



LV AIP
LEHIGH VALLEY
Aging in Place

RESOURCE GUIDE 2026

PROGRAMS AND SERVICES FOR OLDER ADULTS

lehighvalleyaginginplace.org



Lehigh Valley Aging in Place was formed with the purpose of establishing a network of professionals who share the common vision of helping seniors age in place and stay safe, secure, and independent throughout their lifetime.

Our Mission Statement

Lehigh Valley Aging in Place is a coalition of professionals from private, public, non-profit, and business sectors committed to helping families help seniors.

Our Vision Statement

We seek to help families help seniors by providing an annual comprehensive resource guide, educating the public on aging issues, and supporting business-to-business networking.

How To Use This Resource Guide

1. Review your current situation and evaluate your needs. Consider your lifestyle as well as your present and future needs.
2. Understand what services are available. Refer to the index on page 3 and become familiar with the types of care and services listed in this guide. This index is categorized throughout the guide for easy reference.
3. Talk with a professional. Understanding the programs and services can be confusing, and there is no need to walk the road alone. Each organization in this guide is committed to helping seniors. A contact is listed with each organization to address your basic questions. It is wise to speak to multiple members so you can best understand all your options.

Contact Us

1-877-334-8942 / info@lehighvalleyaginginplace.org
lehighvalleyaginginplace.org
P.O. Box 3103, Allentown, PA 18106

INDEX OF SERVICES

Care Services

Adult Day Care Services	4
Continuing Care at Home	4
Hospice.....	5
Medical Home Health Care	7
Music Therapy and Art Therapy.....	10
Non-Medical Home Care.....	10
Nutrition	16
Pharmacies	17
Physician Services	17
Rehabilitation	18

Expert and Professional Services

Attorney - Elder Law	21
Behavioral Health Services	22
Consulting / Coaching.....	22
Diagnostic / Advocacy Services.....	23
Driving Evaluations / Training	23
Funeral Home	24
Geriatric Care Management	25
Home Modifications.....	25
Insurance—Medicare	27
Medical Equipment	27
Mobility Solutions	28
Money Management.....	28
Moving and Transitions	30
News and Information.....	31
Professional Organizer.....	31
Real Estate	32
Senior Care Placement.....	35
Senior Friendly Activities.....	35
Transportation	36

Housing and Residential Options

Continuing Care Retirement Communities	37
Memory Care Communities	40
Personal Care Communities	41
Residential Apartment Complex	46

Government/Community Services.....	47
---	-----------

Index of Organizations (in alphabetical order).....	53
--	-----------

DISCLAIMER

The inclusion of membership listing in this Resource Guide should not imply any guarantee or warranty of services by Lehigh Valley Aging in Place (LVAIP) for services provided by listed member. LVAIP shall be held harmless and is not responsible for any actions taken by listed members. We encourage consumers to interview and ask for client referrals or personal references before commencing services.

Care Services

ADULT DAY CARE SERVICES

SarahCare of the Lehigh Valley

Evet Hexamer, lehighcr@sarahcare.com
7010 Snowdrift Rd., Ste. 100, Allentown PA 18106
610-391-1576, www.sarahcare.com

Sarah Care Adult Day Center offers seniors a home away from home for their caregiving needs. It bridges the gap between independence at home and the need for assisted living or nursing home care. Located in Allentown, our professionally staffed day center connects seniors to a community of their peers in a safe and loving environment; an environment that feels like home. Friendships develop, needs are met, and seniors are able to stay in their own homes longer. Activities that are appropriate to their age, ability and interest are of paramount importance. Dignity and respect are the cornerstone of our caregiving. Assistance with personal care needs, medication management, nutritious meals and socialization are just a few of the services we provide. However, the genuine care comes from the qualified and well-trained staff. In many ways, they become an extension to the family and care for the clients the same way one would care for their own – with love and joy. Home isn't just a place – it's a feeling. And Sarah Care feels like a place to call home. SarahCare also offers SarahCare at Home. Personal care aides that assist with activities of daily living.

CONTINUING CARE AT HOME

Pathstones by Phoebe

Lisa Hoffman, lhoffman@phoebe.org
4847 Hamilton Blvd., Allentown PA, 18106
pathstonesbyphoebe.org, 610-794-6700

Pathstones by Phoebe is a membership-based program that helps active, older adults Age in Place. Pathstones serves as a partner in the aging journey of its members, helping them maintain their wellness in addition to coordinating and paying for care when needed. Whether in the home or at a community, care is costly; and the vast majority of costs are not covered by insurance. By planning ahead, Pathstones members live with peace of mind knowing they have a plan in place for whatever the future holds. Pathstones by Phoebe is licensed by the Pennsylvania Department as a continuing care retirement community "without walls." Individuals must live in Pennsylvania to become a member, however, after 1 year, benefits apply to anywhere in the continental US.

Care Services

HOSPICE

Advanced Home Health and Hospice of Lehigh Valley

Tyler Fisher, AdvancedHomeHealthHospice@LehighValley
3370 High Point Blvd., Suite B, Bethlehem, PA, 18017
homehealthandhospice.com/lehigh-valley, 484-245-7300

Amedisys Hospice of Lehigh Valley

Brian Cannone, brian.cannone@amedisys.com
3897 Adler Place, Bldg. C, Ste. 180, Bethlehem, PA, 18017
amedisys.com, 610-770-6500

Compassionate Care Hospice joined the Amedisys family in 2019 and changed our name to Amedisys Hospice of Lehigh Valley in 2023. Our mission remains the same, affirming life during its final stages by providing holistic, compassionate care to patients and their families. We provide resources and education throughout Lehigh, Northampton, Carbon and Schuylkill Counties.

Bayada Hospice

Melanie Miller, mmiller23@bayada.com
1 W. Philadelphia Ave., 4th Flr., Boyertown, PA, 19512
bayada.com, 484-513-0627

Bayada Hospice specializes in End-of-Life care for comfort, pain management and emotional support. We provide RN case managers specific to each individual client, HHA/CNA care, spiritual support/psychosocial and social services. We are able to service clients wherever they live to meet their needs. We have high standards of care with two Clinical Managers available for clinical support to ensure quality care.

Compassus

Jennifer Deppen, Jennifer.Deppen@compassus.com
7535 Windsor Dr., Ste. 100B, Allentown, PA, 18106
www.compassus.com/allentown, 610-336-8000

With roots back to 1979, Compassus is a national leader in hospice and palliative care. Hospice and palliative care both offer relief from the pain and symptoms of a serious illness, while also addressing the mental, social and spiritual needs of a patient. In fact, hospice is a type of palliative care for people during the final stages of life.

Care Services

HOSPICE

Holisticare Hospice

Amy Weller, allisonheller@holisticarehospice.org
1550 Pond Rd., Suite 130, Allentown, PA, 18104
holisticarehospice.org, 484-291-3130

We at Holisticare Hospice will take the time to listen, honor your choices, and walk with you through life's journey. We provide care to all age groups during the final stages of life. You will have an experienced team of physicians, registered nurses, home health aides, medical social workers, counselors, and trained volunteers available to help you with your family manage your illness. Our care team provides an extensive collection of services including nurses, nursing, home health aides, durable medical equipment, medical supplies, medications and volunteers - all free of charge related to the hospice diagnosis. Give us a call to set up a comprehensive plan of care to manage your symptoms and assess the needs of your family.

Lifesong Hospice and Palliative Care

Heather Raubenstine, hraubenstine@lifesonghospice.com
1150 Glenlivet Dr., Ste B24, Allentown, PA, 18106
lifesonghospice.com, 484-809-7940

At Lifesong Hospice, we focus on patients and their entire family during this difficult time. By providing the utmost respect and regard, as well as individualized, compassionate care, support and options, we honor each patient's unique life, their legacy - their Lifesong.

Serenity Hospice of the Lehigh Valley

Jennifer Cacciatore, jcacciatore@serenityhospicepa.com
6081 Hamilton Blvd., Ste. 600, Hanover Township, PA, 18106
serenityhospicepa.com, 610-281-4800

Serenity Hospice provides Hospice Services to all of the Lehigh Valley and Upper Bucks County.

Care Services

HOSPICE

The Care Team

Lindsey Becker, lbecker@tctcares.com
5325 Northgate Drive, Bethlehem, PA, 18017
www.tctcares.com, 610-442-8971

A leader in hospice care, our caring and expert staff will help meet your loved one's medical and personal care needs. Our team of professionals will manage pain and personal care, help them to feel as comfortable as possible and help the family to understand exactly what to expect and how to adjust to change.

MEDICAL HOME HEALTH CARE

365 Health Services

John Edler, jack.edler@365healthservices.com
812 West Hamilton Street, Allentown, PA, 18101
365healthservices.com, 610-871-6800

The team at 365 Health Services is dedicated to providing the best in-home services to our clients so they can live happily and independently in the community. As an ACHS accredited full service home healthcare provider we are proud to deliver top of the line care to the Greater Philadelphia area. We create a home care strategy that's tailored to your specific needs. From companionship and help with daily activities to managing a chronic illness or recovery from a traumatic injury. Our compassionate, highly trained professionals are here to help. All day, every day.

AccentCare

Michelle Tamargo, mtamargo@sehomehealth.com
3800 Cierra Circle, Suite 200, Hanover Township, PA, 18034
www.accentcare.com/southeastern-announcement, 215-703-3522

Delivering the highest quality of home health for over 25 years. Services: Skilled Nursing; Physical, Occupational & Speech Therapies; Medical Social Services; and Home Health Aides. Specialty Programs: CardioCare, Remote Patient Monitoring/Telehealth, CancerCare, Palliative/Supportive Care, Behavioral Nursing, Lymphedema Therapy, and Respiratory Therapy. Joint Commission Accredited.

Care Services

MEDICAL HOME HEALTH CARE

Allegiance Nursing Direct, LLC

Karen Lucci Grayson, RN, BSN, kgrayson@allegiancenursing.com
5642 Cetronia Road, Allentown, PA, 18106, 610-360-8707

Our mission at Allegiance Nursing Direct is to provide guidance and support to enhance the lives of individuals as they age. After a thorough assessment, our Homecare Strategists will work with the individual and/or family to develop and implement a plan that meets their goals.

Bayada Home Health

Bobbie Rutledge, brutledge@bayada.com
1611 Pond Road, Allentown, PA, 18104
www.bayada.com, 610-297-0283

We understand the complex challenges of senior living communities. BAYADA Senior Living Solutions has ONE TEAM to keep your residents aging in place. We are the leader in delivering evidenced based care to seniors. We partner with senior living communities to implement outcome driven, customized care planning through a complete wellness continuum to optimize resident vitality and increase length of stay.

LifeSpring In Home Care of Eastern PA

Andrew Kay, andy.kay@lifespringhomecare.com
1541 Alta Drive, Ste. 102, Whitehall, PA, 18052
www.lifespringhomecareepa.com, 484-353-1210

We provide skilled Nursing (including behavioral health), Therapy and Social Worker services that allow home bound patients to recover at in their place of residence. We give patients and families the confidence and peace knowing their home bound loved ones are comfortable at home and receiving professional, compassionate, and personalized care. Skilled Home Health Care benefits are covered under Medicare at 100%.

