contractor before nursing, and has had extensive guidance from multiple therapists. ADA guidelines are followed and he pridefully stretches your dollars to the maximum without sacrificing quality or security. Grab Bar Pros—Safety Within Your Reach.

Power Stair Lifts

Sandy Hutchison sandy@powerstairlifts.com
4847 Hamilton Blvd., Suite 201, Allentown, PA 18106
484-895-1188 powerstairlifts.com

Providing mobility solutions to make life easier. Offering Power Stair Lifts, Vertical Wheel Chair Lifts, Power and Conventional Ramps, Threshold Ramps, Sales, Installation, and Service. We provide a practical and economical solution for people facing mobility and accessibility challenges. We are a local company serving the entire Lehigh Valley and beyond, and are locally owned and operated since 2009. Our service starts with a FREE Home Assessment.

Insurance / Medicare

AARP United Healthcare

Maria Santacoloma maria@silentpartnerins.com
P.O. Box 32, Fogelsville, PA 18051
610-366-0124 silentpartnerins.com

We have a sales team of 75+ local agents. We cover all of Eastern PA and are licensed in 15 additional states. Our agents help you find the plan that fits your needs. We educate our clients prior to any enrollment, making sure they are getting the right plan for what they need. We are available for senior events, speaking engagements, service projects, and more! Call us with your questions.

Expert and Professional Services

Insurance / Medicare

Silver Crest Insurance, Inc.

Daniel T. Banks dan@silvercrestins.com
2103 Stefko Blvd., Bethlehem, PA 18017
610-868-5801 610-704-5372 (C) silvercrestins.com

We are a local independent insurance agency specializing in Medicare supplemental insurance for those 65 and over. Silver Crest is also able to assist people under 65 with individual health insurance through Pennie, Pennsylvania's official health insurance marketplace. As brokers, Silver Crest provides the power of choice! We are not confined to one insurance company; we work for you! Best of all, our services do not cost you a dime! We are paid directly by the insurance companies we contract with, costing you nothing additional! We make Medicare simple!

Solofsky Financial Group, LLC

Eric Robert Solofsky rick@solofskyfg.com
4030 Church Road, Easton, PA 18045-2972
215-432-7425 MedicareDecoded.Live

An Insurance Broker specializing in Medicare and Group Employee Benefits in PA and NJ. I'm a two-time published author. One book is Medicare Decoded Shocking Facts. I offer free Medicare talks and seminars known as "The Medicare Minefield." I offer my book free of charge to educate the community about the ins and outs of Medicare. I hosted a radio talk show (I-Heart Radio and ESPN Philadelphia) and over the past 30 years I educated CPAs, attorneys, CFOs, CEOs, human resource directors, their staff, and financial planners about Medicare Law and Medicare Supplemental Strategies for clients.

Medical Equipment

Mobility Unlimited Inc.

Jennifer McCloskey jennifer@mobilityunlimitedinc.com
515 N. 12th St., Allentown, PA 18102
610-433-8797 610-433-7972 (F) mobilityunlimitedinc.com

We have been providing Durable Medical Equipment and Home Accessibility to the Greater Lehigh Valley and surrounding areas since 1995. Along with DME, we specialize in motorized equipment, stair glides, ramps, and vehicle lifts. We offer a variety of products that enhance people's mobility, independence, and quality of life. Technicians are always on staff for equipment repairs in shop or in your home.

Expert and Professional Services

Medical Equipment

Rotech Healthcare

Sean Haas

1510 Valley Center Parkway, Suite 160, Bethlehem, PA 18017
610-443-3014 610-443-3074 (F) rotech.com

Formerly American Home Medical, our goal is to provide quality medical products, competitive and fair pricing, and outstanding service. American Home Medical has been servicing Allentown and the surrounding communities since 2008.

Money Management

Designing Wealth Management of Raymond James

Kristie Strubeck, CFP®, CDFIA®, CRPC

kristie.a.strubeck@raymondjames.com

740 Hamilton Street, Suite 220, Allentown, PA 18101

484-795-7872 570-470-5770 (C)

designingwealthmanagement.com

Kristie works with clients to provide financial education and organization so you can meet your life goals at all stages of life. She provides investments, retirement planning, long-term care, social security, and college planning services.

Halftime Wealth Management

Michael J. Cohen

5784 Business Route 209, Suite 2, Sciota, PA 18354

570-202-4929 halftimewealth.com

Halftime Wealth Management specializes in planning and organizing finances for those nearing or in retirement. Protecting some assets during retirement is paramount to a stable and predictable retirement plan. In addition to retirement income planning, Halftime offers Social Security strategies, Medicare Supplement and Advantage plans, Life Insurance, Annuities, Long-Term Care and Estate and Legacy planning. Halftime is a full-service destination for retirees in the Lehigh Valley and Poconos and is happy to assist you in any way necessary.

Expert and Professional Services

Money Management

Janney Montgomery Scott, LLC

Julie Knight CFP®, AIF®, CLTC®, CDFIA®

julieknight@janney.com

1390 Ridgeview Drive, Suite 101, Allentown, PA 18104

610-674-6981 janney.com

A Financial Advisor and Certified Financial Planner practitioner, Julie focuses on family wealth planning that has multi-generational impact. She received her Certification for Long-Term Care to help families make informed decisions about the severe consequences a need for care over an extended period of years would have—not on the client, but on the emotional, physical, and financial wellbeing of loved ones.

Unity Bank

Crystal Rose

crystal.rose@unitybank.com

2850 Easton Avenue, Bethlehem, PA 18017

908-713-4310 unitybank.com

Unity Bank is deeply rooted in the neighborhoods we serve. With a robust branch network throughout the Lehigh Valley and New Jersey, we offer personalized financial solutions for personal, corporate, and small business banking customers. Our services include personal and business checking accounts, time deposits, money market accounts, regular savings accounts, and loans. At Unity Bank, community matters, and we're dedicated to building a stronger, more vibrant future for everyone.