Care Services

MEDICAL HOME HEALTH CARE

Maxim Healthcare Services

Robert Nisbet, allentown2@maxhealth.com
1550 Pond Rd., Ste. 160, Allentown, PA, 18104
www.maximhealthcare.com/maxim-healthcare-locations/allentown-pa
610-740-3800

For more than 30 years, we've been making a difference in patients' lives by providing excellent service and compassionate care. We offer skilled nursing, personal care, companion care, respite care and behavioral care for individuals with chronic and acute illnesses and disabilities.

Valley Med Home Health Care

Michelle Wagner, michelle.wagner@valleymedhhc.com
2200 Hamilton Street, Suite 310, Allentown, PA, 18104
www.valleymedhhc.com, 484-656-7176

Valley Med Home Health Care Provides medical skilled nursing, physical therapy, occupational therapy, speech therapy and medical social work. We have a full staff to meet the needs of clients. We assist clients that are declining, fall risks, need medication management and education, wound care or returning from the hospital or a skilled nursing facility to stay safely in their homes. We would be happy to set up home health if the need is present, just call Valley Meds office to start the process. With your client's permission, my office will contact their PCP to obtain the orders and information we need to start care. Let's try to keep our clients safely in their home without going back and forth to the hospital? VALLEY Med can help do this! Helping You Heal at Home.

Care Services

MUSIC THERAPY

Therapeutic Arts Group

Kathy Purcell, info@TherapeuticArtsGroup.com
1624 Schadt Ave., Whitehall, PA, 18052
www.TherapeuticArtsGroup.com, 610-740-9890

With 28 board certified music therapists and 4 art therapists, Therapeutic Arts Group is the premier provider of music therapy and art therapy to individuals and groups in the Mid-Atlantic Region. In home, on site or in their studio, adapted as well as traditional music & art lessons and interactive music programs for birthday parties, family reunions and special events of all kinds are also available.

NON-MEDICAL HOME CARE

Always Best Care Senior Services

Ken Good, CARE@ABE-Bethlehem.com
306 S. New St. Ste 110, Bethlehem, PA, 18015
alwaysbestcare.com/bethlehem, 484-896-8867

Always Best Care Senior Services combines national strength and standards with local accessibility and personal service. Providing senior living solutions including in-home care and related services throughout the Lehigh Valley, Always Best Care has been helping families in the area since 2012 and nationally since 1996. Our entire team will work with you to ensure that exceptional service and care is provided to all family members.

Amada Senior Care

Jessica Adam, info.LehighValley@AmadaSeniorCare.com
1605 N. Cedar Crest Blvd., Ste 508, Allentown, PA, 18104
www.AmadaLehighValley.com, 484-268-1778

Amada Senior Care provides one-on-one caregivers from 4 hours/day to 24/7 care (bathing, dressing, meal preparation, transportation, companionship, medication reminders), Elder Care Management via Social Workers (client advocacy, check-ins, medical appointments) and Free Senior Living Guidance (assist families with selecting the best senior living community to fit their needs). Amada Senior Care also specializes in long-term care insurance claims management.

Care Services

NON-MEDICAL HOME CARE

BrightStar Care of Stroudsburg and Allentown

Dale Wilson, dale.wilson@brightstarcare.com
1401 North Cedar Crest Blvd., Ste. 104, Allentown, PA, 18104
www.brightstarcare.com/locations/stroudsburg-allentown, 570-223-2248

Our Professional Care Team, led by a Registered Nurse Director of Nursing, provides expert, compassionate, and personal in-home care. We provide Personal Care and Skilled Care Services. Our mission is to go above and beyond to deliver A Higher Standard of Home Care and nothing less. Independently owned and operated.

Cornerstone Caregiving

Brandon Levano, allentownpa@cornerstonecaregiving.com
5930 Hamilton Blvd Allentown PA 18106 Suite #6, Allentown, PA, 18106
cornerstonecaregiving.com/locations/allentown-pa/, 484-929-2988

Cornerstone Caregiving is proud to provide exceptional in-home care in the Lehigh Valley and its surrounding areas. Founded in 2020, Cornerstone Caregiving is a national provider of in-home senior care services, dedicated to helping individuals age comfortably and safely in their own homes. With a focus on customized and compassionate care, Cornerstone Caregiving offers a wide range of support services—including personal care, Alzheimer’s and dementia care, respite care, and veteran support. Serving communities in over 250 locations across the United States, Cornerstone is committed to dependable care standards, responsive service, and clear, ongoing communication with families. Their mission is to provide consistent, high-quality care that meets the unique needs of every individual they serve.

Right At Home-Lehigh County & E Berks County

Ben Aydin, baydin@rightathomelv.com
1541 Alta Drive, Ste. 304, Whitehall, PA, 18052
www.rightathomelv.com, 484-350-3075

We provide personal care and homemaker services to help seniors and adults with disabilities remain safe in the home. We also provide transportation. Personal care services include dressing, bathing, skin care, ambulatory support, toileting, continence care and transfers.

Care Services

NON-MEDICAL HOME CARE

Family Caregivers Network, Inc.

Geraldine Fioriglio, gfioriglio@family-caregivers.com
901 Main Street, 1st floor, Hanover Township, PA, 18073
www.family-caregivers.com, 215-541-9030

Family Caregivers Network understands that providing care is more than a caregiver. When you sign up for care with us, we provide you with our in-home care package that ensures the safe living of your loved one and your family. Our specialty services include our Parkinson's disease program, our Memory Matters Alzheimer's in-home activities program, and our Home Safety program with emergency alert buttons. Additionally, our monthly Caregiver Support Group provides you with the support, resources, and education for a positive care experience.

FirstLight Home Care

James Sawada, jsawada@firstlighthomecare.com
1855 Washington Avenue, Northampton, PA, 18067
northernallentown.firstlighthomecare.com, 610-871-4808

FirstLight Home Care is dedicated to compassionate, personalized care that brings dignity, comfort, and peace of mind. Our caregivers build trust through empathy and consistency, helping clients live with independence and connection. We also specialize in supporting clients with Alzheimer's and dementia, striving for our clients and families to have their best day, every day we serve them.

Home Helpers Lehigh Valley

Maggie Dominici, mdominici@lehighvalleyhomehelpers.com
65 E. Elizabeth Ave. Suite 303, Bethlehem, PA, 18017
www.homehelpershomecare.com/lehigh-valley/, 610-838-7494

Home Helpers has been providing care to Seniors in the Lehigh Valley for 15 years. We strive to provide exceptional services that will exceed your expectations. Our team will enhance your independence by providing guidance, education, reassurance and compassion. We offer a complimentary home consult and assessment. Individualized care plans, caregivers are managed by a Nurse/RN and a Social Worker.

Care Services

NON-MEDICAL HOME CARE

Griswold Home Care

Amy Pacheco, amy.pacheco@griswoldcare.com
190 Brodhead Road, Bethlehem Township, PA, 18002
www.griswoldcare.com/lehigh-valley, 610-821-0821

At Griswold Home Care, we offer a wide variety of services to accommodate the unique needs of our clients. For over 40 years, we have been assisting the elderly, adults with disabilities, and those recovering from injuries and illnesses remain comfortable at home by providing them the helping hand they need. Some of our clients are simply looking for companionship while others require more involved personal care services, live-in or overnight services. Our office staff will sit down with you to discuss your family's needs and then we will personalize a care plan that accommodates them all.

Home Helpers Home Care of Northern Lehigh Valley

Krista Rissmiller, kristar@homehelpershomecare.com
4525 Spring Hill Drive, Ste. 3, Schnecksville, PA, 18078
www.homehelpershomecare.com/scranton-wilkes-barre-pa/, 610-596-7055

The mission of Home Helpers Home Care is to treat your loved ones with the same care and compassion as if they were part of our extended family. We focus on keeping them safe, independent, and comfortable in their own homes. Our in-home supportive services are designed to provide peace of mind for both clients and their families, allowing your loved ones to enjoy a high quality of life while remaining in a familiar and secure environment.

Millbrook HomeCare

Terry Weber, terry@millbrookhomecare.com
1422 Main Street, Hellertown, PA, 18055
www.millbrookhomecare.com/, 610-838-1700

At Millbrook HomeCare, commitment is more than just a word—it's our driving force. Our passionate staff and caregivers are dedicated to delivering excellence in every aspect of home care. We offer personalized, high-quality, patient-centered services tailored to your unique needs. Whether you require assistance for a couple of hours or around-the-clock care, our carefully selected caregivers provide the perfect match for your specific requirements, ensuring you receive the best possible support and companionship.

Care Services

NON-MEDICAL HOME CARE

Home Instead Lehigh and Berks County

Marie Hanks, BSN, RN, marie.hanks@homeinstead.com
2747 MacArthur Road, Whitehall, PA, 18052
www.homeinstead.com/217, 610-770-7773

Home Instead provides top-quality, personalized, non-medical home care to seniors in Lehigh and Berks County. Each Home Instead office is locally owned and operated. Our Lehigh and Berks County offices have been serving our seniors for 25 years! We hire qualified Care Professionals who are screened, insured and provided with comprehensive training. Our tenured staff ensures an individualized care plan for your loved one's specific needs. Care Professionals are carefully matched and available 4 hours daily to 24/7 for services such as: dementia, personal care, companionship, light housekeeping, transportation, memory care, Parkinson's and more. As a licensed, bonded, and insured agency, we meet the highest standards for those we serve so they can stay independent for as long as possible.

JEVS Care at Home

Heather Fotopoulos, heather.fotopoulos@jevsathome.org
9350 Ashton Road, Suite 102, Philadelphia, PA, 19114
www.jevsathome.org, 610-750-9732

JEVS Care at Home is a registered 501(c)(3), not-for-profit organization providing non-medical home care, respite, companionship and community integration support services to disabled and aging clients, ages 18+, residing in Philadelphia, Delaware, Montgomery, Chester, Bucks and Allegheny Counties in Pennsylvania. A large portion of the people we serve is part of a Home and Community-Based Services (HCBS) Medicaid Waiver Program. These waiver programs are available throughout Pennsylvania and provide long-term care services to qualified individuals who wish to remain in their home and/or community rather than enter an institution, such as a nursing home or intermediate care facility. JEVS Care at Home provides services to individuals through Long Term Care Insurance, private pay, and other funding arrangements.

Care Services

NON-MEDICAL HOME CARE

Homewatch CareGivers of Lehigh Valley

Karen Long, caremanagement@hwcgv.com
35 E. Elizabeth Avenue, Suite 401, Bethlehem, PA, 18018
homewatchcaregivers.com/lehigh-valley, 484-746-4924

When the time comes that extra care is required, whether due to age or health condition, many prefer the familiarity and comfort of their own home. At Homewatch CareGivers, we know that good in-home care supports quality of life. That's why we do everything we can to keep you or your loved one comfortable. Because of the wide range of reasons a person aging in place might need at-home care, we offer an array of in-home care services for seniors. Whether it's assistance with everyday tasks, helping to administer medication, or supporting mobility, we can help. Homewatch CareGivers can ease everyday stresses and provide peace of mind.

Seniors Helping Seniors

Stephen Dempsey and Katie Pope, seniors@lehighcare.com
801 Lehigh Street, Easton, PA, 18042
www.seniorcarelehighvalley.com/, 610-253-3232

Serving the Lehigh Valley for nearly 20 years, Seniors Helping Seniors® provides personalized in-home care that helps seniors stay safe, comfortable, and independent. Offering services from companionship to hands-on personal care, we guarantee custom care for every stage of aging. With our unique senior-to-senior model, care feels less like a service and more like getting a little help from a friend. Assessments performed by a licensed nurse.