Moving and Transitions

Caring Transitions of Lehigh Valley

Brian and Susan Graveno bgraveno@caringtransitions.com

2731 Halleck Drive, Whitehall, PA 18052

610-904-8093 484-951-3333 (C)

caringtransitionsoflehighvalley.com

Caring Transitions specializes in senior relocation and transition services. We provide clients with supportive services, packing, space plans, moves, resettling, on-line auctions, cleanouts, liquidation, rightsizing, and transitions. We start with a well-executed transition plan, beginning with the initial sorting of personal belongings, through packing, moving and selling of items, to the final clearing and cleaning of the property. We do the work so you don't have to. Schedule a free consultation today.

Expert and Professional Services

Moving and Transitions

Specialty Moves by Design

Lindsay Kearney info@specialtymovesbydesign.com
4736 Hamilton Boulevard, Allentown, PA 18103
610-295-0036 specialtymovesbydesign.com

We keep you smiling on Move Day! We design floor plans, sort to down-size, fully pack, supervise the movers, and give you a full unpack in ONE DAY. Beds made, closets organized, bathrooms and kitchens set up. We even hang your art and liquidate the “stuff” you don’t need. We also have a nationally-ranked speaker for your event! What we do is as much a ministry as a business—we believe in Joyful Moves! Founded in the Lehigh Valley, Specialty Moves by Design is one of the nation’s leaders in Move Management, having managed 2500+ moves over 15 years.

Valley Wide Movers, LLC

Cori Hampton-Bostick valleywidemover@gmail.com
1721 William Street, Hellertown, PA 18055
484-379-6392 facebook.com/valleywidemoversllc

We have been providing top-quality services to families and individuals throughout the Lehigh Valley and beyond for over a decade. From packing to moving, we provide the assistance and special attention you deserve. Our expert team takes appropriate care of your valuable items throughout the entire moving process—from initial estimate through packing, loading, unloading, and properly placing items in their desired location. Moving is a stressful time for people, especially when downsizing and moving into a Senior Living Community. With over 1,000 moves across the Valley, we make this personal transition as simple as possible. Our professional staff realizes the delicate nature of change and is sensitive to your needs every step of the way.

Your Tasks—Our Time

Darla Pompilio darla@yourtasksourtime.com
PO Box 52, Kintnersville, PA 18930
610-847-5422 908-612-9159 (C) yourtasksourtime.com

Your Tasks—Our Time is a full-service Senior Move Management, Downsizing, and Professional Organizing company serving PA and New Jersey for 16 years. We are keenly aware of the challenges of downsizing and relocating a lifetime of memories. Our mission is to minimize these difficulties by guiding our clients and their families through this overwhelming process with grace and ease.

Expert and Professional Services

News and Information

Lifestyles over 50

Alan Allegra editor@lifestylesover50.com
4847 Hamilton Blvd., Suite 201, Allentown, PA 18106
267-772-8210 lifestylesover50.com

The Lehigh Valley's most comprehensive senior care resource. Lifestyles over 50 publishes a quarterly directory magazine with articles, things to do with grandkids, puzzles, games, trivia, jokes, and more!

Real Estate

Amy Wastler Team at Re/Max Real Estate

Amy Wastler, Realtor and Seniors Real Estate Specialist
amy@amywastler.com

3120 Hamilton Blvd., Allentown, PA 18103
610-770-9000 610-504-7142 (C) amywastler.com

The Amy Wastler Team is a dynamic group of professionals who dedicate themselves to serving others. As full-service agents, Amy and her team provide comprehensive support to every client at every price point. From kitchen table to closing table, we are with you every step of the way.

Better Homes and Gardens Real Estate / Cassidon Realty

Eileen Dunn, Realtor, SRES, MBA eileen_dunn@yahoo.com
2720 Jacksonville Road, Bethlehem, PA 18017
610-882-3135 610-657-4423 (C) eileendunnrealtor.com

I specialize working with seniors to help them and their families navigate the decision-making process of when or if they should sell their home, and maneuver through the organization and sales process. I offer a free home warranty—I list the property which covers the seller from listing date to closing date and covers the buyer for one year from closing, giving clients peace of mind knowing the home warranty is there. I rely on a wide network of professionals for referral and help, and organize and facilitate Senior Lunch and Learn Seminars with speakers sharing tips and guidance for mature adults as they move through the stages of life.

Expert and Professional Services

Real Estate

Better Homes and Gardens Real Estate Valley Partners

Frank Mastroianni REALTOR, SRS, ABR

FrankMastroianni@BHGvalley.com

4205 Tilghman St. Allentown PA 18104

610-421-8887 610-657-5118 (C) franksellslehighvalley.com

Top 1% producing agent in the Greater Lehigh Valley Realtor

*Association and nationwide amongst the Better Homes and Gardens
Real Estate Brand.*

Better Homes and Gardens/Valley Partners

Shirley Lang Team shirleylangrealtor@gmail.com

232 Main St., Emmaus, PA 18049

610-421-8887 610-509-9664 (C)

I hold the Seniors Real Estate Specialist® (SRES®) designation for REALTORS® who meet the special needs of maturing adults when selling, buying, relocating, or refinancing residential or investment properties. SRES® REALTORS® are prepared to offer mature clients the best options and information to make life-changing decisions.

Transition with ease and peace of mind as our experienced real estate agents help seniors move from their cherished homes to comfortable independent or assisted living. We understand their emotional journey and unique needs and provide compassionate guidance at every step.

Trust our expertise to handle the sale of your home efficiently, ensuring you receive the best value.

BHHS Fox & Roach

Barbara Hodick

barb.hodick@foxroach.com

3261 Rte. #100, Suite #100, Macungie, PA 18062

484-519-4444 610-390-1313 (C) 484-519-4455 (F)

barbhodick.foxandroach.com

I'm an Associate Broker with 42 years of Real Estate experience in the Lehigh Valley, passionate about working closely with seniors and their families or caretakers. From start to finish, no task is too small or too large. I am there for you throughout the entire process. I not only serve the Lehigh Valley, but also Western Berks, Upper Bucks, and Lower Carbon and Monroe counties. I hold multiple designations including Seniors Real Estate Specialist (SRES®). This course and ongoing education help Realtors® who have earned this designation be better equipped to guide you with help and resources in your transition.

Expert and Professional Services

Real Estate

Howard Hanna The Frederick Group

Jane Schiff schiffjane@gmail.com
3500 Winchester Rd., #201, Allentown, PA 18104
610-216-5232 janeschiff.com

As Senior Real Estate Specialists, we have a wealth of knowledge and resources to help with any senior-related move or transition. Our goals are simple: to help you understand all of the important choices that lay ahead, to completely understand the emotional aspect of making these choices, to provide useful resources, to help you make educated decisions, and to plan the best strategies for you!

Keller Williams Real Estate

Dana Cardona danacardona@kw.com
1605 N. Cedar Crest Blvd., Suite 309, Allentown, PA 18104
610-435-1800 718-300-1382 (C) danacardona.kw.com

As a Realtor for over 9 years in the Lehigh Valley and surrounding areas, I specialize in helping Seniors as a Senior Real Estate Specialist (SRES®). My passion is to make a meaningful difference in the lives of my clients during this significant transition. Selling a home is an emotional and overwhelming experience, especially for seniors who've created memories within their cherished spaces. I go above and beyond to provide personalized care and support throughout the process. It is my honor to serve the senior community and their families.

REVIVE Home Solutions

John Huck john@revivehs.org
Nikki Murczek nikki@revivehs.org
P.O. Box 202, Mertztown, PA 19539
610-510-2735 revivehomesolutions.org

We help seniors move to the next level of care when you need to sell your home to do so. We provide multiple options for selling your home and allow you to choose the option that works best for your timeline. We can purchase homes as quickly as 1–2 weeks—hassle free—with everything you no longer want to deal with still in the home. We provide you with a trusted realtor if listing on the market is the option that works best for you! Call for a no obligation consultation today!

Expert and Professional Services

Real Estate

Weichert Realtors

Amy Bishop, Pam Gontram pgontram@weichert.com
2330 Schoenersville Road, Bethlehem, PA 18017-3602
484-862-2856 amy-bishop.weichert.com

We bring over 17 years of real estate experience to the table. Pam is a Senior Real Estate Specialist (SRES®), committed to serving seniors. Whether aging in place or selling your home, our network of professionals supports every aspect of your real estate needs. Trust our expertise to efficiently handle the sale of your home to receive the best value. Our extensive network and personalized marketing strategies will connect you with the right buyers who truly value the memories you've created. Take the first step towards a worry-free future—allow us to guide you through this important transition with care and professionalism.

Senior Care Placement

CarePatrol of Lehigh Valley & Upper Bucks

Mary Ann Pickell mpickell@carepatrol.com
P.O. Box 397, Center Valley, PA 18034
610-509-0445 610-509-7050 (C) lehighvalley.carepatrol.com

We help families find safe, quality assisted living, independent living, memory care, and in-home care, as well as adult day programs. We meet with families to consult, educate, and advocate as they explore care options. We tour senior care communities with our clients and review care and violation histories of the communities we recommend—and our service is FREE.

Transportation

ITNLehighValley (Independent Transportation Network Lehigh Valley)

Doug Wilson doug.wilson.ag@gmail.com
35 East Elizabeth Avenue, Suite 20A, Bethlehem, PA 18018
610-419-1645 484-686-3012 (C) itnlehighvalley.org

ITNLehighValley is a 501c3 nonprofit organization providing dignified transport for people aged 65+ and the visually impaired at any age. As an affiliate of ITNAmerica, our service is unique in that drivers use their own cars and employ arm-through-arm, door-to-door service. We go to doors, help riders down steps, carry items for them, bring groceries in, and provide other necessary assistance to ensure the safety and security of the riders. In short, we treat them like our own parents or family members who need assistance with mobilizing.

Housing and Residential Options

Assisted Living Communities

The Village at LifeQuest

Jessica Gonzalez jgonzalez@lq.org
2100 Cherry Blossom Lane, Quakertown, PA 18951
267-424-2069 267-272-1331 (C) 215-536-1003 (F)
villageatlifequest.com

Warm and friendly describe The Village at LifeQuest Assisted Living. Our upbeat and personable staff is committed to getting to know our residents and their family—our residents become like our family. We are a licensed Assisted Living community, pet-friendly, located on 220 acres in suburban Quakertown. We offer assisted living services, a full and robust life enrichment program, and various floor plans with unique spaces—all in a peaceful, serene setting. We strive to accommodate your loved ones in the best way possible, offering all the care, encouragement, and compassion they need and deserve.

Continuing Care Retirement Communities

Chestnut Ridge at Rodale

Katie Erdman Kaerdman@phoebe.org.
400 S. 10th Street, Emmaus, PA 18049
610-927-8550 chestnutridgeatrodale.org

Chestnut Ridge at Rodale is Phoebe's newest senior living community in Emmaus, PA. This 60+ independent living retirement community combines luxury and optimal wellness with Phoebe's long-standing legacy of serving seniors. The wellness-focused lifestyle community offers spacious floor plans, countless opportunities for vibrant living, and upscale amenities.

Housing and Residential Options

Continuing Care Retirement Communities

Country Meadows of Bethlehem

Lien Snyder lsnyder@countrymeadows.com
4035 Green Pond Road, Bethlehem, PA 18020
610-865-5820 x25602 484-215-6876 (C) 610-865-4630 (F)
countrymeadows.com/communities/bethlehem-pa

For over 30 years, we've provided senior living at the highest standards and helped families find the right options. Choosing senior care services is personal—it's your family, your livelihood, your well-being. We offer personalized retirement living with a range of lifestyle options, including Independent Living, Assisted Living, Memory Care, and Skilled Nursing care. All levels offer seniors security, comfort, and a rich community life centered around engaging the mind, body, and spirit. Senior living for seniors who want to make the most of retirement life on their own terms.

Fellowship Community

Chelsea Lowery clowery@fellowshipcommunity.com
3000 Fellowship Drive Whitehall PA 18052
610-769-8111 610-799-0307(F) fellowshipcommunity.com

For over 30 years, our faith-based continuing care retirement community has provided a tradition of excellence in senior living. Experience customer service based on our core values and enhanced by the empathy and compassion of our caring staff. Fellowship offers a comprehensive continuum of services that include Independent Living, Personal Care, Skilled Nursing, Short-Term Rehabilitation and Memory Support—all on our beautiful campus.