Visiting Angels of Lehigh Valley

Bill James, lehighvalleypa@VisitingAngels.com
4801 Saucon Creek Rd., Center Valley, PA, 18034
www.visitingangels.com/allentown, 610-628-2655

Visiting Angels is one of the Lehigh Valley's leading providers of essential home care services. Our services enable our seniors to live safely and independently in the comfort of their own home. Our caregivers are thoroughly screened, trained and experienced in all levels of care, and we work to provide the best caregiver to client match. We provide flexible hourly care up to 24/7 care. Please call for a free, no obligation consultation.

Care Services

NON-MEDICAL HOME CARE

Visiting Angels Bethlehem/East Stroudsburg

Sherry Mack, Rachel DiQuattro, smack@visitingangels.com
35 E. Elizabeth Ave., Bethlehem, PA, 18018
www.visitingangels.com/beth/home, 610-253-6353

Visiting Angels has been providing in-home assistance services since 2011. Our services include but are not limited to: assistance with bathing, dressing, personal care, ambulation, light housekeeping, laundry, errands and companionship. We are Teepa Snow certified providers of Alzheimer's & Dementia Care. We pride ourselves on maintaining your dignity while supporting your desire to age in place. We are experts in our field offering reliable, resourceful and respectful customer excellence within every step of our ProvenProcess. Our group of trusted angels deliver individualized, person-centered care while demonstrating our core values. Our Angels are nurturers and advocates for your care. They are goal-oriented, ethical and loving, too. We are a service provider to our veterans and widows; and will help you obtain service when needed from the Veterans Administration. We also offer "The Share an Angel Program" where the cost for care is more affordable.

NUTRITION

Meals On Wheels of the Greater Lehigh Valley

Juan Davilla, juand@mowglv.org
1302 N. Sherman St., Allentown, PA, 18109
www.mowglv.org, 610-691-1030 x29

For over 53 years, Meals on Wheels of the Greater Lehigh Valley has been providing home-bound seniors and adults with disabilities freshly prepared, healthy meals to ensure they are well-fed and can live independently for as long as possible. We deliver meals Monday – Friday with the help of volunteers who care about our clients and provide a friendly wellness check. In addition to home delivered meals, we offer a variety of added services such as grocery shopping, food pantry and senior food box deliveries, pet food for furry companions and shelf stable emergency food boxes. Fees are based on a sliding scale and determined after a home assessment. Referrals are welcomed.

Care Services

PHARMACIES

Rittersville Pharmacy

Ashita Dhaduk, rittersvillrx@gmail.com
1316 Hanover Ave., Allentown, PA, 18109
www.rittersvillrx.com, 484-201-2390

Rittersville Pharmacy is a locally owned retail and long term care pharmacy that provides unit and multi dose packages/bubble packs to the patients in community or to the long term care facilities at no cost, medication cart assistance to the facilities, immunization on site or at home/facilities and medication consultations at no cost.

PHYSICIAN SERVICES

Sina Health

Sohaib Mannan, MD, info@avicennadirectcare.com
5148 Hamilton Blvd, Allentown, PA, 18104
avicennadirectcare.com, 610-904-8100

At Sina Health Senior Care, we prioritize the unique healthcare needs of seniors, offering tailored solutions for optimal well-being. Our insurance-based and membership-based plans provide exclusive access to comprehensive services, including regular check-ups, preventive care, and personalized treatment plans. We serve seniors at home, in-office, and at assisted living facilities and skilled nursing facilities.

Care Services

REHABILITATION

Bethlehem North Skilled Nursing and Rehabilitation Center

Tabatha Kindt, tabathakindt.kindt@genesishcc.com
2029 Westgate Dr., Bethlehem, PA
BethlehemNorthNursingandRehab.com, 610-861-0100

Bethlehem South Skilled Nursing & Rehabilitation Center

Tabatha Kindt, tabathakindt.kindt@genesishcc.com
2021 Westgate Drive, Bethlehem, PA, 18017
BethlehemSouthNursingandRehab.com, 610-865-6077

Skilled Nursing And Rehabilitation-Your Best Way Home. We provide individualized post-hospital skilled nursing care in a comfortable environment. Our clinical and therapy teams are experienced in providing specialized care focused on your needs, interests, and ability. This commitment results in a smoother and safer transition throughout our recuperation.

Cedar Crest Post Acute

Brenna Berdini, nshahda@cedarpostacute.com
1265 South Cedar Crest Blvd., Allentown, PA, 18103
cedarcrestpostacute.com, 610-776-7522

Cedar Crest Post Acute is located on Cedar Crest Boulevard in the West End of Allentown. We offer comprehensive specialized care including orthopedic rehab and a full time onsite respiratory therapy as well as physical, occupational, and speech therapy with customized care planning to meet your needs. Proudly a 5 Star CMS Rated 24/7 post acute center.

Complete Care at Lehigh

Monica Trilli, mtrilli@cclehigh.com
1718 Spring Creek Rd, Macungie, PA, 18062
cclehigh.com, 610-366-0500

Complete Care at Lehigh is a CMS, 5 Star Rated Skilled Nursing and Rehabilitation facility located in the beautiful suburbs of Macungie, within minutes of Lehigh Valley Health Network and St. Luke's University Hospitals. We specialize in both Short Term Rehabilitation and Long Term Care. We are also very proud to be a Veterans Contracted Facility, servicing and honoring our Veterans every day. Contact us today for additional information!

Care Services

REHABILITATION

Easton Skilled Nursing and Rehabilitation

Tabatha Kindt, tabathakindt.kindt@genesishcc.com
2600 Northampton St., Easton, PA, 18042
eastonnursingandrehab.com, 610-250-0150

EverTrue Luther Crest

Terri Nasatka, terri.nasatka@evertrueliving.org
800 Hausman Rd., Allentown, PA, 18104
evertrueliving.org/luther-crest, 1-844-342-5661

We are an inviting Life-Plan Community filled with opportunities to lead an active, engaging lifestyle. We promote total wellness for our residents' body, mind and spirit. Our continuing care retirement community offers independent living, personal care, memory care, long term skilled nursing & short term rehab.

Fellowship Community – Rehabilitation

Chelsea Lowery, clowery@fellowshipcommunity.com
3000 Fellowship Drive, Whitehall, PA, 18052
fellowshipcommunity.com, 610-769-8111

Fellowship Community has been named a U.S. News & World Report's Best Short-Stay Rehabilitation. Our staff is highly skilled in physical, occupational, and speech therapies that ensure you reach the highest level of function in the shortest possible time. Personalized support and a high staff-to-resident ratio provide you with outcome-oriented interventions to ensure you reach your best possible level of functioning and optimal quality of life.

New Eastwood Healthcare and Rehabilitation Center

Brenna Berdini, hgonzales@neweastwoodrehab.com
2125 Fairview Ave., Easton, PA, 18042
neweastwoodrehab.com, 610-742-2668

We are a 5 Star CMS rated facility located in the heart of Easton and offer comprehensive specialized post-acute care. Our Cardiac and Pulmonary specialty programs are physician led by St. Luke's University Health Network providers and our cardiac program is American Heart Association Certified. We offer a full-time respiratory therapist and care navigation to help provide the best outcome to our patients.

Care Services

REHABILITATION

FOX Rehabilitation

Sherri Bell Ogada, sherri.bell@foxrehab.org
1251 S. Cedar Crest Blvd., Allentown, PA, 18103
www.foxrehab.org, 484-387-9591

FOX Rehabilitation is a private practice of full time Physical, Occupational and Speech Therapists. FOX was built on the novel foundation of Geriatric House Calls. Patients are evaluated and treated one-on-one in their homes to address functional limitations and safety at home and in the community. Patients do not have to be homebound or have a skilled nursing need and FOX's evidence-based clinical services are covered under Medicare Part B.

Northampton Post Acute

Brenna Berdini, mberger@northamptonpostacute.com
4100 Freemansburg Ave., Easton, PA, 18045
northamptonpostacute.com, 610-330-9030

Post Acute provides individualized care with a dedicated rehabilitation unit. Our St. Luke's University Health Network Medical team are provided through SLUHN Senior Care Associates. Our clinic and therapy teams, including our full-time respiratory therapist, are experienced in providing specialized care that focuses on your needs to meet your goals!

Riverton Rehabilitation and Healthcare Center

Brenna Berdini, admissions@rivertonrehab.com
803 North Wahneta Street, Allentown, PA, 18109
rivertonrehab.com, 610-782-8320

Riverton Rehabilitation & Healthcare Center is the first skilled nursing facility in Pennsylvania to become stroke certified by the American Heart Association and the only skilled nursing facility in the Lehigh Valley to provide in-house dialysis care. We are dedicated to the post-hospitalization care of individuals recovering from joint replacement, cardiac, pulmonary, neurological, and other acute medical conditions, our subacute wing features private and semi-private suites, psychiatry driven rehab programming, state-of-the-art equipment, and daily therapy. Our rehab program is recognized for successfully reducing hospital readmissions and restoring physical function to individuals recovering from surgery or illness.

Expert & Professional Services

ATTORNEY - ELDER LAW

Ashby Law Offices

Kathleen Bugman, office@ashbylaw.net
314 W. Broad St., Ste. 118, Quakertown, PA, 18951
ashbylaw.net/, 215-536-7606

Ashby Law Offices, LLC understands that each client, each family and each legal problem is unique and deserves a customized approach. We take pride in thinking outside the box and pursuing our clients' goals tenaciously, with meticulous attention to detail. We are committed to pursuing and protecting our clients' interests in the most successful and cost-effective way possible.

Mosebach, Funt, Dayton & Duckworth, P.C.

Timothy Duckworth, tduckworth@mfdldlaw.com
2045 Westgate Drive, Ste. 404, Bethlehem, PA, 18017
www.mfdldlaw.com/, 610-882-9822

Providing Estate Planning, Special Needs Planning, Trust and Estate Administration, Elder Law, Tax Law, and Medical Assistance Planning.

Ruggiero Law Offices LLC

Beth Ruggiero, Beth@paolilaw.com
3477 Corporate Parkway, Suite 100, Center Valley, PA, 18034
www.paolilaw.com, 610-889-0288

Jim Ruggiero founded the Ruggiero Law Offices in 1990, offering personalized guidance in areas of Estate Planning, Estate Administration, Elder Law, Business Law and Real Estate. Jim has a passion for helping families create their legacy and guiding them to seek home care, special needs planning and Medicaid planning to provide safety and asset protection. Jim is a member of the Lehigh Valley Estate Planning Council and guest speaker on the WDIY Your Financial Choices radio show. He is also a Board Member of the Ardent Community Trust of PA, a non-profit charitable organization that provides special needs trust administration. He has been named a Top Attorney in Trusts and Estates & Elder Law in Main Line Today Magazine multiple times. Ruggiero Law Offices welcomes the opportunity to meet with you in our Center Valley office, Paoli office or via Zoom. Visit our website or YouTube channel to learn more.

Expert & Professional Services

BEHAVIORAL HEALTH SERVICES

Magellan Healthcare

Kelsey Crane, cranek@magellanhealth.com
1 West Broad Street, Bethlehem, PA, 18018
magellanhealth.com, 610-674-1815

For more than two decades, Magellan Behavior Health of Pennsylvania (Magellan) has been managing behavioral health services for HealthChoices members. Since 2009, Magellan has had an integrative health focus in coordination with community navigators and Wellness Recovery Teams. Magellan works closely with its customers – Bedford, Bucks, Cambria, Lehigh, Montgomery, Northampton, and Somerset counties; individuals; providers; and local communities. We are proud of the innovative efforts that have helped to increase access to care, improve service use rates, expand the continuum of services in alignment with evidence-based models, and maximize clinical appropriateness and quality services.