Kirkland Village

Jeanene A. Riegel-Kline jriegel-kline@psl.org
One Kirkland Village Circle, Bethlehem, PA 18017
610-691-4504 presbyterianseniorliving.org/kirkland-village

At Kirkland Village, you have the flexibility to create your own experience. All our senior living services are available in Bethlehem, PA, including Independent Living, Personal Care, At Home Services for in-home support, Memory Care, Transitional Care, Skilled Nursing, and End-of-Life and Comfort Care. We provide people 55 and older with resources to create truly fulfilling lives. You'll appreciate our convenient location close to historic downtown Bethlehem, near Allentown and various Lehigh Valley cultural events. Our close proximity to Phillipsburg, New Jersey, provides even greater regional accessibility.

Housing and Residential Options

Continuing Care Retirement Communities

Luther Crest

Matthew Petrauskas matt.petrauskas@lssliving.com
800 Hausman Rd., Allentown, PA 18104
610-398-8011 luthercrestseniorliving.org

Luther Crest is an inviting Life-Plan Community filled with opportunities to lead an active, engaging lifestyle. We promote total wellness for our residents' body, mind, and spirit. We are a continuing care retirement community offering Independent Living, Personal Care, Memory Care, Long Term Skilled Nursing, and Short Term Rehabilitation.

Lutheran Manor of the Lehigh Valley, Inc.

Courtney Doheny courtney@lutheranmanor.com
2085 Westgate Dr., Bethlehem, PA 18017
610-866-6010 610-866-9773 (F)
lutheranmanor.com

Lutheran Manor is a vibrant senior living community offering the perfect blend of outstanding amenities and convenient and affordable living.

Moravian Hall Square

Liz Brandl lizb@moravian.com
175 West North Street, Nazareth, PA 18064
610-746-1000 610-746-1023 (F) moravian.com

Moravian Hall Square opened in 1988 as the first not-for-profit continuing care community in Northampton County. Located on 17 picturesque acres in the center of Nazareth, PA, the community provides independent living residences offering an extraordinary lifestyle for all your retirement years. We say "extraordinary" because not only are there unlimited opportunities to be actively living your life to the fullest, but residency at Moravian Hall Square includes access to the region's best healthcare services in Personal Care, Memory Support Care, and Nursing Care, all on the same beautiful campus. Everything you need to be healthy, fit, and well is in place for you here. That's what makes Moravian Hall Square so unique.

Housing and Residential Options

Continuing Care Retirement Communities

Phoebe Allentown

Vicki Kocis vkocis@phoebe.org
1925 W Turner St., Allentown, PA 18104
610-794-5406 610-794-5043 (F) phoebe.org

Since 1903, Phoebe Allentown has offered a community-centered, active retirement lifestyle. Serving the Lehigh Valley and beyond, residents can enjoy the small-town charm and the amenities of Allentown's historic West End, with easy access to area attractions. The Phoebe Allentown campus offers independent living options in addition to personal care and skilled nursing. Residents can enjoy the full continuum of care in one location with different levels of care to suit every individual, including award-winning dementia and memory care. Phoebe Allentown also specializes in outpatient and short-term rehabilitation, offering on-site physicians and dedicated rehab gyms. Discover how the Phoebe culture of caring leads us into the next generation of senior living, with more of what you want—all in one place.

Riverton Enhanced Senior Living

Karen Dapp Kdapp@rivertonseniorliving.com
803 N. Wahneta Street, Allentown, PA 18109
610-782-8320 610-213-1952 (C) 610-434-3393 (F)
rivertonseniorliving.com

A hidden gem located in Allentown! We are family-owned-and-operated. Independent Living—Personal Care—Skilled Nursing and Rehabilitation—24/7 on-site nursing available—Primary Care Physicians—Medication Management—Skilled Nursing and Rehabilitation—On-site therapy services—Recreational activities and programming. Call Us! Come experience life at Riverton!

Housing and Residential Options

Continuing Care Retirement Communities

The Lutheran Home at Topton

Kendra High kendra.high@lssliving.org
1 South Home Ave., Topton, Pa 19562
610-682-1413 lutheranhomeattopton.org

The Lutheran Home at Topton is a Life-Plan Community. We offer a wide range of lifestyle options and solutions, including independent living, personal care, memory care, short-term rehabilitation, and traditional skilled nursing. In a beautiful rural setting with easy access to the attractions of the region's bigger cities, our residents enjoy a lifestyle that is truly worry-free. It's why they say, "This is the Way to Live!"

Traditions of Hanover

Megan Sedlock mstedlock@traditionsofhanover.com
5300 Northgate Drive, Bethlehem, PA 18017
610-882-0400 610-882-2264 (F) traditionsofhanover.com

Traditions of Hanover is a top-rated retirement community, offering a vibrant and carefree lifestyle for seniors! We are well known for the caring culture and an affordable month-to-month lease with NO buy-in, allowing you to live the life you deserve. Amenities include full kitchens, housekeeping, meals, transportation, a dynamic calendar of activities, and more! Discover why our residents tell their family and friends to move to Traditions of Hanover.

Memory Care Communities

Abington Manor at Morgan Hill Memory Care Village

Jessica Ringo jessicar@abingtonmanor.com
5 Cedar Park Boulevard, Easton, PA 18042
610-438-9400 610-438-9403 (F) abingtonmanor.com

Focus matters. As a dedicated memory care community, our team members have one goal: to create pleasant, engaging days for our residents with memory care needs. Our Life Stories program draws on each resident's personal history to foster meaningful connections throughout the day. As part of the IntegraCare family of communities, we share additional resources—in nursing, training, dining—while allowing Abington Manor's widely-recognized family touch to continue. Our mission is to improve the quality of life for our residents, their families, and our team. Abington Manor is a great place to live BECAUSE it's a great place to work. Discover our family feel—schedule a tour today!

Housing and Residential Options

Memory Care Communities

Arden Courts of Allentown

Tailyn Queen tailyn.queen@promedica.org
5151 Hamilton Blvd., Allentown, PA 18106
610-366-9010 484-655-0536 (C) 610-366-9641 (F)
arden-courts.org/allentown

Arden Courts of Allentown is a 56-bed memory care community serving residents and their families for 25 years. Our expert staff and physicians welcome your loved one into our uniquely-designed, safe, secure, and homelike community. At Arden Courts, you will learn more about your loved one's diagnosis, receive support with our continuum of care, and feel the peace of mind knowing your loved one is well cared for.

Arden Courts of Old Orchard

Sherley Perdomo sherley.perdomo@promedica.org
4098 Freemansburg Ave., Easton, PA 18045
484-523-2903 610-253-5014 (F)
arden-courts.com/oldorchard

We're the Lehigh Valley's largest residential memory care community. Our safe outdoor trails, access to the outdoors, top-of-class staffing ratios, and unique resident excursions, set us apart from the rest. From fishing trips and beach days to horseback riding, we make sure our residents are living their best dementia lives. At the building, our jam-packed activity schedule keeps the residents engaged and social.

South Mountain Memory Care

Careen Steele csteele@southmountainmemorycare.com
201 S 7th Street, Emmaus, PA 18049
610-965-7662 484-460-6842 (C)
southmountainmemorycare.com

South Mountain provides your aging loved one with the support and quality care they need, in our secured memory care community. Nestled in a quaint Emmaus neighborhood, SMMC's unique, small-house design is the perfect place to enjoy the comforts of home and the opportunity to participate in our robust Activity Program. Other features of South Mountain Memory Care include a secure courtyard, general store, large front porch, on-site therapy services, and exquisite dining options. Our philosophy is to provide the peace of mind you deserve and help you embrace the life that remains.

Housing and Residential Options

Personal Care Communities

Abington Manor at Morgan Hill Senior Living

Jessica Ringo jessicar@abingtonmanor.com
215 Cedar Park Boulevard, Easton, PA 18042
610-829-0100 484-866-0607 (C) 610-829-0166 (F)
abingtonmanor.com

For over 15 years, we've provided seniors a gracious and enjoyable place to live with personal care services always within arm's reach. Recently, we joined the IntegraCare family of communities which brings additional resources—in nursing, training, and dining—while ensuring that Abington Manor's strong family feel remains at the heart of everything we do. Our mission is to enhance the quality of life for residents, their families, and our team members. Abington Manor is a great place to live BECAUSE it's a great place to work. Come experience our family feel firsthand—schedule a tour today!

Abode Care of Allentown

Bri Beil bri@abodecare.com
2232 29th Street SW, Allentown, PA 18103
610-797-4651 610-797-3763 (F) abodecare.com

A Place to Call Home, amid a luxurious and comfortable environment, our residents enjoy social interaction and camaraderie, intellectual stimulation, physical exercise, spiritual fulfillment, and more!

Above & Beyond at The Knights

Basima Hamati bhamati@abseniorliving.com
1545 Greenleaf St., Allentown, PA 18102
610-434-7433 610-434-8965 (F) abseniorliving.com

Above & Beyond at the Knights is located in a serene setting surrounded by green grass and baseball fields. Plus, only minutes away from major Lehigh Valley highways. The moment you walk through the door, you will feel the warmth and the love the Above & Beyond Family has to offer. As a family owned and operated community, we offer a choice of personal care or a secured dementia care unit depending upon the needs.

Housing and Residential Options

Personal Care Communities

Atria Bethlehem

Alyssa Smith alyssa.smith@atriaseniorliving.com

1745 West Macada Road, Bethlehem, PA 18101

610-317-0700

atriabethlehem.com

Atria Bethlehem provides a lifestyle of choice, with industry-leading quality standards and care options that can be customized to your needs as they change. The freedom to live as you choose in the area you know and love. A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.

Atrium of Allentown

Jennifer Braun jennifer@atriumofallentown.com

5767 Cetronia Road, Allentown, PA 18106

484-221-8736 484-707-3876 (C) 484-350-3461 (F)

atriumofallentown.com

Atrium of Allentown in Upper Macungie Township offers all-inclusive personal care and memory care. Our dedicated staff provides care, manages medications, coordinates dynamic programming, and takes the responsibility of meals, housekeeping, and laundry off your hands. Our residents enjoy spacious, bright studio-style suites with a kitchenette.

Country Meadows of Forks

Danuta Miner dminer@countrymeadows.com

175 Newlins Road West, Easton, PA 18064

484-544-3880 908-878-3871 (C) 610-865-4630 (F)

countrymeadows.com

For over 30 years, Country Meadows has provided senior living at the highest standards and helped families find the right options for them. Choosing senior care services is personal. It's your family, your livelihood, your well-being. That's why we offer personalized retirement living through a range of lifestyle options. Our levels of care include Independent Living, Assisted Living, and Memory Care. All levels offer seniors security, comfort, and a rich community life centered around engaging the mind, body, and spirit. Senior living for seniors who want to make the most of their retirement life on their own terms.

Housing and Residential Options

Personal Care Communities

DevonHouse Senior Living

Maria Schena mschena@devonhouseseniorliving.com
1930 Bevin Drive, Allentown, PA 18103
610-349-7003 610-965-6729 (F)
devonhouseseniorliving.com

DevonHouse, "The Heart of Hospitality," offers one-floor living with a home-like environment, professional nursing on-site 24 hours, 7 days a week, a variety of social, spiritual, and educational activities, and farm-to-table dining choices. No-leveling, customized care plans ensure the most fulfilling and enriched life. Locally owned and managed. Shared, private, and couple accommodations.

Heather Glen Senior Living

Kim Garrison kgarrison@hgseniorliving.com
415 Blue Barn Road, Allentown, PA 18104
610-841-4478 610-841-8880 (F) hgseniorliving.com

We offer personal and memory care living options. Our compassionate, professional staff cares for your loved one while providing the support they need. Spacious studio and one bedroom suites are available. Our community features a huge atrium and common areas with ample natural lighting that encourages healthy living. We are deeply rooted in the Lehigh Valley. Great Care Blooms at Heather Glen.