CONSULTING/COACHING

C. Smith Consulting

Christabel Smith, c.smithconsulting@protonmail.com
6121 Rt. 309, Germansville, PA, 18053
www.c-smithconsulting.com, 610-544-6578

Licensed Standardized Instructor Modular Education Program for Activity Professionals for Activity Professionals Certification (APC), and Activity Director Certification (ADC) which is required to become certified with the National Certification Council for Activity Professionals (NCCAP). Presents on education concepts and trends for Activity Professionals at conferences, and webinars as well as online and in person programs. I provide leadership through mentoring and training to help activity professionals perform at peak performance and provide the best care for those that they serve in their respective roles. Activity Consulting for senior living communities, companies, and organizations.

Expert & Professional Services

DIAGNOSTIC/ADVOCACY SERVICES

Hakim Health Partners

Melissa Hakim, drmelissa@hakimhealthpartners.com
P.O. Box 1222, Bethlehem, PA, 18015
hakimhealthpartners.com, 484-533-7822

Our independent, non-affiliated firm helps you navigate and personalize the increasingly complicated healthcare system so you understand your healthcare options. We focus on your wellness and all those involved and affected by your medical situation. Working with patients and their partners, we bridge the gap between you and your doctors to improve communication, review options, solve problems, and reduce stress.

DRIVING EVALUATIONS/TRAINING

Roadway to Independence

Angela Brown, info@roadwaytoindependence.com
Schnecksville, PA, 18078
www.roadwaytoindependence.com, 610-216-2933

Provide comprehensive driving assessments and training to individuals to ensure that they are safe behind the wheel. We assess individuals that have recently acquired an illness or injury, seniors that want to remain on the road and provide driver training in the use of adaptive equipment to compensate for physical limitations such as a stroke, amputation, spinal cord injury or other neurological conditions. We are based out of the Lehigh Valley and travel to the client so that they can drive in their local/familiar territory without the stress of having to find transportation. Our compassionate providers are licensed Occupational Therapy Practitioners with specialized training in driving rehabilitation. Our practice is registered as a Private Driver Training School in PA. We are credentialed by the International Associate for Driver Rehabilitation Specialists (ADED) and the National Board of Occupational Therapy Association (NBCOT).

Expert & Professional Services

FUNERAL HOME

Connell Funeral Home

Jamie Connell, info@connellfuneral.com
245 E. Broad Street, Bethlehem, PA, 18018
connellfuneral.com, 610-868-8531

At Connell Funeral Home, our mission is rooted in compassion, dignity, and service - values that have guided our fourth-generation, family-owned business for over a century. We are honored to serve families in the Lehigh Valley and surrounding areas with genuine care, thoughtful guidance, and a commitment to creating meaningful experiences during life's most tender moments.

K.V. Knopp Funeral Home

Alexander Maher, kvknoppfuneralhome@verizon.net
46 E. Susquehanna Street, Allentown, PA, 18103
www.kvknoppfuneralhome.com/, (610) 797-3031

Our goal is to provide you with a compassionate caring staff and comfortable facilities to make our home, your home in your time of need. We are a funeral home your family can trust when we are needed the most. It is with great joy and excitement that I publicly announce my recent purchase of the K.V. Knopp Funeral Home. I want to assure you that nothing will change in the day-to-day operations of the funeral home, as I have been managing the funeral home for the last six years under Mr. Knopp's direction. Mr. Ken Knopp has been a pillar of support within our community for the last four decades. I pledge to follow in his footsteps. Using my prior experience, I will continue the legacy of the funeral home that he has built. I aim to make this a home where traditions are valued and the memories of our loved are held close. Sincerely, Alexander D. Maher, Owner & Supervisor

Expert & Professional Services

GERIATRIC CARE MANAGEMENT

Change in Motion

Jadyn Sharber, OT@changeinmotionPA.com
PO Box 4214, Easton, PA, 18043
www.changeinmotionPA.com, 484-240-5913

Most seniors want to continue living at home, but 90% of Pennsylvania houses are not designed to support healthy aging. Change In Motion provides home evaluations and expert guidance for fall prevention, joint health, decreasing pain and fatigue, and more. Every evaluation is performed by a certified aging in place specialist (CAPS) occupational therapist (OT). Services are covered by Medicare. Schedule your free consultation to learn more!

LVHN-Fleming Memory Center

Cara Scheetz, cara.scheetz@lvhn.org
1627 W Chew St., Allentown, PA, 18102
www.lvhn.org, 610-969-3390

Patients undergo a thorough assessment performed by a specialist educated in geriatrics that includes a review of their medical and social history, medications and cognitive testing. During the assessment, a specialized treatment plan will be recommended and communicated to patient's caregiver, primary care office and other specialists. Our team focuses on the caregiver as well.

HOME MODIFICATIONS

Grab Bar Pros

Bruce Montgomery, bruce@grabbarpros.com
Allentown, PA, 18109
www.grabbarpros.com/, 610-393-6395

Grab Bar Pros specializes in bringing safety to your home. This is accomplished as inexpensively as possible. The primary owner, is a registered nurse who did home health nursing. He was a contractor before nursing, and has had extensive guidance from multiple therapists. ADA guidelines are followed and he pridefully stretches your dollars to the maximum without sacrificing quality or security. Grab Bar Pros- Safety Within Your Reach.

Expert & Professional Services

HOME MODIFICATIONS

HomeSmiles Quakertown

HomeSmiles@Quakertown, Quakertown, PA
homesmiles.com, 484-296-0033

Power Stair Lifts

Sandy Hutchison, lvpowerstairlifts@gmail.com
4847 Hamilton Blvd Suite 201, Allentown, PA, 18106
powerstairlifts.com/, 484-215-3232

Providing mobility solutions that make life easier by offering power stair lifts, vertical wheelchair lifts, power and conventional ramps, threshold ramps, sales, installation, and service. We provide a practical and economical solution for people with mobility and accessibility needs. We are a local company serving the entire Lehigh Valley and beyond. Locally owned and operated since 2009. Our service starts with a FREE Home Assessment. Ask about our Buyback Plan.

S.M. Klase Custom Homes

Jeremy Kappes, jeremy@smklase.com
5009 Shankweiler Road, North Whitehall Township, PA, 18069
smklase.com, (610) 442-0287

S.M. Klase Custom Homes, a trusted residential construction firm in the Lehigh Valley, excels in custom new builds and remodeling projects—from full, ground-up homes to additions, kitchens, bathrooms, and more. With a special emphasis on aging-in-place renovations, their skilled team designs safe, accessible living spaces tailored to seniors' unique needs, incorporating features like wider entryways, non-slip flooring, and easy-access fixtures to foster independence and family harmony. Our mission is clear: "To build and renovate high-quality homes that go on to support the daily functions of being a family; being a neighbor; and being a community." Servicing the Lehigh Valley and Surrounding Counties.

Expert & Professional Services

INSURANCE - MEDICARE

Silent Partner Insurance Solutions

Maria Santacoloma, maria@silentpartnerins.com
PO Box 32, Fogelsville, PA, 18051
SilentPartnerIns.com, 610-366-0124

We have a sales team of 75+ local agents. We cover all of Eastern PA, and are licensed in 15 additional states. Our agents help you find the plan that fits your needs. We educate our clients prior to any enrollment, making sure they are getting the right plan for what they need. We are available for senior events, speaking engagements, service projects and more! Call us with your questions.

Silver Crest Insurance, Inc.

Dan T. Banks, dan@silvercrestins.com
2103 Stefko Blvd., Bethlehem, PA 18017, Bethlehem, PA, 18017
www.silvercrestins.com/, 610-868-5801

Silver Crest Insurance, Inc. is a local independent insurance agency specializing in Medicare supplemental insurance for those 65 and over. Additionally, Silver Crest is able to assist people under 65 with individual health insurance through Pennie, Pennsylvania's official health insurance marketplace. As brokers, Silver Crest provides the power of choice! We are not confined to one insurance company; we work for you! Best of all, our services do not cost you a dime! We are paid directly by the insurance companies we contract with, costing you nothing additional! Give us a call! We make Medicare simple!

MEDICAL EQUIPMENT

Mobility Unlimited Inc.

Jennifer McCloskey, jennifer@mobilityunlimitedinc.com
515 N. 12th St., Allentown, PA, 18102
www.mobilityunlimitedinc.com, 610-433-8797

Mobility Unlimited Inc. has been providing Durable Medical Equipment and Home Accessibility to the Great Lehigh Valley and surrounding areas since 1995. Along with DME, we specialize in motorized equipment, stairglides, ramps, and vehicle lifts. We offer a variety of products that enhance people's mobility, independence and quality of life. Technicians are always on staff for repairs of equipment in shop or in your home.

Expert & Professional Services

MOBILITY SOLUTIONS

Bernhard Vehicle Mobility

Myk Wolf, bernhardbus@comcast.net
1792 Route 100, Bally, PA, 19503
215-679-8943

Keeping you on the road! We specialize in mobility solutions for individuals, offering sales and service of power wheelchairs and scooters as an authorized Golden dealer. We install and service vehicle modifications, including assistive entry seating and scooter/wheelchair lifts, working with trusted brands like BraunAbility, Harmar, and Burno.

MONEY MANAGEMENT

Designing Wealth Management of Raymond James

Kristie Strubeck, kas1769@yahoo.com
2830 Sweetbriar Ct., Allentown, PA, 18103
<https://www.raymondjames.com/designingwealthmanagement/>
570-470-5770

As a CFP, Chartered Retirement Planning Counselor, Certified Divorce Financial Analyst and Certified Public Accountant, I work with clients in all stages of their life. I help clients prepare for retirement as well as elder care options, and help them plan for future options. I work with families through all later stages in life; to make the best individual plan that match with their resources and wishes.

Halftime Wealth Management

Michael Cohen, michael@halftimewealth.com
5784 Route 209, Sciota, PA, 18354
www.halftimewealth.com, 570-202-4929

Halftime Wealth Management specializes in planning and organizing finances for those nearing or in retirement. Protecting some assets during retirement is paramount to a stable and predictable retirement plan. In addition to retirement income planning, Halftime offers Social Security strategies, Medicare Supplement and Advantage plans, Life Insurance, Annuities, Long-Term Care and Estate/Legacy planning. Halftime is a full-service destination for retirees in Lehigh Valley and Poconos and is happy to assist you in any way necessary.

Expert & Professional Services

MONEY MANAGEMENT

Mutual of Omaha Reverse Mortgage

Tiffany Shutta, tshutta@mutualmorgage.com
519 Hunter St., Catasauqua, PA, 18032
mutualreverse.com/lo/tiffany-shutta/, 610-653-6119

Mutual of Omaha Reverse Mortgage is committed to educating retirees and their families on the value of a program that was created by the US Government during President Reagan's term; the FHA Insured Reverse Mortgage. The reverse mortgage was designed to utilize the equity in your home for a secure financial transition to one's retirement years.