Holy Family Senior Living

Lynn Murray lmurray@holyfamilysl.org
1200 Spring St., Bethlehem, PA 18018
610-865-5595 holyfamilysl.org

Holy Family Senior Living is a Catholic organization built on 60 years of providing exceptional senior services to Bethlehem. We take pride in continuous 5-star CMS ratings, specializing in Short-Term Rehabilitation and Skilled Nursing Care. Our Short-Term Rehab program provides updated private rooms and dining to keep you comfortable and restore you to the best possible level of independence. We coordinate homecare services to help you succeed after your rehab stay. We have Independent Living apartments throughout 5 local surrounding counties plus Grace Mansion, our Personal Care. Catholic at Heart, Welcoming to All, is our motto, providing Catholic Mass every day in our beautiful Chapel for all to enjoy.

Housing and Residential Options

Personal Care Communities

Legend Senior Living of Allentown

Janine Nickisher janine.nickisher@legendseniorliving.com
6043 Lower Macungie Road, Macungie, PA 18062
610-426-0223 legendseniorliving.com

Offering both Personal Care and Memory Care residences, Legend of Allentown is dedicated to providing the highest levels of personal service and a warm, comfortable, and active social environment that will enrich your life. We celebrate your unique personality and lifestyle with services designed especially for your needs, so you'll thrive in an environment of friendship, family, and robust support that values and respects your privacy, dignity, and independence.

Lehigh Commons Senior Living

Christopher Kielar christopher.kielar@genesishcc.com
1680 Spring Creek Road, Macungie, PA 18062
610-530-8089 lehighcommons.com

Lehigh Commons, located in the beautiful suburb of Macungie, boasts a long-standing reputation in the Lehigh Valley. For 25+ years, we have been providing high-quality personal care and memory care services in a comfortable and safe environment. Senior Living is the preferred lifestyle for seniors who value their independence but would benefit from additional support to maintain it. Our community is designed with senior needs and preferences in mind and committed to providing customized care to offer peace of mind and ease of living.

Maple Shade Meadows Senior Living

Dylan Cowan dylan.cowan@mapleshademeadows.com
50 E. Locust St., Nesquehoning, PA 18240
570-669-5500 570-669-9910 (F) mapleshademeadows.com

Our one-floor Senior Living Community is located along a picturesque creek in a meadow in the quiet town of Nesquehoning. Since 1999, we've served the elderly of Carbon and surrounding counties. We provide a high-quality life while meeting your unique needs in a safe, spacious, beautiful home setting. We're affiliated with We Honor Vets, dedicated to providing a safe haven for our national heroes. Staff members with 100+ years of combined experience are on site 24/7 to keep you safe and comfortable. Respite stays welcome. Residents are active, make friends, and use our many amenities: Extensive Activities program; Bistro/Café events; Quiet and peaceful Courtyard/Gazebo; and Comfortable sitting areas and TV Lounges. On-site Physical Therapy, Occupational Therapy, and Speech Therapy are also available.

Housing and Residential Options

Personal Care Communities

Phoebe Richland and Meadow Glen

Mitch Huston mhuston@phoebe.org
108 S. Main St., Richlandtown, PA 18955
267-371-4620 phoebe.org

As your needs change, Phoebe Richland will change with you. We offer personal care for older adults who wish to live independently but need help with daily activities, such as bathing or dressing. In addition, skilled nursing, short-term, and outpatient rehabilitation are available on campus, as well as dedicated memory support and dementia care.

Rittenhouse Village at Lehigh Valley

Douglas Cressman jswinsburg@rittenhousesl.com
1263 S. Cedar Crest Blvd., Allentown, PA 18103
610-433-9220 610-770-9838 (F)

rittenhousevillages.com or rittenhouse-village-at-lehigh-valley
We offer lifestyle options of Personal Care and Memory Care apartment homes. Residents enjoy the luxuries of a host of included amenities, such as three gourmet meals a day, a full calendar of daily activities and events, concierge services, weekly housekeeping, and transportation. Personalized care services, such as showering and bathing assistance, grooming and dressing, continence management, health monitoring, and wellness management are available.

Sacred Heart Senior Living

Gayle Carls Smith gcarlssmith@shfamily.org
602 East 21st Street, Northampton, PA, 18067
610-262-4300 610-851-0107 (F)
sacredheartseniorliving.com

Celebrating over 20 years of Caring. Offering Independent Living, Personal Care, and Memory Care options. We provide a worry-free setting with a supportive environment, the perfect blending of personal freedom and security. A dedicated professional staff and personal assistance are readily available to all our residents. Spacious Studios, Suites and Apartments. Emergency Call System.

Housing and Residential Options

Personal Care Communities

Sacred Heart Senior Living by Saucon Creek

Carol Blazo shfrontdesk@shfamily.org
4851 Saucon Creek Road, Center Valley, PA 18034
610-814-2700 610-625-2707 (F)
sacredheartseniorliving.net

Independent Living, Personal Care, and Memory Care. At Sacred Heart Senior Living's Secure Memory Care Neighborhood, you will find quality compassionate care for those with Alzheimer's- and Dementia-related conditions. Our residents enjoy a sense of community in a small, supportive neighborhood setting, all in a beautiful, serene, and secure environment.

The Birches of Lehigh Valley

Jillian Berry jberry@thebirchesoflehighvalley.com
5030 Freemansburg Ave., Easton, PA 18045
610-438-6600 thebirchesoflehighvalley.com

At The Birches of Lehigh Valley, you will find a beautiful building and a culture of care where the focus is on living! Our personal care and memory care neighborhoods provide as little or as much assistance as needed while creating an environment where seniors can live their best life! Our compassionate staff members take the time to get to know each resident, working diligently to meet their needs and wants—it's part of our culture and what sets us apart from other communities. Our amenities and services help preserve your independence and provide you with peace of mind.

The Vero at Bethlehem

Nic Brown nic.brown@legendseniorliving.com
4700 Bath Pike, Bethlehem, PA 18017
610-936-9848
legendseniorliving.com/find-a-community/pennsylvania/the-vero-at-bethlehem.html

The Vero at Bethlehem offers Personal Care and Memory Care services. Every resident enjoys luxury amenities and services tailored to their personal preferences and abilities. We offers services for adults who want an independent lifestyle with just a little extra support—a perfect balance of independence and assistance. Our Memory Care Neighborhood provides a homelike setting, familiar routines, and plenty of ways to stay as independent as possible.