Primerica Financial Services

Deborah Hamburger, hamburger.deborah@primerica.com
7310 Tilghman St., Suite 500, Allentown, PA, 18106, 610-217-8982

Transitions Wealth Management

Rose Galeano-Phillips, Rose@transitionswealthPA.com
203 Main Street First Floor, Emmaus, PA, 18049
www.transitionswealthPA.com, 484-214-7673

I have an independent, boutique-style fiduciary financial services practice in Emmaus. I work primarily with individuals and families who are going through different changes in their life including loss of a loved one, marriage or divorce, change of employment, retirement, and evolving family needs.

Unity Bank

Crystal Rose, crystal.rose@unitybank.com
2850 Easton Ave., Bethlehem, PA, 18017
www.unitybank.com, 908-713-4310

Unity Bank is deeply rooted in the neighborhoods we serve. With a robust branch network throughout the Lehigh Valley and New Jersey, we offer personalized financial solutions for personal, corporate, and small business banking customers. Our services include personal and business checking accounts, time deposits, money market accounts, regular savings accounts, and loans. At Unity Bank, community matters, and we're dedicated to building a stronger, more vibrant future for everyone.

Expert & Professional Services

MOVING AND TRANSITIONS

Caring Transitions of Lehigh Valley

Brian Graveno, bgraveno@caringtransitions.com
2731 Halleck Drive, Whitehall, PA, 18052
www.caringtransitionsoflehighvalley.com, 610-904-8093

Specializing in senior relocation and transition services. Caring Transitions provides clients with supportive services, packing, space plans, moves, resettling, on-line auctions, cleanouts, liquidation, rightsizing and transitions; including a well-executed transition plan beginning with the initial sorting of personal belongings through packing, moving and selling of items to the final clearing and cleaning of the property. We do the work so you don't have to. Schedule a free consultation today.

Specialty Moves by Design, Call our friendly office team!

Lindsay Kearney-Flowers, info@specialtymovesbydesign.com
4736 Hamilton Blvd, Allentown, Lower Macungie Township, PA, 18103
www.specialtymovesbydesign.com/, (610) 295-0036

We keep you smiling on Move Day! We design floor plans, sort to downsize, fully pack, supervise the movers, and give you a full unpack in ONE DAY. Beds made, closets organized, bathrooms and kitchens set up. We even hang your art and can liquidate the "stuff" you don't need. What we do is as much a ministry as a business – and we believe everyone deserves a joyful move. Founded right here in the Lehigh Valley, Specialty Moves by Design is considered one of the nation's leaders in move management with 2500+ moves over the past 16 years. For our professional colleagues, we also have a nationally ranked speaker for your event.

Your Tasks - Our Time

Darla Pompilio, darla@yourtasksourtime.com
PO Box 52, Kintnersville, PA, 18930
www.yourtasksourtime.com, 610-847-5422

Your Tasks - Our Time is a full-service Senior Move Management, Downsizing and Professional Organizing company serving Pennsylvania and New Jersey for 16 years. We are keenly aware of the challenges of downsizing and relocating a lifetime of memories. We have made it our mission to minimize these difficulties by guiding our clients and their families through this overwhelming process with grace and ease.

Expert & Professional Services

MOVING AND TRANSITIONS

Valley Wide Movers, LLC

Nikita Paust and Nicholas Paust, movewithvalleywide@gmail.com
1721 Williams St., Northampton County, PA, 18055
www.movewithvalleywide.com/, 484-379-6392

Valley Wide Movers has been providing top quality services to families and individuals throughout the Lehigh Valley and beyond for over a decade. From packing to moving, Valley Wide Movers will provide you with the assistance you need and the special attention you deserve. Our expert team takes the appropriate care of your valuable items throughout the entire moving process: From your initial estimate consultation through packing, loading, unloading, and properly placing items in their desired location.

NEWS AND INFORMATION

Lifestyles over 50

Jeff Tintle, jtintle@lifestylesover50.com
4847 Hamilton Blvd., Allentown, PA, 18106
lifestylesover50.com/, 610-762-9011

Offering the most comprehensive senior resource, Lifestyles over 50 is a free quarterly magazine and annual directory, website, and videos that connect boomers and seniors with information and the organizations that serve them. Current and past issues and directories can be found on our website.

PROFESSIONAL ORGANIZER

Home Stream, LLC

Paula Mayewski, paula@homestreamspace.com
PO Box 93, Royersford, PA, 19468
www.homestreamspace.com, 484-302-8208

Home Stream is a mother/daughter team of streamline professionals. Our education and background allow us to connect with our clients on a deeper, more personal level to learn about their lifestyle. We meet our clients where they are at in their transition process and tailor our services to meet their needs. We offer all veterans and spouses of veterans a discount on all of our services.

Expert & Professional Services

REAL ESTATE

Amy Wastler Team at Re/Max Real Estate

Amy Wastler, amy@amywastler.com
3120 Hamilton Blvd., Allentown, PA, 18103
amywastler.com, 610-770-9000

The Amy Wastler Team is a dynamic group of professionals who dedicate themselves to the serving others. As full-service agents, Amy and her team provide comprehensive support to every client at every price point. From kitchen table to closing table, we will be with you every step of the way.

Better Homes and Gardens Real Estate/Cassidon Realty

Eileen Dunn, eileen_dunn@yahoo.com
2720 Jacksonville Rd., Hanover Township, PA, 18017
610-657-4423

I support seniors in real estate needs to sell or purchase a home. We live in an area of many choices for seniors to move with many levels of 55+, independent living, to various levels of care needed. I can help guide these choices with research done on the many choices available to seniors. I have a network of professionals to help support seniors in home sale or purchase needs. I have been in the real estate related industries for over 20 years. I am excited to help guide customers through the real estate process.

BHHS Fox & Roach

Barbara Hodick, barb.hodick@foxroach.com
3261 Rte. #100, Suite #100, Macungie, PA, 18062
barbhodick.foxandroach.com, 484-519-4444

I'm an Associate Broker with 42 years of Real Estate experience in the Lehigh Valley. I have always been compassionate about working closely with Seniors and their families or caretakers. From start to finish, no task is too small or too large. I am there for you throughout the entire process. I not only serve the Lehigh Valley, but also Western Berks, Upper Bucks and Lower Carbon & Monroe Counties. I hold multiple designations with one of them being the Seniors Real Estate Specialist (SRES®).

Expert & Professional Services

REAL ESTATE

Coldwell Banker Heritage

Susan Seidel, GRI, CRS, SRES, susan.seidel@cbheritage.com
2426 Emrick Blvd, Bethlehem Township, PA, 18020
susanseidel.cbheritage.com, (610) 533-4331 (c), 610-250-8880 x 345 (office)

Coldwell Banker Heritage is a real estate company offering assistance to individuals and families that are looking to buy or sell a home in the Lehigh Valley.

Howard Hanna - Frederick Group

Jane Schiff, schiffjane@gmail.com
3500 Winchester Rd., Ste. 201, Allentown, PA, 18104
janeschiff.com, 610-216-5232

As a Senior Real Estate Specialist (SRES) and Associate Broker with Howard Hanna The Frederick Group, I have been active in the Real Estate Industry for over 35 years having a wealth of knowledge and resources to help with any senior related move or transition. My goals are simple: to help you understand all of the important choices that lay ahead, to completely understand the emotional aspect of making these choices, to provide useful resources, to help you make educated decisions, and to plan the best strategies for you - all with a smile!

Keller Williams Real Estate

Dana Cardona, danacardona@kw.com
1605 N. Cedar Crest Blvd., Ste. 309, Allentown, PA, 18104
www.danacardona.kw.com, 610-435-1800

As a Realtor for over 8 years in the Lehigh Valley and surrounding areas, I specialize in helping Seniors and have my Senior Real Estate Specialist (SRES®) designation. My passion lies in making a meaningful difference in the lives of my clients during this significant transition. Understanding that selling a home can be an emotional and overwhelming experience, especially for seniors who have created memories within their cherished spaces, I go above and beyond to provide personalized care and support throughout the process. It is my honor to serve the senior community and their families.

Expert & Professional Services

REAL ESTATE

Revive Home Solutions LLC

John Huck, Nikki Murczek, john@revivehs.org
65 Springstone Hollow Lane, Mertztown, PA, 19539
www.revivehomesolutions.org, 610-510-2735

We specialize in helping seniors moving to the next level of care who need to sell their home to do so. We provide multiple options for selling their home and allow them to choose the option that works best for them and their timeline. We can purchase homes as quickly as 1-2 weeks ourselves, hassle free, as-is, with everything still in the home that they no longer want to deal with. We can also provide a trusted realtor if listing on the market is the option that works best. Call for a no obligation consultation today!

Weichert Realtors

Amy Bishop, Pam Gontram, pgontram@weichert.com
2330 Schoenersville Rd., Bethlehem, PA, 18017
amy-bishop.weichert.com, 484-862-2856

We bring over 17 years of real estate experience to the table. Pam is a Senior Real Estate Specialist (SRES), committed to serving seniors. Whether aging in place or selling your home, our network of professionals supports every aspect of your real estate needs. Trust our expertise to efficiently handle the sale of your home to receive the best value. Our extensive network and personalized marketing strategies will connect you with the right buyers who truly value the memories you've created. Take the first step towards a worry-free future – allow us to guide you through this important transition with care and professionalism.

SENIOR CARE PLACEMENT

Care Connect

Christian Gilligan, Richard Grieco, Help@CareConnectSeniorLiving.com
100 Coventry Dr, Phillipsburg, NJ, 08865
www.CareConnectSeniorLiving.com/, 908-484-4307

Care Connect helps families navigate the complexities of senior living with compassion, clarity, and expertise. We guide you through assisted living, memory care, and other senior care options, connecting you with trusted communities that fit your needs, always putting ethics and advocacy first.

Expert & Professional Services

SENIOR CARE PLACEMENT

CarePatrol of the Lehigh Valley and Upper Bucks

Mary Ann Pickell, MPickell@carepatrol.com
P.O. Box 397, Center Valley, PA, 18034
LehighValley.CarePatrol.com, 610-509-0445

CarePatrol helps families find safe, quality assisted living, independent living, memory care and in-home care as well as adult day programs. We meet with families personally to consult, educate and advocate as they explore care options. We tour with our clients to senior care communities and review care and violation histories of the communities we recommend and our service is FREE.

Senior Care Authority of Bucks and Lehigh County

Randy Reardon, randyreardon@seniorcareauthority.com
196 W. Ashland St., Suite 650, Doylestown, PA, 18901
www.seniorcareauthority.com/neofphilly, 267-938-4530

Senior Care Authority provides a concierge level of service to families that have a senior love one who can no longer live independently. Most of SCA's placement services are free of charge to families. Working SCA, families will find knowledgeable and compassionate professionals who are well acquainted with the various senior living communities in the area. An assessment will be conducted to help match the senior with the most appropriate communities. SCA will arrange and take the family on tours, assist with all preadmission requirements and visit on move in day. SCA will always remain an advocate for the senior and their family.

SENIOR FRIENDLY ACTIVITIES

Hawaii Fluid Art Lehigh Valley

Mary Szakmeister, lehighvalley@hawaiifluidart.com
3325 Hamilton Blvd., Allentown, PA, 18103
hawaiifluidart.com/lehigh-valley-pa, 484-623-5230

Expert & Professional Services

TRANSPORTATION

ITNLehighValley

(Independent Transportation Network Lehigh Valley)

Doug Wilson, doug.wilson.ag@gmail.com

35 E. Elizabeth Avenue, Suite 20A, Bethlehem, PA, 18018

<http://ITNLehighValley.org>, 610-419-1645

ITNLehighValley is a 501c3 nonprofit organization that provides dignified transportation to people aged 65 years and older and people of any age who are visually impaired. We have been in operation since 2014 as an affiliate of ITNAmerica who provides some support and the software system for affiliates to enable the basic mapping and invoicing of rides. Our service is unique in that the drivers use their own cars and employ an arm-through-arm, door-to-door service. Thus, drivers do not simply pull into driveways. We go to doors, help them down steps, carry items for them, bring groceries in, and provide other necessary assistance to ensure the safety and security of the riders. In short, we treat them like our own parents or family members who need assistance in mobilizing.

Purple Car LLC

Kelly Lotito, kelly.purplecar@gmail.com

Bethlehem, PA, 18017

PurpleCarLV.com, 484-478-1133

At Purple Car, we support your desire to remain active and independent when you no longer drive, knowing that family or friends aren't always available when you need transportation. Whether it's for a medical appointment or procedure, a grocery run, or a social outing, Purple Car is your sidekick every step of the way. We offer peace of mind to both you and your family by providing round-trip companion transportation. Purple Car fills the void when family and friends aren't available, or you simply want to go on your own. Remaining independent is crucial at any age, and Purple Car is here to support your journey.

Housing & Residential Options

CONTINUING CARE RETIREMENT COMMUNITIES

Chestnut Ridge at Rodale

Jane Harps, Kaerdman@phoebe.org
400 S. 10th St., Emmaus, PA, 18049
chestnutridgeatrodale.org, 610-632-8404

Chestnut Ridge at Rodale is Phoebe's newest senior living community in Emmaus, PA. This 60+ independent living retirement community combines luxury and optimal wellness with Phoebe's long-standing legacy of serving seniors. The wellness focused lifestyle community offers spacious floorplans, countless opportunities for vibrant living and upscale amenities.

Country Meadows of Bethlehem

Lien Snyder, lsnyder@countrymeadows.com
4035 Green Pond Rd., Bethlehem, PA, 18020
www.countrymeadows.com/communities/bethlehem-pa, 610-865-5820

Country Meadows of Bethlehem is a unique Continuing Care Retirement Community, offering senior care services including independent living, personal care, memory support services, skilled nursing and post-acute rehabilitation. We are honored to support our seniors in their current life stage and and continue caring for them if and when needs should change. Life Gets Better at Country Meadows!

EverTrue Luther Crest

Matt Petrauskas, matt.petrauskas@lssliving.org
800 Hausman Rd., Allentown, PA, 18104
www.luthercrestseniorliving.org/, 610-398-8011

Luther Crest is an inviting Life-Plan Community filled with opportunities to lead an active, engaging lifestyle. We promote total wellness for our residents' body, mind and spirit. We are a continuing care retirement community offering Independent Living, Personal Care, Memory Care, Long Term Skilled Nursing and Short Term Rehabilitation.

Housing & Residential Options

CONTINUING CARE RETIREMENT COMMUNITIES

EverTrue Lutheran Home at Topton

Kendra High, kendra.high@lssliving.org
1 South Home Ave., Topton, PA, 19562
lutheranhomeattopton.org, 610-682-1413

The Lutheran Home at Topton is a Life-Plan Community. We offer a wide range of lifestyle options and solutions, including independent living, personal care, memory care, short-term rehabilitation and traditional skilled nursing. In a beautiful rural setting with easy access to the attractions of the region's bigger cities, our residents enjoy a lifestyle that is truly worry-free. It's why they say, "This is the Way to Live!"

Fellowship Community

Chelsea Lowery, clowery@fellowshipcommunity.com
3000 Fellowship Drive, Whitehall, PA, 18052
www.fellowshipcommunity.com/, 610-769-8111

Fellowship Community has been named as a U. S. News & World Report's Best Short-Stay Rehabilitation. Our staff is highly skilled in physical, occupational and speech therapies that ensure that you reach the highest level of function in the shortest possible time. Personalized support and a high staff-to-resident ratio provide you with outcome-oriented interventions to ensure you reach your best possible level of functioning and optimal quality of life.

Moravian Hall Square

Liz Brandl, lizb@moravian.com
175 West North Street, Nazareth, PA, 18064
www.moravian.com, 610-746-1000

Moravian Hall Square is a Life Plan Community in Nazareth PA. The community offers residents the full continuum of care– independent living in luxury maintenance-free apartments, personal care apartments and suites, specialized memory care and skilled nursing care. Moravian Hall Square also provides respite care and short-term rehabilitation following a hospitalization or surgery. Independent residents have several residency plans to choose from.

Housing & Residential Options

CONTINUING CARE RETIREMENT COMMUNITIES

Moravian Village of Bethlehem

Deb Ellis, dellis@moravianvillage.com
526 Wood St., Bethlehem, PA
moravianvillage.com, 610-625-4885

Phoebe Allentown

Jane Harps, vkocis@phoebe.org
1925 W. Turner St., Allentown, PA, 18104
www.phoebe.org/, 610-794-5426

Dating back to 1903, Phoebe Allentown offers a community-centered, active retirement lifestyle. Serving the Lehigh Valley and beyond, residents can enjoy the small-town charm and the amenities of Allentown's historic west end, with easy access to area attractions. The Phoebe Allentown campus offers independent living options in addition to personal care and skilled nursing. Residents can enjoy the full continuum of care in one location with different levels of care to suit every individual, including award-winning dementia and memory care. Phoebe Allentown also specializes in outpatient and short-term rehabilitation, offering on-site physicians and dedicated rehab gyms. Discover how the Phoebe culture of caring leads us into the next generation of senior living, with more of what you want – all in one place.

Riverton Enhanced Senior Living

Shelby True, strue@rivertonseniorliving.com
803 N. Wahneta St., Allentown, PA, 18109
rivertonseniorliving.com, 610-782-8320

At Riverton Enhanced Senior Living, we offer the best of both worlds - Independent Living, and Personal Care under one roof. Residents enjoy spacious apartments, vibrant activities, and maintenance-free living, with the peace of mind that personalized support is available whenever it's needed. Our dual license means seniors can age in place gracefully, maintaining independence, dignity, and connection without ever having to move to another community.

Housing & Residential Options

CONTINUING CARE RETIREMENT COMMUNITIES

Traditions of Hanover

Megan Sedlock, msedlock@traditionsofhanover.com
5300 Northgate Dr., Bethlehem, PA, 18017
www.traditionsofhanover.com/, (484) 893-6034

Traditions of Hanover is a top-rated retirement community, offering a vibrant and carefree lifestyle for seniors! Well known for the caring culture and an affordable month to month lease with NO buy-in, allowing you to live the life you deserve. Amenities include full kitchens, housekeeping, meals, transportation, a dynamic calendar of activities and more! Discover why our residents tell their family; friends to move to Traditions of Hanover.

MEMORY CARE COMMUNITIES

Abington Manor at Morgan Hill Memory Care Village

Jessica Ringo, jessicar@abingtonmanor.com
5 Cedar Park Boulevard, Easton, PA, 18042
www.abingtonmanor.com/, 610-438-9400

Abington Manor at Morgan Hill Memory Care Village is a free standing community designed for persons with dementia. Our all-inclusive village includes engagement Montessori programing, lifestyle theme rooms, three secure outdoor patios, along with multiple activity spaces. On-site physician services, specialized rehabilitation therapies, palliative and hospice care are available by working with our network of preferred providers.

South Mountain Memory Care

Carmen Steele, csteele@southmountainmemorycare.com
201 South 7th Street, Emmaus, PA, 18049
www.southmountainmemorycare.com, 610-965-7662

South Mountain provides your aging loved one the support and quality care they need, in our secure memory care community. Nestled in a quaint Emmaus neighborhood, SMMC's unique, small-house design is the perfect place to enjoy the comforts of home and the opportunity to participate in our robust Activity Program. Other features include a secure courtyard, general store, large front porch, onsite therapy services and exquisite dining options. Our philosophy is to provide the peace of mind you deserve and embrace the life that remains.

Housing & Residential Options

PERSONAL CARE COMMUNITIES

Abington Manor At Morgan Hill Senior Living

Jessica Ringo, jessicar@abingtonmanor.com
215 Cedar Park Blvd., Easton, PA, 18042
www.abingtonmanor.com/, 610-829-0100

For over 15 years, Abington Manor at Morgan Hill Senior Living has been providing exceptional, independent living and personal care services. We offer a wide range of assistance for all Activities of Daily Living, medication management, health and wellness checks, on-site physician and rehabilitation services, as well as social, spiritual and educational activities. Our ultra-spacious studios are affordable and comfortable.

Abode Care of Allentown

Bri Beil, bri@abodecare.com
2232 29th St. SW, Allentown, PA, 18103
abodecare.com, 610-797-4651

Abode Care of Allentown is committed to providing the highest quality of services for our residents by fostering a community that promotes dignity, respect and person centered care. Our diverse Leadership team has a wide variety of experience, relating to our residents and team members. The owners of the Abode Care Group are committed to our community thriving as a vibrant senior living.

Atria Bethlehem

Alyssa Smith, alyssa.smith@atriaseniorliving.com
1745 W. Macada Rd., Bethlehem, PA, 18017
www.atriabethlehem.com/, 610-317-0700

The Preferred Supportive Living Community in Bethlehem, PA since 1998. Atria Bethlehem provides a lifestyle of choice, with industry leading quality standards and care options that can be customized to your needs as they change. The freedom to live as you choose in the area you know and love. A lively community with endless opportunities to socialize, learn, experience and simply enjoy life.

Housing & Residential Options

PERSONAL CARE COMMUNITIES

Atrium of Allentown

Jennifer Braun, jennifer@atriumofallentown.com
5767 Cetronia Rd., Allentown, PA, 18106
www.atriumofallentown.com, 484-221-8736

Atrium of Allentown in Upper Macungie Township offers all-inclusive personal care and memory care. Our dedicated staff provides care, manages medications, coordinates dynamic programming, and takes the responsibility of meals, housekeeping, and laundry off your hands. Our residents enjoy spacious, bright studio-style suites with a kitchenette.

DevonHouse Senior Living

Maria Schena, mschena@devonhouseseniorliving.com
1930 Bevin Drive, Allentown, PA, 18103
www.devonhouseseniorliving.com/, 610-349-7003

DevonHouse, "The Heart of Hospitality" offers one floor living with a home-like environment, professional nursing on-site 24 hours, 7 days a wk, a variety of social, spiritual and educational activities with farm to table dining choices. No-leveling, customized care plans ensure the most fulfilling and enriched life. Locally owned and managed. Shared, private and couple accommodations.

Heather Glen Senior Living

Kim Garrison, kgarrison@hgseniorliving.com
415 Blue Barn Rd., Allentown, PA, 18104
www.hgseniorliving.com, 610-841-4478

We offer personal and memory care living options. Our compassionate, professional staff cares for your loved one while providing the support they need. Spacious studio and one bedroom suites are available. Our community features a huge atrium and common areas with ample natural lighting that encourages healthy living. We are deeply rooted in the Lehigh Valley. Great Care Blooms at Heather Glen.

Housing & Residential Options

PERSONAL CARE COMMUNITIES

Holy Family Senior Living

Lynn Murray, lmurray@holyfamilysl.org
1200 Spring Street, Bethlehem, PA, 18018
holyfamilysl.org, 610-865-5595

Holy Family Senior Living is a Catholic organization providing 5 Star services to the Bethlehem community for over 60 years. Holy Family cares for seniors through Skilled Nursing and Rehab services, Personal Care and Independent Living.