Housing and Residential Options

Residential Apartment Complex

Devonshire Park Apartments

Gina Fafard manager@devonshireparkapts.com
1641 33rd Street Southwest, Suite 100, Allentown, PA 18103
610-797-1333 610-797-2661 (F) devonshireparkapts.com

Devonshire Park Apartments is an independent apartment community located on 31 acres in southwest Allentown. Devonshire is close to major highways, medical facilities, and shopping. We offer many activities for residents to enjoy, such as bingo, yoga, cards, gardening, outings, and special entertainment. Devonshire also houses a beautiful newly-updated outdoor pool and a gazebo with the feel of a resort getaway, an indoor heated pool, and a fitness center. Devonshire is pet friendly, limited to one pet with breed and weight restrictions.

Helping Families Help Seniors Age in Place

LVAIP serves the community in three strategic areas:

1. Community Education

LVAIP hosts an annual symposium, attends community events as an exhibitor as well as providing speakers, distributes this guide and other resources, and engages the community in additional ways.

2. Professional Networking

LVAIP members meet on a regular basis for professional development, to address senior care issues, and to collaborate with the goal of improving care in the Lehigh Valley.

3. Giving Back

Annually, LVAIP invests thousands of dollars in scholarships for exemplary students and grants to impactful organizations that serve seniors.

Government / Community Services

AARP PA

Kellie VonStein kvonstein@aarp.org
30 N. 3rd Street, Suite 920, Harrisburg, PA 17101
717-231-5325 aarp.org/lehighvalley

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. With 1.8 million members in the Lehigh Valley and throughout Pennsylvania, AARP strengthens communities and advocates for what matters most to families: health security, financial stability, and personal fulfillment. To learn more, visit aarp.org/pa or follow us on Facebook at AARPPA and on Twitter @AARPPA.

Age Friendly Lehigh Valley—United Way of the Greater Lehigh Valley

Carmen Bell carmenb@unitedwayglv.org
1110 American Pkwy. NE, Suite F-120, Allentown, PA 18109
610-807-5717 unitedwayglv.org/age-friendly-lehigh-valley

Age-Friendly Lehigh Valley (AFLV) is a coalition under the Healthy Aging department of United Way of the Greater Lehigh Valley. AFLV envisions a community where everyone has the opportunity to age successfully. Ensuring that older adults in the Lehigh Valley can thrive mentally, emotionally, and physically is a top priority. Age Friendly Lehigh Valley supports initiatives within the 8 domains of livability and challenges stigmas surrounding older adults.

Alzheimer's Association

Larry Kolasensky lbkolasensky@alz.org
399 Market St., Suite 102, Philadelphia, PA 19106
215-399-9219 alz.org/delval

The Delaware Valley Chapter of Alzheimer's Association supports its 18-county service territory in Southeastern Pennsylvania, Southern New Jersey, and Delaware, through programs and services including a 24/7 Helpline (800.272.3900), support groups, education, advocacy, care consultation, diversity outreach, and online tools, such as TrialMatch, AlzNavigator, and AlzConnected.

Berks Encore

LuAnn Oatman loatman@berksencore.org
40 N. 9 Street, Reading, PA 19601
610-374-3195 x 222 berksencore.org

Berks Encore is a nonprofit leader of senior services in Berks County. The services provided offer support for our community's older adults without compromising their independence. Through advocacy, education, and referrals, we develop aging-confident individuals to enhance their ability to live well later in life.

Catholic Charities

Katie Reif kreif@allentowndiocese.org
900 S. Woodward St., Allentown, PA 18103
610-435-1541x310 allentowndiocese.org

Catholic Charities is a non-profit organization that provides comprehensive social services to older adults and houses the Gatekeeper Program, a community education program whose goal is to identify at-risk seniors and connect them to appropriate services. Catholic Charities also provides specialized case management, individual and family counseling, and immigration, veterans, and community support services.

Dementia Friendly Lehigh Valley

Wendy Scott wendy_t.scott@lvhn.org
301 Broadway, Ste. 115, Bethlehem, PA 18015
610-451-4798 610-969-2147 (C) dementia.lv.org

Dementia Friendly Lehigh Valley seeks to raise awareness of, and reduce the stigma surrounding, Alzheimer's Disease and Related Disorders (ADRD). The Lehigh Valley is one of thousands of communities across the United States recognized as part of the National Dementia Friendly America initiative. DFLV empowers the Lehigh Valley to become more accessible to, and supportive of, individuals affected by ADRD and their caregivers. DFLV is composed of organizations, individuals, and municipalities fostering a dementia-friendly community that is more inclusive and supportive of those living with dementia, their families, and care partners. We focus on active engagement and creating a good quality of life for older adults by embracing dignity, empowerment, and autonomy, enabling well-being throughout the dementia trajectory.

Habitat Lehigh Valley ReStore

DonateStuff@habitatlv.org

1053 Grape St., Whitehall, PA 18052

610-776-7499

habitatlvrestore.org

ReStore accepts donations of new and gently-used building materials, furniture, appliances, and household goods, and resells them to the public. ReStore provides an environmentally- and socially-responsible way to keep good, reusable materials out of landfills. Habitat for Humanity has served the Lehigh Valley community for 25 years and has built over 100 homes and improved the lives of countless families.

Jewish Community Center

Beth Kushnick

bkushnick@lvjcc.org

702 North 22nd Street, Allentown, PA 18104

610-435-3571 610-435-2859 (C) lvjcc.org

The Jewish Community Center of the Lehigh Valley sharpens the mind, strengthens the body, and inspires the spirit of the entire community through social, educational, recreational, and wellness programs instilled with Jewish values, culture, and traditions. The JCC of the Lehigh Valley is a place for adults of all ages, backgrounds, and varied interests to grow, learn, and have fun. Activities include daytime games, art, groups, entertainment, exercise, day trips, classes, and workshops.

Lehigh County Aging and Adult Services

agingandadult@lehighcounty.org

17 S. 7th Street #230, Allentown, PA 18101

610-782-3034 610-820-2028 (F)

lehighcounty.org/Departments/Human-Services/Aging-and-Adult-Services

We are committed to supporting and empowering the well-being of adults of all ages residing in Lehigh County. Information and assistance enable individuals to remain active, healthy, productive, and independent in their community. Services and support include information and referral; assessment services; care management; guidance regarding transportation; personal care; adult day care; Person-Centered Counseling; Health and Wellness programs; an Ombudsman program; Caregiver Support and Grandparent Program; PA Medicare Education and Decision Insight Program (PA-MEDI); protective services; senior centers; nutrition support; and more.

Lehigh County Office of Veterans Affairs

Thomas Applebach veteransaffairs@lehighcounty.org
17 S. 7th Street, Allentown, PA 18101
610-782-3295 lehighcounty.org

Our office directly assists veterans and their families and survivors with obtaining the federal, state, and county benefits they are eligible for. We counsel and assist with preparing and submitting claims and applications for benefits, and represent them to the U.S. Department of Veteran Affairs, the Commonwealth of Pennsylvania, and Lehigh County.

Northampton County Area Agency on Aging

Laurie Greco
2801 Emrick Blvd., Bethlehem, PA 18020
610-829-4540 northamptoncounty.org

Our office plans and coordinates services for older adults ages 60 and over in Northampton County. Programs and services are designed to enhance the independence and dignity of older adults and provide protection as necessary.

Second Harvest Food Bank of the Lehigh Valley and Northeast Pennsylvania

Omar Perez shfbseniors@caclv.org
6969 Silver Crest Road, Nazareth, 18064
484-287-4015 484-821-2287 (F) shfblv.org

Our mission is to distribute food and provide resources for education and advocacy to end hunger for people in need throughout Carbon, Lehigh, Monroe, Northampton, Pike, and Wayne counties, in partnership with over 200 agencies. The PA Senior Food Box Program is a federally-funded program designed to improve the health of low-income seniors by supplementing their diets with nutritious food.

SHARE Housing Resource and Exchange Program

Alberto Martinez alberto@lvactivelife.org
1633 W Elm St., Allentown, PA 18102
610-437-3700

SHARE is an affordable housing choice that brings together homeowners who want to share their home with home seekers who are looking for housing in exchange for rent, help around the house, or a combination of both. The home seeker receives their own bedroom and agreed-upon use of the common areas. Every arrangement is unique depending on the needs, preferences, and abilities of the participants involved.

ShareCare Faith in Action

Lynn Marie Heiney sharecare8@aol.com
321 Wyandotte Street, Bethlehem, PA 18015
610-867-2177 sharecarefaithinaction.org

ShareCare Faith in Action provides free volunteer services to elderly or disabled persons to enhance their quality of life. Volunteers provide transportation, grocery shopping, and visitation, and include Caregiver Canines, certified therapy dogs who visit homebound people. Senior CHAT is a safe and secure no-cost program that matches screened volunteer callers with older adults for friendly, weekly chats.

Sights for Hope

Dennis Zehner ask@sightsforhope.org
845 W. Wyoming Street, Allentown, PA 18103
610-433-6018 x. 241 sightsforhope.org

Sights for Hope empowers people with visual impairments to seize their independence and promotes healthy eyesight. Our support and rehabilitative services promote the accomplishment of daily tasks, increased access to medical services and food supplies, enhanced personal wellness, and extended self-sufficiency. Our free vision screenings for children stimulate success in school.

The Salvation Army

Major Karen Peabody karen.peabody@use.salvationarmy.org
521 Pembroke Road, Bethlehem 18018, PA
610-867-4681 610-867-9847 (F)

easternusa.salvationarmy.org/eastern-pennsylvania/bethlehem/
We promote positive aging through physical, emotional, social, and inspirational well-being while providing interesting educational and entertaining programs, including Bridge Players, Tai Chi, Drop-In Socials, Speakers, and low-cost lunch on Thursday (\$2.00).

Twilight Wish Foundation

Donna DeQuila donna@twilightwish.org
2370 York Rd., Suite D2, Jamison, PA 18929
215-230-8777 twilightwish.org

Since our founding in 2003, our goal has been to make the world a nicer place to age. A Twilight Wish granted recognizes seniors for all they have done throughout their lives and shows them they are appreciated and of value to society. Every wish we grant helps build a culture that values and respects our senior population.

Whitehall Active Community Center Inc

Chris Mack whitehallactivecommunitycenter@gmail.com
2301 Pine Street, Whitehall, PA 18052
610-443-0675

We are Whitehall Active Community Center, and we include all ages. Under this name, we have an active Senior Center with many members enjoying lunch together as well as exercise classes, craft classes, iPhone/computer classes, and movie afternoons. Lunch is served daily at 11:30 a.m. Please phone 2 days in advance to reserve your meal. We offer hot meals and a light fare of salad or sandwich. Every Thursday following lunch, we play cash bingo. We also have a cash bingo on the 4th Sunday of the month. All are welcome! We realize that isolation can be a major issue for some senior citizens, so our Center offers a safe, clean, structured environment for our senior citizens to meet new friends and spend time with people their age.

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Join us September 15th, 2025,
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Lifesaving Information for Emergencies

This LifeFile enables emergency medical personnel to quickly locate helpful information regarding your medical history in a time of crisis. It is very important that you keep this information current, accurate, and placed in a prominent location.

1. Please fill out the form completely in English.
2. Fold the form and place it inside a pouch.
3. Enclose copies of any Advanced Directives (DNR, POLST, Living Will, etc.) in the pouch.
4. Place the pouch on the front or side of your REFRIGERATOR or where it can be found easily.

Personal Information

Contact Name _____

Home Number _____ Mobile Number _____

Relationship _____

Contact Name _____

Home Number _____ Mobile Number _____

Relationship _____

Emergency Contact Information

Contact 1 Name _____

Home Number _____ Mobile Number _____

Address _____

Contact 2 Name _____

Home Number _____ Mobile Number _____

Address _____



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