Legend Senior Living of Allentown

Janine Nickisher, janine.nickisher@legendseniorliving.com
6043 Lower Macungie Rd., Macungie, PA, 18062
www.legendseniorliving.com, 610-426-0223

Offering both Personal Care and Memory Care residences, Legend's of Allentown is dedicated to providing the highest levels of personal service and a warm, comfortable and actively social environment that will enrich your life. We celebrate your unique personality and lifestyle with services designed especially for your needs, so you'll thrive in an environment of friendship, family and robust support that values and respects your privacy, dignity and independence.

Lehigh Commons Senior Living

Christopher Kielar, christopher.kielar@genesishcc.com
1680 Spring Creek Rd., Macungie, PA, 18062
lehighcommons.com, 610-530-8089

Lehigh Commons, located in the beautiful suburbs of Macungie, is proud of its long-standing reputation in the Lehigh Valley area. For more than 25 years, we have been providing high-quality personal care and memory care services in a comfortable and safe environment. Senior Living is the preferred lifestyle for seniors who value their independence but would benefit from additional support to maintain it. Our community is designed with senior needs and preferences in mind and committed to providing customized care to offer peace of mind and ease of living.

Housing & Residential Options

PERSONAL CARE COMMUNITIES

Maple Shade Meadows Senior Living

Maria Mitchell, maria.mitchell@mapleshademeadows.com
50 E Locust St, Nesquehoning, PA, 18240
mapleshademeadows.com, 570-669-9910

Our one-floor Senior Living Community is located along a picturesque creek in a meadow in the quiet town of Nesquehoning. Since 1999, we've served the elderly of Carbon and surrounding counties. We provide a high-quality life while meeting your unique needs in a safe, spacious, beautiful home setting. We're affiliated with We Honor Vets, dedicated to providing a safe haven for our national heroes. Staff members with 100+ years of combined experience are on site 24/7 to keep you safe and comfortable. Respite stays welcome. Residents are active, make friends, and use our many amenities: Extensive Activities program; Bistro/Café events; Quiet and peaceful Courtyard/Gazebo; and Comfortable sitting areas and TV Lounges. On-site Physical Therapy, Occupational Therapy, and Speech Therapy are also available.

Phoebe Richland and Meadow Glen

Jane Harps, mhuston@phoebe.org
108 S. Main St., Richlandtown, PA, 18955
www.phoebe.org, 267-371-4620

As your needs change, Phoebe Richland is designed to change with you. We offer personal care for older adults who wish to live independently but need help with daily activities, such as bathing or dressing. In addition, skilled nursing, short term, and outpatient rehabilitation are available on campus, as well as dedicated memory support and dementia care.

Housing & Residential Options

PERSONAL CARE COMMUNITIES

Rittenhouse Village at Lehigh Valley

jswinsburg@rittenhousesl.com

1263 S. Cedar Crest Blvd., Allentown, PA, 18103

www.rittenhousevillages.com/rittenhouse-village-at-lehigh-valley/

610-433-9220

Rittenhouse Village At Lehigh Valley offers residents lifestyle options of both Personal Care and Memory Care apartment homes. Residents enjoy the luxuries of a host of included amenities such as three gourmet meals a day, a full calendar of daily activities and events, concierge services, weekly housekeeping and transportation. Personalized care services such as showering or bathing assistance, grooming and dressing, continence management, health monitoring and wellness management are available.

Sacred Heart Senior Living

Jennifer Reese, gcarlsmith@shfamily.org

602 E 21st St., Northampton, PA, 18067

www.sacredheartseniorliving.com/, 610-262-4300

Celebrating over 20 years of Caring. Offering Independent Living, Personal Care and Memory Care options. We provide a worry free setting with a supportive environment, the perfect blending of personal freedom and security. A dedicated professional staff and personal assistance is readily available to all our residents. Spacious Studios, Suites & Apartments. Emergency Call System.

Sacred Heart Senior Living by Saucon Creek

Carol Blazo, shfrontdesk@shfamily.org

4851 Saucon Creek Rd., Center Valley, PA, 18034

www.sacredheartseniorliving.net/, 610-814-2700

Independent Living, Personal Care and Memory Care. At Sacred Heart Senior Living's Secure Memory Care Neighborhood you will find quality compassionate care for those with Alzheimer and Dementia related conditions. Our residents enjoy a sense of community in a small supportive neighborhood setting, all in a beautiful, serene and secure environment.

Housing & Residential Options

PERSONAL CARE COMMUNITIES

The Birches of Lehigh Valley

Jillian Berry, jberry@thebirchesoflehighvalley.com
5030 Freemansburg Ave, Easton, PA, 18045
www.thebirchesoflehighvalley.com/, 610-438-6600

Find a beautiful building and a culture of care where the focus is on living at The Birches of Lehigh Valley! Our personal care and memory care neighborhoods provide as little or as much assistance as needed, while creating an environment where seniors can live their best lives! Our compassionate staff takes the time to get to know each resident, working diligently to meet their needs and wants—it's what sets us apart from other communities. Our amenities and services help preserve independence and provide peace of mind.

The Vero at Bethlehem

Nic Brown, nic.brown@legendseniorliving.com
4700 Bath Pike, Bethlehem, PA, 18017
www.theveroatbethlehem.com, 610-936-9848

The Vero at Bethlehem offers Personal Care and Memory Care services. Every resident enjoys luxury amenities and services tailored to their personal preferences and abilities for adults who want an independent lifestyle with just a little extra support – a perfect balance of independence and assistance. Our Memory Care Neighborhood provides a homelike setting, familiar routines, and plenty of ways to stay as independent as possible.

RESIDENTIAL APARTMENT COMPLEX

Devonshire Park Apartments

Manager@devonshireparkapts.com
1641 33rd Street, SW, Allentown, PA, 18103
www.devonshireparkapts.com/, 610-797-1333

Devonshire Park Apartments is an independent community located on 31 acres in Southwest Allentown; close to major highways, medical facilities, and shopping. They offer many activities for residents to enjoy such as bingo, yoga, cards, gardening, outings, and special entertainment. There is a beautiful newly-updated outdoor pool and a gazebo with the feel of a resort getaway, an indoor heated pool and a fitness center. Devonshire is pet friendly, limited to one pet with breed and weight restrictions.

Government/Community Services

AARP PA

Kellie VonStein, kvonstein@aarp.org
30 N. 3rd St., Suite 920, Harrisburg, PA, 17101
www.aarp.org/lehighvalley, 717-231-5325

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. With 1.8 million members in the Lehigh Valley and throughout Pennsylvania, AARP strengthens communities and advocates for what matters most to families: health security, financial stability and personal fulfillment. To learn more, visit www.aarp.org/pa or follow us on Facebook at AARPPA and on Twitter @AARPPA.

Age Friendly Lehigh Valley - United Way GLV

Carmen Bell, carmenb@unitedwayglv.org
1110 American Parkway NE, Suite F-120, Allentown, PA, 18109
unitedwayglv.org/age-friendly-lehigh-valley, 610-807-5717

Age-Friendly Lehigh Valley (AFLV) is a coalition under the Healthy Aging department of United Way of the Greater Lehigh Valley. AFLV envisions a community where everyone has the opportunity to age successfully. Ensuring that older adults in the Lehigh Valley can thrive mentally, emotionally, and physically is a top priority. Age Friendly Lehigh Valley supports initiatives within the 8 domains of livability and challenges stigmas surrounding older adults, with an emphasis on dementia.

Alzheimer's Association

Larry Kolasensky, lbkolasensky@alz.org
399 Market St., Suite 102, Philadelphia, PA, 19106
www.alz.org/delval, 215-399-9219

The Delaware Valley Chapter supports its 18-county service territory in Southeastern Pennsylvania, Southern New Jersey and Delaware through programs and services, including 24/7 Helpline (800.272.3900), support groups, education, advocacy, care consultation, diversity outreach and online tools such as TrialMatch, AlzNavigator and AlzConnected.

Government/Community Services

Berks Encore

LuAnn Oatman, LOatman@BerksEncore.org
40 N. 9th St., Reading, PA, 19601
www.berksencore.org, 610-374-3195 x222

Berks Encore is a nonprofit leader of senior services in Berks County. The services provided offer support for our community's older adults without compromising their independence. Through advocacy, education, and referrals, we develop aging-confident individuals to enhance their ability to live well later in life.

Catholic Charities

Katie Reif, kreif@allentowndiocese.org
402 West Chew Street, Allentown, PA, 18103
www.allentowndiocese.org/, 610-435-1541

Catholic Charities is a non-profit organization which provides comprehensive social services to older adults and houses the Gatekeeper Program - a community education program whose goal is to identify at-risk seniors and connect them to appropriate services. Catholic Charities also provides specialized case management, individual and family counseling, immigration, veterans and community support services.

Dementia Friendly Lehigh Valley

Wendy Scott, infodflv@gmail.com
301 Broadway, Ste 115, Bethlehem, PA, 18015
www.dementialv.org, 610-451-4798

Dementia Friendly Lehigh Valley (DFLV) is a volunteer led initiative dedicated to making the Lehigh Valley a more welcoming and supportive community for people living with dementia. We are committed to fostering a community in which people living with dementia and their care partners are understood, accepted, and included in all aspects of the community life. Our efforts are aligned with and informed by the global dementia friendly community movement and our success is illustrated in the recognition of the Lehigh Valley as a dementia friendly community by Dementia Friendly America.

Government/Community Services

Habitat Lehigh Valley ReStore

donatestuff@habitatlv.org
1053 Grape St., Whitehall, PA, 18052
www.habitatlvrestore.org/, 610-776-7499

ReStore accepts donations of new or gently used building materials, furniture, appliances & household goods and resells them to the public. ReStore provides an environmentally and socially responsible way to keep good, reusable materials out of landfills. Habitat for Humanity has served the Lehigh Valley Community for 25 years and has built over 100 homes and improved the lives of countless families.

Homeless to Independence

Ann Martin-Frey, ann@homelesstoindpendence.org
201 Station Rd., Quakertown, PA
www.homelesstoindpendence.org, 908-454-1500

Homeless To Independence Inc. loves our seniors - there are many ways we have assisted seniors and still do on a regular. All donated diabetic socks, diabetic supplies and things of that nature go in the direction of our seniors. We keep on hand donated walkers, canes, pottys and the like and when one is needed it is passed on freely. We also have several assisted living facilities that have a literal broom closet that they let us keep stocked with hygiene products and adult diapers, for those times when someone runs out during the week and the family might not be there till the weekend - something to help them through... We are always open to new avenues to help further the seniors care.

Jewish Community Center

Beth Kushnick, bkushnick@lvjcc.org
702 North 22nd St., Allentown, PA, 18104
<http://lvjcc.org>, 610-435-3571

The JCC of the Lehigh Valley is a non-profit community center, whose mission is to build community through educational and recreational programs inspired by Jewish values. We offer a wide array of programs for children and adults of all ages, and we are open to all members of our local community regardless of background. Our goal is to create vibrancy, richness and meaning in the lives of our members and the greater Lehigh Valley community.

Government/Community Services

Lehigh County Aging and Adult Services

agingandadult@lehighcounty.org
17 South 7th St., Allentown, PA, 18101
www.lehighcounty.org/, 610-782-3034

Our agency provides information & assistance, assessment, care management, personal care, adult day care, Ombudsman, caregiver support program, PA MEDI, protective services, senior centers, PA LINK, & housing assistance.

Lehigh County Office of Veterans Affairs

Thomas Applebach, veteransaffairs@lehighcounty.org
17 S. 7th. St., Allentown, PA, 18101
www.lehighcounty.org, 610-782-3295

Directly assists veterans, their families and survivors to obtain the federal, state and county benefits for which they are eligible. We counsel and assist in preparing and submitting claims and applications for benefits and act as their representative to the U.S. Department of Veteran Affairs, the Commonwealth of Pennsylvania and Lehigh County.

Martin Mosley Foundation

Lamont Bennett, info@martinmosleyfoundation.org
martinmoselyfoundation.org, 610-835-3530

Northampton County Area Agency on Aging

2801 Emrick Blvd., Easton, PA, 18020
www.northamptoncounty.org/, 610-829-4540

Plans and coordinates the provision of services to older adults (age 60 and over) in Northampton County. Programs and services designed to enhance the independence and dignity of older adults and to provide protection as necessary.

Government/Community Services

Second Harvest Food Bank of the Lehigh Valley and Northeast Pennsylvania

Omar Perez, shfbseniors@caclv.org
6969 Silver Crest Road, Nazareth, PA, 18064
<https://shfblv.org>, 484-287-4015

We distribute food and provide resources for education and advocacy to end hunger for people in need throughout Carbon, Lehigh, Monroe, Northampton, Pike, and Wayne counties in partnership with over 200 agencies. The PA Senior Food Box Program is a federally-funded program designed to improve the health of low-income seniors by supplementing their diets with nutritious food.

SHARE Housing Resource and Exchange Program

Alberto Martinez, alberto@lvactivelife.org
1633 W. Elm Street, Allentown, PA, 18102
<http://None listed>, 610-437-3700

SHARE, brought to you by the Area Agency on Aging in Northampton, is an affordable housing choice that brings together homeowners who want to share their home with home seekers who are looking for housing in exchange for rent, help around the house, or combination of both. Every arrangement is unique depending on needs, preferences, and the abilities of the participants involved.

ShareCare Faith in Action

Lynn Heiney, sharecare8@aol.com
321 Wyandotte St., Bethlehem, PA, 18015
www.sharecarefaithinaction.org, 610-867-2177

ShareCare Faith in Action provides free volunteer services to elderly or disabled persons in order to enhance quality of life. Volunteers provide transportation, grocery shopping, visitation along with chores and yardwork. Our newest program is Caregiver Canines, certified therapy dogs visit home-bound people.

Twilight Wish Foundation

Cierra Palmer, donna@twilightwish.org
2370 York Rd., Ste. D2, Jamison, PA, 18929
www.twilightwish.org, 215-230-8777

Twilight Wish Foundation is a non-profit that grants wishes to low-income seniors over the age of 65. Most of the wishes we grant are for basic need items they cannot afford ie: lift chairs, furniture, hearing aids, ramps, etc.

Government/Community Services

Sights for Hope, Client and Patient Services

ask@sightsforhope.org
845 West Wyoming St., Allentown, PA, 18103
sightsforhope.org, 610-433-6018

Sights for Hope empowers people to succeed no matter how they see the world. We provide adaptive skills training for people with limited or no vision, boost their confidence, expand their access to essential services, and help them obtain assistive devices for independence. We also act to prevent vision loss by promoting healthy vision habits and connecting pre-kindergarten children with professional eye care. We serve the entire Lehigh Valley region.

The Salvation Army

Major Karen Peabody, Karen.peabody@use.salvationarmy.org
521 Pembroke Road, Bethlehem, PA, 18018
bethlehempa.salvationarmy.org, 610-867-4681

We promote positive aging through physical, emotional, social and inspirational well being while providing interesting educational and entertaining programs, including Bridge Players, Tai Chi, Drop in Socials, Speakers and low-cost lunch Thursday (\$2.00).

Whitehall Active Community Center Inc.

Lana Snyder, whitehallactivecommunitycenter@gmail.com
2301 Pine St., Whitehall, PA, 18052
whitehallactivecommunitycenter@gmail.com, 610-443-0675

We are Whitehall Active Community Center which includes all ages. Under this name we have an active Senior Center with many members enjoying lunch together as well as exercise classes, craft class, iPhone/computer class and movie afternoon. Lunch is served daily at 11:30am. Please phone 2 days in advance to reserve your meal. We offer hot meals and a lite fare of salad or sandwich. Every Thursday following lunch we play cash bingo. We also have a cash bingo on the 4th Sunday of the month. All are welcome. We realize that isolation can be a major issue for some senior citizens. Our Center offers a safe, clean, structured environment for our senior citizens to meet new friends and spend time with people their age.

INDEX

365 Health Services.....	7
AARP PA	47
Abington Manor at Morgan Hill Memory Care Village.....	40
Abington Manor At Morgan Hill Senior Living	41
Abode Care of Allentown	41
AccentCare	7
Advanced Home Health and Hospice of Lehigh Valley	5
Age Friendly Lehigh Valley - United Way GLV	47
Allegiance Nursing Direct, LLC	8
Always Best Care Senior Services.....	10
Alzheimer's Association.....	47
Amada Senior Care.....	10
Amedisys Hospice of Lehigh Valley	5
Amy Wastler Team at Re/Max Real Estate	32
Ashby Law Offices	21
Atria Bethlehem.....	41
Atrium of Allentown	42
Bayada Home Health	8
Bayada Hospice	5
Berks Encore	48
Bernhard Vehicle Mobility	28
Bethlehem North Skilled Nursing and Rehabilitation Center	18
Bethlehem South Skilled Nursing & Rehabilitation Center	18
Better Homes and Gardens Real Estate/Cassidon Realty	32
BHHS Fox & Roach	32
BrightStar Care of Stroudsburg and Allentown.....	11
C. Smith Consulting	22
Care Connect	34
CarePatrol of the Lehigh Valley and Upper Bucks	35
Caring Transitions of Lehigh Valley	30
Catholic Charities	48
Cedar Crest Post Acute.....	18
Change in Motion	25
Chestnut Ridge at Rodale.....	37
Coldwell Banker Heritage.....	33
Compassus.....	5
Complete Care at Lehigh.....	18
Connell Funeral Home.....	24
Cornerstone Caregiving.....	11
Country Meadows of Bethlehem.....	37
Dementia Friendly Lehigh Valley	48
Designing Wealth Management of Raymond James	28
DevonHouse Senior Living.....	42
Devonshire Park Apartments.....	46
Easton Skilled Nursing and Rehabilitation	19
EverTrue Luther Crest	19, 37
EverTrue Lutheran Home at Topton	38

Family Caregivers Network, Inc.	12
Fellowship Community.....	38
Fellowship Community – Rehabilitation.....	19
FirstLight Home Care.....	12
FOX Rehabilitation.....	20
Grab Bar Pros.....	25
Griswold Home Care.....	13
Habitat Lehigh Valley ReStore.....	49
Hakim Health Partners.....	23
Halftime Wealth Management.....	28
Hawaii Fluid Art Lehigh Valley.....	35
Heather Glen Senior Living.....	42
Holisticare Hospice.....	6
Holy Family Senior Living.....	43
Home Helpers Home Care of Northern Lehigh Valley.....	13
Home Helpers Lehigh Valley.....	12
Home Instead Lehigh and Berks County.....	14
Home Stream, LLC.....	31
Homeless to Independence.....	49
HomeSmiles Quakertown.....	26
Homewatch CareGivers of Lehigh Valley.....	15
Howard Hanna - Frederick Group.....	33
ITNLehighValley (Independent Transportation Network Lehigh Valley).....	36
JEVS Care at Home.....	14
Jewish Community Center.....	49
K.V. Knopp Funeral Home.....	24
Keller Williams Real Estate.....	33
Legend Senior Living of Allentown.....	43
Lehigh Commons Senior Living.....	43
Lehigh County Aging and Adult Services.....	50
Lehigh County Office of Veterans Affairs.....	50
Lifesong Hospice and Palliative Care.....	6
LifeSpring In Home Care of Eastern PA.....	8
Lifestyles over 50.....	31
LVHN-Fleming Memory Center.....	25
Magellan Healthcare.....	22
Maple Shade Meadows Senior Living.....	44
Martin Mosley Foundation.....	50
Maxim Healthcare Services.....	9
Meals On Wheels of the Greater Lehigh Valley.....	16
Millbrook HomeCare.....	13
Mobility Unlimited Inc.....	27
Moravian Hall Square.....	38
Moravian Village of Bethlehem.....	39
Mosebach, Funt, Dayton & Duckworth, P.C.....	21
Mutual of Omaha Reverse Mortgage.....	29
New Eastwood Healthcare and Rehabilitation Center.....	19
Northampton County Area Agency on Aging.....	50
Northampton Post Acute.....	20

Pathstones by Phoebe	4
Phoebe Allentown	39
Phoebe Richland and Meadow Glen	44
Power Stair Lifts	26
Primerica Financial Services	29
Purple Car LLC	36
Revive Home Solutions LLC	34
Right At Home-Lehigh County & E Berks County	11
Rittenhouse Village at Lehigh Valley	45
Rittersville Pharmacy	17
Riverton Enhanced Senior Living	39
Riverton Rehabilitation and Healthcare Center	20
Roadway to Independence	23
Ruggiero Law Offices LLC	21
S.M. Klase Custom Homes	26
Sacred Heart Senior Living	45
Sacred Heart Senior Living by Saucon Creek	45
SarahCare of the Lehigh Valley	4
Second Harvest Food Bank of the Lehigh Valley and Northeast Pennsylvania	51
Senior Care Authority of Bucks and Lehigh County	35
Seniors Helping Seniors	15
Serenity Hospice of the Lehigh Valley	6
SHARE Housing Resource and Exchange Program	51
ShareCare Faith in Action	51
Sights for Hope	52
Silent Partner Insurance Solutions	27
Silver Crest Insurance, Inc.	27
Sina Health	17
South Mountain Memory Care	40
Specialty Moves by Design	30
The Birches of Lehigh Valley	46
The Care Team	7
The Salvation Army	52
The Vero at Bethlehem	46
Therapeutic Arts Group	10
Traditions of Hanover	40
Transitions Wealth Management	29
Twilight Wish Foundation	51
Unity Bank	29
Valley Med Home Health Care	9
Valley Wide Movers, LLC	31
Visiting Angels Bethlehem/East Stroudsburg	16
Visiting Angels of Lehigh Valley	15
Weichert Realtors	34
Whitehall Active Community Center Inc.	52
Your Tasks - Our Time	30



LVAIP
FORUM ON AGING

Together, we make aging in place possible.

**You've Got Aging Related Questions.
We've Got Answers!**

Join us, at this **NEW** free event where together, we will navigate some of the transitions of aging. Gain the knowledge, tools, and encouragement needed to make confident, informed choices to help you or your loved ones age in place safely.

JOIN US! MARCH 21, 2026, 8:30AM - 1PM

First Presbyterian Church, 2344 Center Street, Bethlehem, PA 18017
(A Lehigh County Event will be held in September 2026.)



LEHIGH VALLEY AGING IN PLACE

PO Box 3103, Allentown, PA 18106
info@lehighvalleyaginginplace.org / lehighvalleyaginginplace.org
1-877-334-8942

*We understand and respect the unique needs
of independent seniors and their lifestyles.*